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The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 54 No. 26 Thursday, March 17, 2022 $1.50

NORTH QUINCY sophomore guard Molly Toland scores two points for the Raiders against Norwood but the season ended for 8th-seeded NQ as the top-seeded Mustangs won a quarterfinal match-up in the Div. 2 tournament 57-39 before a packed gym at Norwood High Saturday. Defending here for Norwood is senior forward Megan Olbrys, considered the top player in the state who will play basketball at Villanova University next fall. The North Quincy girls' basketball team had a momentous and unforgettable regular season going undefeated 22-0 and winning the Patriot League championship. The Raiders tacked on two more wins in the Div. 2 tournament and ended the season with a 24-1 record - the most wins in program history. NQ's squad has eight sophomores, four juniors and one freshman and graduates just one senior this spring. More coverage begins on Page 19.

Quincy Sun Photo/Robert Bosworth

Liang Wants Gender-Neutral Language In City Code

By SCOTT JACKSON

Councillor Nina Liang is seeking to amend the city of Quincy's municipal code to incorporate gender-neutral language.

Liang on March 7 introduced an ordinance that would amend the municipal code to include gender-neutral language. She also introduced an ordinance that evening to amend the rules of the City Council to incorporate gender-neutral language.

Both items were referred to the council's ordinance committee for consideration at a later date.

Liang said Quincy's cur-

Cont'd On Page 11

Council OKs $2.3M For Two Fire Trucks

By SCOTT JACKSON

City councillors recently approved the purchase of two new fire trucks – a ladder and an engine – for a combined $2.3 million.

Councillors approved Mayor Thomas Koch's request to borrow the $2.3 million for the new vehicles in an 8-0 vote on March 7. Ward 1 Councillor David McCarthy was not in attendance for the meeting.

The funds will be used to purchase replacements for Ladder 1, which is based at Fire Department headquarters on Quincy Avenue, and Engine 3, which is located on Washington Street in Quincy Point.

"Both of them are at the

Cont'd On Page 11

State Of The City Plans Forthcoming

By SCOTT JACKSON

Plans for Mayor Thomas Koch's annual State of the City address could be announced in the coming days.

Chris Walker, Koch's chief of staff, on Monday said that no date had been set for the speech, but that he "should have it by the end of the week."

In a previous interview, Koch had said he wanted to give the speech in late January but put those plans on hold amid a surge in COVID-19 cases associated with the omicron variant of the virus.

"I don't want to speak to an empty room, I really don't, and there's no urgency to it," Koch said at the time.

The mayor added that there was no urgent need to give his remarks, as he is not planning to make any major announcements.

"I'm pretty transparent on news. It's not like I have this major announcement anyway," he said. "We're going to be doing the State of the City, so we'll give an update on everything."

Koch said he hoped to

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Investigation Into Fatal Pedestrian Crash - *Page 24*

More Quincy news:
The Quincy Sun.com

LBC Unveils Next Quincy Center Development

Six-Story, 215 Unit Apartment Building With 12,000 SF Retail Space 1562-1570 Hancock St.

LBC BOSTON has proposed building a six-story, 215-unit apartment building on Hancock Street in Quincy Center. Shown above is a view of the building looking down General Dunford Drive, including the residential lobby and portion of the ground-floor retail space. Show below is a view of the building from across Revere Road showing where the entrance to its garage would be located. *Renderings Courtesy LBC Boston*

By SCOTT JACKSON

LBC Boston has unveiled its plans to construct a six-story, 215-unit apartment building with more than 12,000 square feet of ground-floor retail space along Hancock Street in Quincy Center, the next step in the redevelopment effort in the downtown district.

The company presented its plans for the site at 1562 and 1570 Hancock St. to the Planning Board on March 9. The board did not vote on the proposal that evening and will take up the matter again on May 11.

This would be LBC Boston's second development in Quincy Center after Nova Quincy, a 171-unit apartment building at 1500 Hancock St. that opened in 2019. That building is at 100 percent occupancy, according to Margarita Kvacheva, LBC Boston's chief executive officer. The company has also moved its headquarters to Quincy, Kvacheva said.

"This year we even moved our offices into the city of Quincy because we see the amazing work that the city has been doing to the infrastructure and making the city very much desirable for living and working here," she said.

David Mahoney, the attorney representing the applicant, said LBC began buying properties in Quincy Center in 2014 and is committed to the city.

"I think this project will be a great addition to all the things the mayor and this planning board has approved for downtown," he said.

The proposed building would be located on a 15,246-square-foot parcel of land within the Quincy Center zoning district. The parcel is home to several businesses and also includes a portion of the former city-owned Hancock Lot along Revere Road, known in city planning documents as R3. A 2020 land disposition agreement allowed LBC Boston to purchase R3 and an additional portion of the Hancock Lot near the Dennis Ryan Parkway and Revere Road, also known as R2, for a combined $4.8 million.

The proposed six-story building would include a total of 215 apartments – 74 studios units, 135 one-bedroom units of different sizes, and 16 two-bedroom units, according to architect David Snell; some of the apartments will also have balconies. The building will include amenities for tenants, including a dog park.

The portion of the building along Hancock Street would feature 12,330 square feet of retail space on the ground level.

A garage located on the first floor of the building would house 65 parking spaces. Spaces within the nearby-city owned garage – already leased to LBC for the Nova Quincy project – could be used for the new building to help meet the zoning requirement for parking in the downtown district, where one space is required per every two residential units, Snell said.

Elizabeth Peart, a traffic engineer who spoke on behalf of the applicant, said 49 spaces in the city-owned garage would be set aside for the new building's tenants, for a total of 114 spaces. Spaces would be leased separately from the apartments at the new building, as they are for Nova Quincy.

The main entrance to the parking garage in the building would be located on General Dunford Drive opposite from the city-owned garage. The residential lobby for the building would be located along General Dunford Drive near its intersection with Hancock Street. A pick-up and drop-off area, which could be used for ride-share services or smaller delivery vehicles, would be located near that residential entrance. The loading zone for larger deliveries would be located further along General Dunford Drive, closer to the city-owned garage.

Kvacheva said the proposed new building is an evolution in design from the nearby Nova Quincy building. The portion of the building located at the corner of Hancock Street and Revere Road features a "signature corner element with a lot of glass" that is meant to "celebrate the intersection and mark this gateway," Snell said. The façade along Hancock Street features a series of materials including brick, glass, and metal panels.

"We want to break up this mass a little bit, give it some human-scale elements, and really enhance the character of Hancock Street with this new addition," Snell said.

Peart said the new building would have a "minimal" impact on the level of service at five area intersections that were included the proponent's traffic study.

"We've concluded that there will be no level of service change at those intersections, hence the conclusion that the traffic impacts will be minimal," she said.

The proposed building is located two-fifths of a mile from the Quincy Center MBTA station, and LBC is "committed to taking advantage of that close proximity to transit," Peart said. For instance, the company will give new tenants a one-month MBTA pass when they move in.

The company will also designate a transportation coordinator, Peart added, who would oversee deliveries and move-in/move-out activities.

During the meeting, board member John Kelly asked if the developer

Cont'd On Page 17

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ANSEO LE CHEILE - HERE TOGETHER

HNCC Blood Drive March 30

Houghs Neck Community Council will be holding a winter Blood Drive to help with the extreme shortage of blood.

The blood drive will be held Wednesday, March 30th from 2 - 7 p.m. at St. Thomas Aquinas Hall, Darrow Street, Quincy. Visit the Red Cross website or call 1-800-redcross to make an appointment. No walk-ins will be allowed.

For more information contact Eileen Timcoe 617-479-4107 or etimcoe@yahoo.com.

Restoration Project At Butler's Pond Nears Completion

The restoration project at Butler's Pond is nearing completion, Mayor Thomas Koch announces.

The city launched a program to enhance this local wetland, home to a variety of native wildlife and a vital component of neighborhood drainage. The pond is located behind the former Central Middle School (now condominiums at 1022 Hancock St.) near Butler Road and Marginal Road.

The pond had been deteriorating over the years as sediment and contaminants built up in the pond. The changing chemistry in the pond choked out healthy plants and reduced its habitat value. Algae blooms and phragmite also helped choke off the pond's vitality.

In April 2021, the Quincy City Council unanimously approved Mayor Koch's request for $1.4 million in funding for the dredging of 3,900 cubic yards of sediment from Butler's Pond and the construction of a gravel stormwater treatment wetland at the north end of the pond.

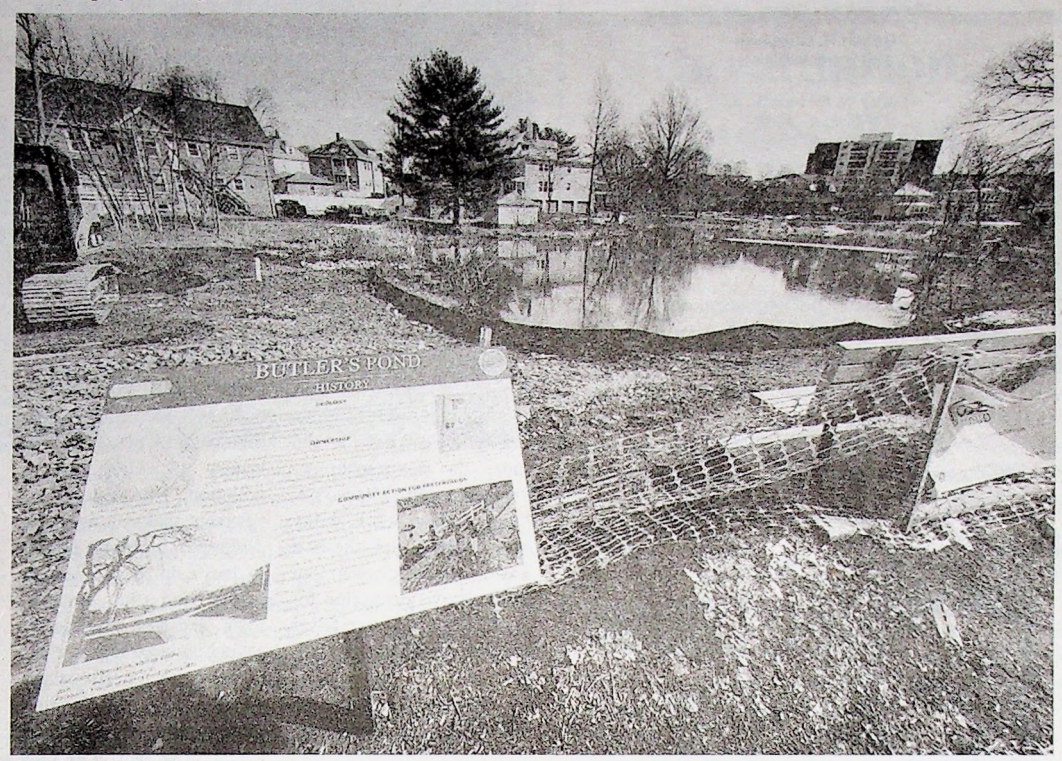
The city's contractor, Luciano's Excavation Inc. of Taunton, broke ground on the project in September 2021. The dredging portion of the project is now complete, and the pond's natural depth has been restored, which will strengthen its function as a stormwater retention basin, as well as improve water and habitat quality via the removal of decades worth of accumulated sediment.

The construction of the gravel stormwater treatment wetland is ongoing. The purpose of the constructed wetland is to filter out sediments and pollutants flowing to the pond via stormwater runoff, which will help preserve the benefits of the dredging for decades to come. The wetland and pond perimeter will then be re-vegetated with native plants to prevent bank erosion and restore the balance of the pond's ecosystem.

"I am extremely grateful for the strong neighborhood leadership and support from the Friends of Butlers Pond through the years," said Mayor Koch. "It is through citizen commitment and involvement that we can all contribute to a better community. They helped keep this project on the radar and the completion of this project would not have been likely without their advocacy."

"The Butler's Pond project is a wonderful example of what strong teamwork can accomplish. Between working with the Friends of Butler's Pond to gain community support, earning the unanimous support of Quincy's City Council, teaming up with the New England Herpetological Society and the New England Wildlife Center to protect the pond's turtles, and coordinating with the Luciano's team and our project engineer at ESS Group, I am proud to call this project a huge success," said Julie Sullivan, the City's Environmental Scientist and Butler's Pond project manager.

To find out more about the Butler's Pond restoration project, contact Quincy's Environmental Scientist Julie Sullivan at (617) 376-1287 or via email at juliannesullivan@quincyma.gov.



RESTORATION PROJECT at Butler's Pond is nearing completion. The $1.4 million project includes dredging 3,900 cubic yards of sediment from the pond and constructing a gravel stormwater treatment wetland at the north end of the pond.

Quincy Sun Photo/Robert Bosworth

Aging Strong: Home Modification (Online) Topic March 22

The public is invited to join Debbie Lyn Toomey, RN, coordinator of the Tufts Medical Center's Injury Prevention Program, on Tuesday, March 22 from 10 to 11 a.m. for a virtual session for the aging adult and their caregivers.

In this session, guest Amy Finke will discuss common modifications, simple and complex, that can be done to increase safety, comfort and convenience in your home. This program will help to answer, "What are some common modifications", "are they cost effective," "when are they needed," and "what funding sources are available?"

Everyone is welcome and encouraged to attend any or all of the sessions in this multi-part program that teaches and empowers aging adults and their caretakers with skills and ideas that decrease falls and increase independence. This evidence-informed program will discuss practical and proven exercises that promote health and well-being.

Join online (meeting ID 874 7134 0892). Using the free Zoom app is recommended. You can call (646) 558-8656 and use the same meeting ID to listen to the audio. You can also view the program live on the Crane Public Library's YouTube channel.

Visit the library's Events Calendar for more details.

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Moments in time

THE HISTORY CHANNEL

• On **April 3, 1776**, the Continental Congress, lacking sufficient funds to build a strong navy, gives privateers permission to attack all British ships. Any goods captured by the privateer were divided between the ship's owner and the government.

• On **March 28, 1814**, the funeral of Guillotin, the inventor and namesake of the infamous execution device, takes place outside of Paris. Guillotin had built the guillotine to show the intellectual and social progress of the Revolution; by killing aristocrats and journeymen in the same way, equality in death was ensured.

• On **March 30, 1820**, Anna Sewell, author of "Black Beauty," is born. "Black Beauty," the first significant children's story in the English language to focus on animal characters, established the precedent for countless other works. The story, narrated by the horse, showed Black Beauty's progression through a series of increasingly cruel owners.

• On **April 2, 1863**, responding to acute food shortages, hundreds of angry women riot in Richmond, Virginia, demanding that the government release emergency supplies, breaking windows and looting stores. Confederate President Jefferson Davis threw his pocket change at them from the top of a wagon.

• On **March 29, 1927**, Major Henry O'Neil de Hane Segrave becomes the first man to break the 200 mph barrier. Driving a 1,000 horsepower Mystery Sunbeam, Segrave averaged 203.79 mph on the course at Daytona Beach, Florida.

• On **March 31, 1959**, the Dalai Lama, fleeing the Chinese suppression of a national uprising in Tibet, crosses into India, where he is granted political asylum. With the beginning of the Cultural Revolution in China, suppression of Tibetan Buddhism escalated, and practice of the religion was banned and thousands of monasteries were destroyed.

• On **April 1, 1963**, the ABC television network airs the premiere episode of the daytime drama "General Hospital." The enduring soap opera would become the longest-running serial program produced in Hollywood.

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EPA: Lower Neponset River A Superfund Site

Move To Provide A Mechanism For Cleanup

The U.S. Environmental Protection Agency has added the 3.7 mile stretch of the Lower Neponset River to the Superfund National Priorities List (NPL). This action will result in a transformation of the river, improving its ecological health and bringing big benefits to the communities that share the Neponset.

After detailed review of the proposal, the Agency has determined that the Lower Neponset River site requires further detailed investigation and cleanup. Listing it as an NPL site under the Comprehensive Environmental Response, Compensation and Liability Act (CERCLA), is the best way to ensure cleanup and public health protection for the Lower Neponset River and surrounding communities.

The Lower Neponset River site was referred to EPA by the Commonwealth of Massachusetts in 2015. For more than a decade, the surrounding communities have expressed concern about the potential contamination. In referring the site to EPA, Massachusetts agreed that listing the site on the NPL is the best option for investigation and cleanup. EPA's primary goal for the site is to protect the people who have been directly impacted by the industrial contamination in the river including those urban neighborhoods of Dorchester, Milton, Hyde Park, and Mattapan.

"Listing the Lower Neponset River Site on the Superfund NPL is a big step for the Boston and Milton neighborhoods. We now have a mechanism to clean up the river and protect the health of the communities around it, as well as increasing the overall use and enjoyment of this important resource" said EPA Regional Administrator David W. Cash. "We have to thank our local partners in the communities and the Commonwealth of Massachusetts for their support and hard work to get the site listed, and we look forward to continued partnership as we embark on the next phase of the project. This is a win for families who value recreating on the river, a win for great blue herons, a win for fish, and a win for Massachusetts."

Cleaning up contaminated sites to protect public health and revitalize communities is part of the Biden-Harris Administration's commitment to Building a Better America. The Bipartisan Infrastructure Law passed last year invests $3.5 billion in the Superfund Remedial Program and reinstates the Superfund chemical excise taxes, making it one of the largest investments in American history to address legacy pollution. This historic investment makes a dramatic difference in EPA's ability to tackle threats to human health and the environment, and EPA has already set action in motion to clear a backlog of 49 sites which had been awaiting funding to start remedial action and accelerate progress at sites across the country.

The NPL includes the nation's most serious uncontrolled or abandoned releases of contamination. The list serves as the basis for prioritizing EPA Superfund cleanup funding and enforcement actions. EPA determined that the Lower Neponset River site qualified for the NPL because this portion of the river contains sediment contaminated with elevated levels of polychlorinated biphenyls (PCBs) that may pose a risk to human health and or the environment. The Lower Neponset River site is now eligible for federal Superfund resources and will be the subject of detailed environmental investigation and cleanup as warranted.

The Lower Neponset River site is identified as the 3.7-mile stretch of the Neponset River from the point where it merges with Mother Brook in Hyde Park, extending downstream to the Walter Baker Dam in Dorchester and Milton, Mass. The Lower Neponset River channel ranges from approximately 40 to 300 feet wide and comprises an estimated 40 acres within or bordering the City of Boston (Hyde Park, Mattapan, and Dorchester sections) and the Town of Milton.

The site is bordered by residential, commercial, industrial, and public parcels of land, including the Neponset River Greenway. Historically, numerous mills were established along this portion of the Neponset River in the neighborhoods of Dorchester, Milton, Hyde Park, and Mattapan, initially utilizing dams to generate power to turn mill grinding wheels and later to operate large industrial mills. These mills and other industrial facilities in the area may have contributed to the river contamination.

Further, thanks to Superfund cleanups, communities are now using previously blighted properties for a wide range of purposes, including retail businesses, office space, public parks, residences, warehouses, and solar power generation. As of 2020, EPA has collected economic data on 632 Superfund sites, finding 9,900 businesses in operation, 227,000 people employed, $16.3 billion in employee-earned income, and $63.3 billion in business-generated sales. The full list of updates to the Superfund National Priorities List will be released later this week.

"I am very grateful to the EPA's Boston Regional Office for adding the Lower Neponset River to the Superfund National Priorities List," said U.S. Rep. Stephen Lynch. "The Neponset River is a beautiful waterway which courses through my District from Quincy, Milton and Boston to Dedham, Norwood and Walpole. All of those communities will be aided by this decision. Our waterways are meant to be enjoyed by residents and wildlife, not pose a threat to public health and the environment due to legacy pollutants.

"I look forward to seeing the results of the EPA cleanup and I thank my federal colleagues Senator Warren, Senator Markey and Congresswoman Pressley for their support to ensure the Superfund Remedial Program received $3.5 billion of funding in the Bipartisan Infrastructure Law."

"For years, public officials and the citizens of the communities along the Lower Neponset River have advocated for cleanup, and the ecological, recreational and economic improvement it will bring," said Commissioner Martin Suuberg of the Massachusetts Department of Environmental Protection (MassDEP). "The addition of the Lower Neponset to the National Priorities List is an important commitment of federal resources to make it happen. MassDEP is committed to continuing its work with EPA and these communities to ensure the cleanup is conducted expeditiously and in a collaborative manner."

"We are extremely excited to see EPA investing its resources and expertise in the cleanup and restoration of the Lower Neponset River," said Executive Director of the Neponset River Watershed Association Ian Cooke. "The Neponset River Watershed Association, local neighborhood groups, Milton and Boston and the state have been working toward restoring the health of this stretch of the river and turning it into a nationally recognized recreational resource for many years. We look forward to working with EPA to advance this work and make the Neponset into the River our communities need and deserve."

EPA proposes sites to the NPL based on a scientific evaluation of factors associated with potential risks to people and the environment that warrant further investigation, consistent with the Comprehensive Environmental Response, Compensation, and Liability Act, commonly referred to as Superfund, and the National Oil and Hazardous Substances Pollution Contingency Plan.

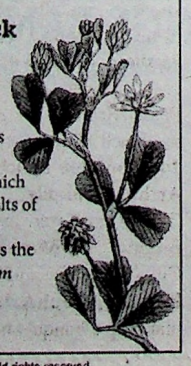
Superfund cleanups provide health and economic benefits to communities. The program is credited for significant reductions in both birth defects and blood-lead levels among children living near sites, and research has shown that residential property values by increase up to 24 percent within three miles of sites after cleanup.

The Garden Bug

The true shamrock of Ireland

Two separate surveys were done in Ireland, one in 1893 and one in 1988. Both asked for examples of what people throughout the country considered to be the "true" shamrock, which were then identified botanically. The results of both surveys were very similar: *Trifolium dubium* (lesser clover, shown at right) was the top selection, followed closely by *Trifolium repens* (white clover). - *Brenda Weaver*

Source: wikipedia.org, www.claddaghdesign.com



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Wollaston Garden Club New High School Scholarship

For many years the Wollaston Garden Club has offered a scholarship to a Quincy High School and a North Quincy High School graduating senior who is planning to study Environmental Science or a related field.

This year the club is pleased to announce the offering of an additional scholarship to a Quincy student who is graduating from Norfolk County Agricultural High School. Scholarship applicants may be attending a 2 or a 4-year college, studying Environmental Science, Landscape Design, or a related field that promotes and encourages a study of horticulture, or the development of floral and landscape design skills.

All interested students should contact their school's guidance office for information regarding required qualifications, applications, and deadlines.

The Wollaston Garden Club is a member of the National Garden Club, Inc. and the Garden Club Federation of Massachusetts, Inc.

For information about the Wollaston Garden Club, its activities, and membership, visit www.wollastongardenclub.com or the club's Facebook page @wollastongardenclub.

Scenes From Yesterday

THIS REAL PHOTO postcard mailed in 1921 is a view of Billings Road at what was called the "Bend" in Norfolk Downs. Billings Road starts at the railroad tracks in Norfolk Downs and heads straight to the northeast, at Gordon Street it begins to bend to the right, avoiding the ancient slate quarries, and then at Apthrop Street it heads straight to the southeast to its end at West Elm Avenue. That is probably why this section of the road was called "The Bend." This was farmland until 1892 when it was subdivided into house lots. The land development company had trolley service installed offering lot buyers discounted fares. The trolleys ran through plots of grass down the center of the road; the tracks are visible in the right foreground. Calumet Street is on the right just beyond the second utility pole. The slate quarries which were still open at the time were behind the houses on the immediate left. The corner of Apthorp Street is just beyond the car parked on the left in front of what was then Edith Donahue's grocery store.

From the Tom Galvin Postcard Collection

Quincy's Yesterdays

This Week
1965
57 Years Ago

Revaluation, Master Plan, Trash Major Issues

The City Council has a number of major issues to deal with over the next few months. Among them:

Revaluation – Several orders are now pending in the council's finance committee, including: an appropriation order of $70,000 to hire an outside firm to start work on the revaluation of all real and personal property in the city. A second order would put this issue on the November ballot. A third would require the council to take a position on the issue.

Master Plan – Within a month, members of the city council should receive copies of the city's Master Plan and zoning studies.

Rubbish Disposal – Mayor Amelio Della Chiesa is considering that the city take and prepare an incinerator site in the Cashman's Quarry area of West Quincy.

COUNCIL TABLES CONFLICT OF INTEREST ISSUE

The City Council ordinance committee tabled action on a proposal to classify members of the unpaid city boards as "special employees" under the conflict of interest law. The proposal was made by Ward 6 Councillor Richard W. Barry. At present, all city employees, including unpaid ones, are classified "regular" employees, prohibiting them from doing any business with the city. As "special" employees, unpaid board members would be restricted from doing business with the city only in areas over which they have jurisdiction.

MARSHLAND REZONING DRAWS OPPOSING VIEWS

Conservation of marshlands or retention of a valuable industrial site were the alternatives placed before the planning board as it considered a proposed zoning change for the Montclair marshes. Ten people spoke in favor of the proposal while 17 recorded their opposition. The Planning Board took the matter under advisement.

QUINCY-ISMS

Ruth Miller of the Marvel Beauty Salon, 29 Cottage Ave., was advertising the "Nationally Known Cold Wave at a Price You Can Afford To Pay" $6… **Paula Shay,** daughter of Mr. and Mrs. James E. Shay of 86 Vassall St., Wollaston, was the first-place winner at the North Quincy High School Science Fair. Her topic was "Research on Planaria"… The Quincy High School debate team advanced to the state finals in Fitchburg. The varsity team members include **David Barzelay, W. Roderick MacDonald, Steven A. Magnell** and **Lewis Trout.** English teacher **John J. Mahoney** is coach… The Quincy Lions Club was planning its annual Community Auditions Talent Show April 25 at the Quincy High School auditorium. Proceeds will be used for eye research and other club charities… The Quincy Kiwanis Club announced that the club will award $1,200 in scholarships to Quincy students. The awards include $400 each to a student at Quincy High School and a student at North Quincy High School. In addition, $200 each to a student at the Quincy City Hospital School of Nursing and a student at Quincy Junior College… **Army Capt. Gordon K. Sullivan,** 105 Granite St., Quincy, received a commendation from his commanding officer at Ft. Knox, KY. The commendation was for intelligence work in Saigon, Vietnam… The Quincy Legion Post celebrated the 46th anniversary of its founding. Participating in the cake cutting ceremony were Commander **Thomas C. Gerrior,** first vice commander **Paul A. McLaughlin,** second vice commander **William W. Hancock,** and third vice commander **George H. Drysdale**… The George Burke Friendship Dinner Committee was completing plans for the dinner honoring **George G. Burke,** councillor at large and state representative. The event will be held at the Surf Ballroom in Hull on April 7… **Anthony F. Lotti** of 64 Cleverly Court, Quincy Point, has been promoted to airman second class. Lotti is stationed at Pease Air Force Base, N.H.… The junior city champions of the Koch Club winter basketball program included: **Dean Johnson, Bob Bouchard, Jim Finnity, Don Connolly,** and **Arthur Connolly**… James Stewart, along with Fabian and Cindy Carol, were appearing at the Strand Theatre in "Dear Brigitte"… **William W. Jenness,** chairman of the Republican City Committee, appointed committee members **Charles N. Ross** and **Joseph A. MacRitchie** co-chairmen of a committee planning a banquet honoring **Gov. John A. Volpe.**

Agrees Statues Do Not Belong In Merrymount Park

READERS FORUM

I concur with Claire Fitzmaurice's letter in the March 3rd Quincy Sun. Where is Abigail? The Social Media manager for the City of Quincy's Facebook page has responded to that question with "The City was asked to go in a different direction by the nonprofit group responsible for the commissioning and placement of those statues. It's taken a bit of time to work through a number of potential options, but plans will be announced soon on a place of prominence in the City for those statues."

Ms. Fitzmaurice mentions Merrymount Park as where the statue would go.

Why would we put Abigail and John Quincy in Merrymount Park? Is she buried there? No. Is that a seat of government and place of prominence? No. Is it near the National Park visitor center? No. Is it near where they lived? No. Who would see it? Perhaps students during prom season, tai chi practitioners, ballroom dance instructors, and fans of football, rugby, and lacrosse (maybe). Certainly not tourists who come to the National Park Visitors Center.

By no stretch of imagination is Merrymount Park an appropriate venue for a lady who was John's partner in business, in farming, in his children's education and in patriotism. She was a prominent advocate of Women's rights and girl's education. She deserves equal prominence on the City Center.

I would like to hear how the city explains the "appropriateness" of having a Granite Ball monument of a time period whose heyday was 30-plus years after John Adam's time as president in front of City Hall, while a statue of Abigail and JQ Adams, as they were in the late 1770s (after John wrote the Suffolk Resolves and before he drafted the Massachusetts Constitution) is "inappropriate."

Or perhaps we should change the name of the Common. Instead of the "Hancock Adams Common" we should be crystal clear about who the City honors. It could be renamed the "Mr. Hancock and Mr. Adams Common" because there is nary a reference to their very prominent, dedicated, and patriotic wives.

The mayor, the "non-profit organization members" and all elected officials need to think about do they really want to relegate Abigail to the obscurity of Merrymount Park? Can they really stand up with a straight face and say there is no room on the prominent "front yard" of Quincy City Hall for the City's most famous female? If they dare to say it, they will be laughed at and judged harshly for their myopia about what really constitutes an appropriate honor to Abigail.

Cindy Brandi
Independence Avenue
Quincy

More Thoughts From A Sun Reader

• First, continue to pray, pray, pray that the Ukraine War will end soon, and that Ukraine will remain independent. And that Putin and his associates will be removed.

• In regards to the letters offering different opinions on voting and how to vote, I'm very inspired and encouraged to read that most of the writers were respectful to each other. and encouraged each other's continued participation. Good Lord, we need more of this type of civil dialogue.

• I'm not surprised that Mayor Koch's son was somehow moved to the top list to be a police officer. When the police chief is the mayor's brother-in-law, what would anyone expect otherwise?

• And the recent Quincy Fire Department's graduating class of recruits is still mainly male and white. Have you heard this before? Both Quincy and Boston Fire Departments must share information and help each other stay male and white.

"The more things change, the more they stay the same." Geez.

• We've still haven't heard if Mayor Koch will still use pandemic relief money to help Quincy College. Maybe he's hoping people will forget and / or will be buried in the news. I'm glad the Quincy City Council brought it up again and wants transparency on this serious issue. Maybe the mayor will now say something like "Well, the pandemic is now over, and we have all this excess money leftover and to spend. Mmm..Quincy College needs some $$...." (Quincy College needs to be wholly public, and be part of the Mass. community college system. That would lessen the tax burden on Quincy residents and businesses. Quincy College high standards will remain the same or be better being part of the system.)

• The Registrar of Deeds of Norfolk County, Mr. O'Donnell, recently stated that Quincy is one of the best managed cities, at least, in the county. I wholeheartedly disagree. With increasing property taxes, little or no affordable housing, rents increasingly expensive, less open space, a population approaching 100,000+, how can he say with confidence that Quincy is well managed?? He should live here for a while to see and live the truth.

• I join with the readers that want the statues of Abigail Adams and son be returned to Quincy Center and placed in the Hancock - Adams Common. Women and families play an extremely important part in Quincy history and should be proudly displayed. Not doing that sets Quincy back one hundred years and beyond when women were not allowed to vote and worse.

• Pray for world peace and a complete end to authoritarianism, dictatorships, one-party systems, white supremacy, Neo-Nazism.

Gene Lee
Putnam Street
Quincy

MEMBERS OF the Friends of Wollaston Beach board with some of the splashers who participated in a local "Shamrock Splash" at Wollaston Beach March 5. The event raised money for Save the Harbor/Save the Bay, an advocacy group for clean water in coastal waters and beaches in Massachusetts. Also shown in this photo are event supporters state Rep. Bruce Ayers and Norfolk County Sheriff Patrick McDermott.

Photos Courtesy Friends of Wollaston Beach

'Now That's A Great Day At The Beach!'

Friends Of Wollaston Beach Holds Local Shamrock Splash In Support of Save Harbor/Save Bay

By MAUREEN MAZRIMAS
Friends Of Wollaston Beach

What a great day!

The Friends of Wollaston Beach recently held a local Shamrock Splash in support of Save the Harbor/Save the Bay (SH/SB). Bob Verney, Susan McPherson and Mike Bellotti represented FWB. Wollaston Yacht Club splashers included Dan Connolly (FWB VP), Erin Doherty, Evan Lema, Cora Carey and Ben Caranci. Maya Smith and Bruce Berman of SH/SB rounded out the group splashing for Wollaston Beach. Susan splashed in Florida while Mike was in Barcelona, Spain. Mike wanted everyone to know that splashing in the Mediterranean was not much warmer than Quincy Bay. His water temperature was 55 degrees, and from the sound track of the video, the wind might have been more intense than Quincy. He said he was the only one IN the water and that people were wearing overcoats!

Cont'd On Page 7

DRESSED IN FESTIVE attire for the recent Friends of Wollaston Beach "Shamrock Splash" at Wollaston Beach are "splashers" (from left) Cora Carey, Maya Smith and Dan Connolly.

FRIENDS OF WOLLASTON BEACH Board member Susan McPherson splashed from Florida. Mike Bellotti (below) splashed in Spain .

FRIENDS OF WOLLASTON BEACH board members at the recent "Shamrock Splash" at Wollaston Beach. Top row Courtney Madden, Maureen Mazrimas and Dan Connolly. Front row: Michael Mazrimas, Christine Kuhn and Maya Smith of Save the Harbor/Save the Bay.

QATV, Quincy DPW Win Mass Creator Award

Social

Quincy Access Television (QATV) and Quincy's Department of Public Works (DPW) won the Mass Creator Award for the public service announcement (PSA), "Fall Household Hazardous Waste Drop-off Day." Winners were announced on March 3rd at an award ceremony held at Laugh Boston.

The Mass Creator Award recognizes outstanding work in television and media within the state of Massachusetts. Mass Access, a non-profit advocacy agency whose mission is to ensure the future vitality of Massachusetts based community media centers established the awards to recognize the quality of programming created by Massachusetts' media centers.

Local top media professionals are third party judges for the Mass Creator Awards, and judging is based on strict criteria, ensuring that the most outstanding productions are recognized and honored.

Mark Crosby of Quincy Access Television and John Sullivan, director of Waste Management at the City of Quincy teamed up to deliver another humorous PSA informing Quincy residents of how to properly dispose of their household hazardous waste. Comments from the judge's were "a great use of comedy to communicate important information, video effects also a nice touch. This ad is so clever, charming and fun. Very well done!"

The award winner "Fall Household Hazardous Waste Drop-off Day" can be viewed at: www.qatv.org/episode/fall-household-hazardous-waste-drop-day

"The DPW has been a longtime partner of QATV, providing quarterly updates and creating PSAs to keep citizens informed," said QATV Executive Director Jonathan Caliri. "Mark Crosby and John Sullivan always create entertaining and informational work."

Quincy Access Television is located at 88 Washington St., adjacent to the Thomas Crane Public Library.

For more information on your local public access channels, visit qatv.org or if you have any questions or would like to become a member, call 617-376-1440.

THOSE TURNING out in support of the Friends of Wollaston Beach 'Shamrock Splash" included (from left to right) state Rep. Bruce Ayers, FWB Vice President Dan Connolly, and Norfolk County Pat McDermott. *Photo Courtesy Friends of Wollaston Beach*

Local 'Shamrock Splash' At Wollaston Beach

Cont'd From Page 6

FWB President Maureen Mazrimas pointed to the amazing fundraising skills of the group. At the time of the Splash, Wollaston Beach led all other beaches in total raised, and of the top 20 individual fundraisers, 5 of them were splashing for Wollaston. Very impressive! The team was cheered on by a large cadre of supporters. Ms. Mazrimas was overwhelmed by the turnout. She noted that "While the Splash is about fundraising, an overarching theme is actually education." She noted that it wasn't that long ago that Boston Harbor was regarded as one of the dirtiest in the country and now people are comfortable splashing around in it.

On display was a bumper sticker indicating "Clean Water Is Everyone's Business" as well as handouts on stormwater, fertilizer and the proper disposal of pet waste. For the kids, FWB provided coloring books on Boston Harbor marine life and habitat, and the ever-popular "Dwayne the Storm Drain," which explains the function of the stormwater system.

"A clean harbor starts with a clean beach," she said. "And that's why we have so many cleanups during the year. Our first of the 2022 season will be Saturday, April 30 (Park Serve Day) at the north end of the beach. Hope to see you here."

Ms. Mazrimas thanked everyone who made the afternoon so successful starting with FWB Board members, Dan Connolly, Bob Verney, Mike Mazrimas, Susan McPherson, Courtney Madden, Doug Gutro, and Maya Smith, and member Chris Kuhn. A huge thank you to Lt. Bob Gillan of the Quincy Police Marine Unit and his team for ensuring the safety of the splashers.

A big shout out to local media – The Quincy Sun and QATV – for promoting the event. Also getting the word out was Quincy is Everything, Quincy Bay Race Week, Mass. Boating and Yacht Clubs, and the Wollaston and Squantum yacht clubs.

On hand to support the splashers were Rep. Bruce Ayers, Norfolk DA Michael Morrissey and Norfolk Sheriff Patrick McDermott.

You can still support your favorite splasher by going to shamrocksplash.org/FOWB and scrolling down to the Team Section of the page.

For further information on how you can become involved in Friends of Wollaston Beach, go to friendsofwollastonbeach.net. Or, you can reach out to FWB's president, Maureen Mazrimas, at squantummaz@gmail.com.

Ms. Mazrimas expressed her thanks for those that splashed, those that donated, those that kept the splashers safe, those that covered the event, and those that got the word out! Now, that's a great day at the beach!

Artist Rob Franco Paintings Featured At New MPL Exhibit

The Milton Public Library is hosting a new April exhibit by local artist Rob Franco which will be installed in the Wotiz Gallery starting April 2.

The subjects of Franco's paintings include New England coastal scenes, birds and horses, plus much more. He took second place in a 2014 juried show at the Art Complex Museum, and has worked at several local companies. Some of the images he creates are beautiful and colorful landscapes, animals, and children at play in the ocean.

Franco and his wife Ruth, who live in Natick, are dedicated to the preservation of the Wild Horses of Assateague Island in southern Maryland where they visit frequently to photograph these fascinating animals to use as an inspiration for his paintings.

'BIRCHES IN THE FALL' is among the paintings by artist Rob Franco featured in a new exhibit at the Milton Public Library beginning April 2. *Courtesy Photo*

"My passion for art began at an early age during visits to a neighborhood artist in Newport, R.I.," Franco said. "This led to training as an illustrator in the United States Air Force and continued as a graphic artist in the Boston area. After studying with renowned artist and teacher, Albert Handell, at drawing and pastel workshops in Woodstock, N.Y., the focus of my art was portraits of children and animals…a fascination with the ocean and other bodies of water continues to inspire my work."

Franco's exhibit will be on display through April 30.

For more information about applying for an exhibit at the Milton Public Library, email Librarian Jean Hlady at jhlady@ocln.org or call the Reference Dept. at (617) 898-4964.

Cooking With The Crane: Ethiopian

On Monday, March 21 from 6 to 7:30 p.m., the public is invited join online to cook along with Katie Walter, the owner and operator of Two Aprons Cookery.

Ethiopian cuisine is full of flavor (lots of onions, garlic, ginger) and heady spices (turmeric, berbere, cardamom). Known mostly for their stews, we'll make Spicy Pumpkin Stew and Doro Wat (slow-cooked spicy chicken with hard-boiled eggs). Ethiopian stews are typically eaten without spoons or forks, but rather with Injera bread. Recipes are from the James Beard Award-Winning cookbook "Ethiopia" by Yohanis Gebreyesus.

Walter cooks simply, from scratch and seasonally; avoiding processed foods, when possible and has been teaching cooking classes out of her home – first in London and now in Lexington, – for nearly 10 years. In past lives she's done a bit of catering, co-authored a cookbook titled "Some Like it Hot" (Chronicle Books, 2005) and put in some time at America's Test Kitchen in Boston.

Visit the Crane Library Events Calendar for more info and the ingredients lists and recipes.

Join online (meeting ID 892 2514 5884). Using the free Zoom app is recommended. You can call (646) 558-8656 and use the same meeting ID to listen to the audio. This event will also be livestreamed to the library's YouTube channel.

WHAT'S COOKING
with
Marie & Suzie
By MARIE D'OLIMPIO and SUZIE FALCO

Delicious, Easy Boston Cream Pie

By MARIE

I always like to have something baked in the house in case of unexpected guests or if any of my kids drop in. Usually it is apple pie (their favorite) or some kind of cake to have with our coffee or tea.

After looking over some of my old recipes I found today's recipe for Boston Cream Pie. I love the cream filling that goes with this recipe as it is one my mother used to use to fill cream puffs instead of whipped cream.

Recipe
½ cup butter (1 stick)
1 cup of sugar
2 eggs beaten
2 cups of cake flour
2 teaspoons baking soda
½ tsp salt
2/3 cup of milk

Preheat oven to 375 degrees.

Melt butter and add the sugar, mix until well blended.

Add the eggs and mix again.

Add the dry ingredients alternately with the milk and mix for 2 minutes.

Pour into 2 greased 8 inch layer cake pans.

Bake for 20 minutes or until tooth pick comes out clean.

Turn out on cake racks and let cool.

Recipe for Cream Filling
½ cup sugar
2 1/2 tablespoons flour
¼ tsp salt
1 cup of milk
1 egg beaten
½ tsp vanilla

In a saucepan mix the sugar, flour and salt.

Add ¼ cup of the milk and stir until smooth.

Add the rest of the milk and cook on low heat until thickened.

Slowly add the eggs and cook for 2 more minutes, add the vanilla and cool.

Put the cream filling in the center of the two cakes.

Top with powdered sugar or shredded coconut.

P.S. Cake can be frosted with a chocolate frosting.

Turkey Zucchini Poppers

By SUZIE

Here is a fantastic and incredibly simple recipe when you are getting bored of the same old things. This is so good for you loaded with protein and vegetables, you can certainly feel good about eating, and serving this to your family!

TURKEY ZUCCHINI POPPERS
1 lb. ground organic turkey
2 Cups grated zucchini (leave on skin)
2-3 green onions, minced
3-4 sweet basil, fresh parsley, combo
1 Clove garlic, minced
1 TSP sea salt
1/2 TSP pepper
1/2 tsp garlic powder

Instructions:. Mix ground turkey and remaining ingredients in large mixing bowl. Spoon out about 9 or 10 nugget size pieces and saute' in olive oil for about 5 minutes on each side.

You can eat them plain or dip in your favorite sauce. I use marinara or aioli! Enjoy!!

JM Productions Announces Cabaret Dinner Theatre Series

JM Productions of Quincy announces four new dinner theatre offerings to be held at The Marriott Hotel Boston in Quincy this spring.

The lineup for the cabaret dinner theatre series includes a Friday luncheon matinee and a Friday evening dinner theatre experience. Doors open at 11:30 a.m. for lunch and 6:30 p.m. for dinner. For tickets visit ticketstothecity.com/jm.

Scheduled shows are:

April 1st ~ The Steve & Eydie Show, celebrating the music of Steve Lawrence and Eydie Gorme. Jim Rice and Valerie Sneade-Roy pay tribute to this couple with songs including "This Must Be the Start of Something," "Make Someone Happy," "A Lot of Living," "What Did I Have," "A Room Without Windows" and more.

April 22nd ~ Mel "Martie" Martin stars with Tom LaMark in Ella, Peggy, Doris, and Me with music from Fitzgerald, Lee, Day and more. With a vocal style that reveals a deep appreciation for the Great Ladies of jazz and musical theatre, audiences often characterize Mel "Martie" Martin as "mesmerizing," a "voice of a thousand colors," with technical acumen that is "right on the mark," as described by Boston jazz legend Bo Winiker. The show features Tom LaMark "on the keys."

May 6th ~ "Just the Two of Us" stars father and daughter, Jim Porcella and Renee Legendre, performing a wide variety of music including songs originally recorded by Rosemary Clooney, Frank Sinatra, Natalie Cole, and Michael Bublé, among others.

June 3rd ~ "Dream Along with Me" features the music of Perry Como and more starring Variety artist, stand up comedian, musical comedy actor and vocalist "Mr. Saturday Night" Warren Schein. Schein comes to Quincy direct from New York City. Tom LaMark is on the piano.

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A Message From Sheriff Patrick McDermott

Stay Vigilant Against Scammers

By Norfolk Sheriff Patrick McDermott

Sometimes it seems like potential scammers are everywhere you look. Whether it's an email trying to convince you to help a Nigerian prince who's down on his luck, a series of phone calls from an unknown number telling you you're about to be audited by the IRS, or even a good old fashioned piece of snail mail telling you you've won a big prize, it can seem like scammers have managed to creep in all over the place.

Because they're so prevalent, it can also be easy to feel complacent. But scammers are counting on that, which is why it's important to stay vigilant. Scammers are creative and always looking for new ways to separate you from your money or information. Fortunately, there are things you can do to protect yourself.

There are a few ways to identify potential scams. First, scammers will often mimic reputable organizations or even people that you know in order to trick you into sharing information that you otherwise wouldn't share. Relying on caller ID or the return email address isn't always good enough because scammers can use technology that changes their phone number or they may have even hacked the email address of someone you trust.

Scammers will often tell you that you need to act urgently to solve a problem (such as a family member who is in trouble, the threat of legal action, or that you need to claim a prize immediately). They want you to act quickly so that you don't have time to question what's going on. If someone on the phone says you can't hang up or call back, it's likely a scam designed to keep you from figuring it out. Never act immediately – if it's a legitimate request, it can wait until you've confirmed who is asking.

Financial scams will often ask you to pay them in an odd or specific way, such as paying a penalty using gift cards, depositing funds in a public drop box, or cashing a check for them and sending back the money. Scammers ask for payment in novel ways because it makes it easier to hide their identities and avoid detection. (And as a reminder: the Sheriff's Office and law enforcement agencies never demand payments over the phone or email.)

Finally, be wary of "phishing" scams, which try to trick you into giving out confidential information. Phishing emails frequently ask you to click on a link or enter in your login information by claiming there is a security issue or other problem that needs to be solved immediately. If you get an unexpected request from a company, organization, or person you've interacted with, don't click on any links they send. Instead, look them up on a website you trust or call their main phone number.

If you encounter a suspicious phone call, email, or other request for funds or money, remember that it's okay to take some time to talk to someone you trust. Speak with a trusted friend, family member, or law enforcement professional before responding to an unexpected request. Having a fresh perspective can keep you safe from getting taken advantage of.

If you do find that you were the victim of the scam, call your local police station and report it. The Attorney General's office also has a hotline you can call if you are suspicious of a business or have been scammed: 1-617-727-8400. If you want to learn more about how to identify a scam and protect yourself, the Federal Trade Commission has a ton of helpful information at FTC.gov/PassItOn.

41 Quincy Students On BC High Second Term Honor Roll

Forty-one students from Quincy have been named to the second quarter honor roll at Boston College High School.

They are:

Damian Brown, High Honors (Class of 2022); Ivan Chiu, High Honors (Class of 2022); Ryan Dear, High Honors (Class of 2022); John Hall, High Honors (Class of 2022); Aaron Huang, High Honors (Class of 2022); Andrew Johnson, High Honors (Class of 2022); Christian Kelley, High Honors (Class of 2022); Michael Loughnane, High Honors (Class of 2022); Quinlan Perry, High Honors (Class of 2022); Justin Pham, High Honors (Class of 2022); Dylan Rizzo, High Honors (Class of 2022); Seamus Stirling, High Honors (Class of 2022); Nathaniel McMillen, High Honors (Class of 2023); Anthony Nguyen, High Honors (Class of 2023); Enzo Vallee, High Honors (Class of 2023); Quinten Van Dam, High Honors (Class of 2023); Kevin Cai, High Honors (Class of 2024); Aidan Cullinane, High Honors (Class of 2024).

Also, Devin Dear, High Honors (Class of 2024); Charles Donovan, High Honors (Class of 2024); Matthew Farrell, High Honors (Class of 2024); Aaron Fernandes, High Honors (Class of 2024); Tristan Quach, High Honors (Class of 2024); Alexander Yun, High Honors (Class of 2024); Ryan Gomes, High Honors (Class of 2025); Lucas Silaj, High Honors (Class of 2025); Xavien Suero, High Honors (Class of 2025); Matis Xhelepi, High Honors (Class of 2025); Kevin Aprea Cabrera, Honors (Class of 2022); Finn Henry, Honors (Class of 2022); Andrew Lane, Honors (Class of 2023); Johnny Vu, Honors (Class of 2023); Jonathan Carter Ying, Honors (Class of 2023); Luke Leung, Honors (Class of 2024); Aidan Manning, Honors (Class of 2024); Henry Borgerson, Honors (Class of 2025); Nicholas DePalma, Honors (Class of 2025); Elijah Killorin, Honors (Class of 2025); Luca Marinilli, Honors (Class of 2025); Luke Scott, Honors (Class of 2025) and Michael Shaw, Honors (Class of 2025).

Armando Agnitti, Esq, CISR
Anthony Agnitti, CIC, LIA

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Social Security Matters

Ask Rusty – Please Help Us With Social Security Planning

By RUSSELL GLOOR
National Social Security Advisor
at the AMAC Foundation, The Non-Profit Arm
of the Association of Mature American Citizens

Dear Rusty: Would you please advise on my wife and my Social Security planning? I'm 69 and 2 months, my wife is 66 and 2 months, so we both hit full retirement age. We both plan on starting to take SS next month. My benefit would be about $3,300 per month, and my wife's benefit would be about $1,900 per month. Spousal benefits confuse me. Should I start Social Security now so my wife can get a spousal benefit from me? Is that even possible? Or is it better for each of us to get our own? **Signed:** ***Uncertain***

Dear Uncertain: From what you've shared, it doesn't appear that your wife will be entitled to a spousal benefit because her own benefit at her full retirement age (FRA) is more than half of your FRA benefit amount. If your age 69 benefit is about $3,300 then your FRA (age 66) benefit amount was about $2,660). Half of your FRA amount ($1,330) is less than your wife's FRA amount ($1,900), so no spousal benefit will be available to your wife.

In your specific circumstance, both you and your wife should consider your individual objectives in deciding when to claim Social Security. If you plan to claim next month at age 69, you will get a benefit which has increased by about 26% due to the Delayed Retirement Credits (DRCs) you've earned since you reached your FRA of 66. Claiming at her FRA, your wife will get the full SS retirement benefit she has earned from a lifetime of working.

Although your current strategy is a good one, because you were born before 1954 and haven't yet filed you have another option. If your wife claims her SS first, you will be eligible to file a "Restricted Application for Spousal Benefits Only." You could use the restricted application to collect a spouse benefit from your wife (half of her FRA benefit amount) while allowing your personal benefit to grow for another 9 months to maximum at age 70.

If financially feasible and your longevity suggests, both you and your wife might consider waiting even longer to get a higher benefit, but that is a personal choice which you each need to make. Claiming now at age 69 will reduce your payment by about 6% from your age 70 maximum. Since your wife isn't eligible for a spouse benefit but has reached her FRA, she might also consider delaying a bit longer if her financial needs and her estimated longevity suggest that is wise. Like you, she can delay claiming until she is 70 when her benefit would reach its maximum (about 30% more than it is now).

If you'd like to get a personal estimate of your life expectancy, I suggest using this link: https://socialsecurityreport.org/tools/life-expectancy-calculator/. The reason life expectancy is important is this: if you live at least to "average" life expectancy, you'll collect more in cumulative lifetime benefits by waiting longer and maximizing your SS benefit. According to Social Security, "average" life expectancy is about 84 for a man and 87 for a woman in good health in their 60s. But using the tool above to estimate your personal longevity should further assist with making your claiming decision.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory) or email ssadvisor@amacfoundation.org.

Spring Forward And Stay Alert At The Wheel

For many, the arrival of Daylight Saving Time signals that spring sunshine is just around the corner. But the time change can also forecast an increase in the risk of a crash, AAA warns.

Daylight Saving Time began at 2 a.m. March 13, and AAA is reminding drivers that the change in daylight hours may create additional distractions on the roadways, and challenges for drivers who've lost an hour of sleep, and perhaps are not sleeping as well due to the time change.

"As we spring forward, drivers should be aware that the time change will also mean changes to driving habits. Some drivers may suddenly find themselves driving into the rising or setting sun and there may be more sun glare during commuting hours," said Mary Maguire, director of Public/Government Affairs for AAA Northeast. "Research from the AAA Foundation for Traffic Safety shows that drowsy driving is a factor in 10 percent of crashes, and many drivers will have to adjust to getting less sleep during the week following the time change."

As the days become longer, more children, pedestrians, joggers, walkers and bicyclists will likely be more active outdoors and during peak travel times. AAA reminds motorists and pedestrians to remember the following tips to stay safe:

Tips for Motorists

• In the morning, watch for pedestrians when backing up in parking lots or driveways. Turn on your headlights to make yourself more visible.

• Leave more following distance. When the sun is in your eyes it can be hard to see what the car ahead is doing.

• Watch out for children and others who are outdoors in the lighter evening hours.

• Remember to yield the right of way to pedestrians in crosswalks. Do not pass vehicles stopped at crosswalks.

Tips for Pedestrians

• Cross only at intersections or crosswalks. Do not jaywalk or cross between parked cars.

• Avoid walking in traffic where there are no sidewalks or crosswalks. If you must walk on a road that does not have sidewalks, walk facing traffic.

• See and be seen. Carry a flashlight and wear reflective clothing and/or accessories.

• Don't walk and text. If you must use your cell phone, be sure to keep your eyes on traffic and your ears open to make sure you can hear approaching danger.

Drowsy Driving

Don't Be Asleep at the Wheel: Drowsy driving is a big traffic safety issue. Americans "springing forward" by moving their clocks ahead by one hour need to remember to also adjust their sleep schedule to prevent drowsiness on the road.

• According to AAA Foundation research:

o Drivers who have slept for less than 5 hours have a crash risk comparable to someone driving drunk.

o Drivers who miss one to two hours of sleep can nearly double their risk for a crash.

o 96% of drivers view drowsy driving as a completely unacceptable behavior that is a serious threat to their safety, but nearly 29% admit to driving when they were so tired they had a hard time keeping their eyes open at least once in the prior 30 days.

• AAA recommends that drivers:

o Should not rely on their bodies to provide warning signs for drowsiness and should instead prioritize getting at least seven hours of sleep before hitting the road.

o Travel at times of the day when they are normally awake.

o Avoid heavy foods.

o Avoid medications that cause drowsiness or other impairment.

AAA: $4 Gas Tipping Point For Most Americans

New survey data from AAA finds that two-thirds of Americans felt gas prices were too expensive just a few weeks ago at $3.53 per gallon. Now with the national average at an all-time high of over $4, Americans may have reached a tipping point.

Over half (59%) said they would make changes to their driving habits or lifestyle if the cost of gas rose to $4 per gallon. If gas were to reach $5.00, which it has in the western part of the country, three-quarters said they would need to adjust their lifestyle to offset the spike at the pump.

Among Americans who said they would make changes in response to higher gas prices, a majority (80%) said they would opt to drive less, with some differences among age groups:

• 18 to 34 year-olds are almost three times as likely as those 35 and over to consider carpooling (29% vs 11%), which would likely involve major changes to their daily travel plans.

• Those 35 and over are more likely to favor combining tips and errands (68% vs 52%) and to reduce shopping or dining out (53% vs. 43%).

While many Americans may adapt their daily habits to make up for higher gas prices, it likely won't have as much of an impact on summer travel. AAA's survey found that 52% of Americans have plans to take a vacation this summer. Of those, 42% said they would not consider changing their travel plans regardless of the price of gas.

Ripple Effects of Russia's Invasion of Ukraine

Since the New Year, the national average has continued a steady climb due to strained supply and increased demand. But Russia's invasion of Ukraine in late February caused oil prices to spike further and in the 14 days since the conflict began, the national average has risen $0.70 (as of 3/9/2022). These are numbers not seen at the pump since the financial crisis in 2008, the highest on record until this week (note: AAA historic data is not adjusted for inflation).

While the conflict continues on the far side of the globe, consumers will likely not see relief any time soon. AAA offers the following advice to help drivers ease some of the pain they're feeling at the pump:

• Keep your vehicle in top shape with routine inspections and in between, make sure your tires are properly inflated. Underinflated tires are a drag on fuel economy.

• Map your route before you go to minimize unnecessary turnarounds and backtracking. Avoid peak traffic times and if possible go to "one-stop shops" where you can do multiple tasks (banking, shopping, etc.).

• Fuel economy peaks at around 50 mph on most cars, then drops off as speeds increase. Reducing highway speeds by 5 to 10 mph can increase fuel economy by as much as 14%.

• A car engine consumes one quarter to one-half gallon of fuel per hour when idling, but a warm engine only takes around 10 seconds worth of fuel to restart. Where safe to do so, shut off your engine if you will be stopped for more than a minute.

• Use "fast pass" or "express" toll lanes to avoid unnecessary stops or slowdowns on the highway.

• Only use premium gas in vehicles that recommend or require it. Paying for premium gas for a vehicle that takes regular is a waste of money and is of no benefit to the vehicle.

• To find the best gas price in your area, use the AAA Mobile App – Android I iPhone.

Benefit Concert Saturday

On Saturday, March 19 at 7 p.m. Milton Community Concerts and Opera On Tap Boston will present a benefit concert called "The Heart of a Woman."

The program will feature music from a variety of genres which tell stories of women, exploring musical-cultural heritage, gender, and ethnicity. It will feature professional singers from Opera on Tap, a local performing organization established in 2012 and dedicated to singing opera "outside the box," in non-traditional venues.

The concert will take place in the Meetinghouse at the historic First Parish Church of Milton-UU at 535 Canton Ave. Admission is $20 general, $10 for seniors 65 and over, and free for 18 and younger. Tickets will be available at the door only, and plenty of free parking is available.

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By QUINCY POLICE SGT. KARYN BARKAS
Public Information Officer
Quincy Police Department

On Saturday, March 5, Officer Rolfsen was working patrol assigned to the West Quincy section of the city. At approximately 8:30 p.m., he was operating on Common Street when he observed a black Honda Accord traveling in his direction with a front left headlight out.

Officer Rolfsen turned his cruiser around and observed the vehicle turning right onto Quarry Street. Officer Rolfsen conducted a query of the registration prior to conducting a motor vehicle stop. The query revealed that the vehicle had no inspection sticker and was queried 27 times by local law enforcement agencies, to include members of the Quincy Police Drug Control Unit.

Officer Rolfsen conducted a motor vehicle stop in the area of 270 Quarry St. As he approached the vehicle, he immediately recognized the operator. Officer Rolfsen informed the operator the reason for the stop and requested his license and registration.

The operator appeared extremely nervous. He avoided eye contact during the interaction, was breathing heavily, and his hand was shaking uncontrollably as he handed Officer Rolfsen his registration. Officer Rolfsen observed a large plate on the front passenger floor area which contained a green leafy vegetable matter, which he immediately recognized to be marijuana.

Officer Rolfsen asked the operator if he was aware of the headlight and inspection issue. The operator replied that he was and planned on getting it fixed the following day. While speaking with the operator, Officer Rolfsen could detect an overwhelming odor of raw marijuana. Officer Rolfsen then made his way to the passenger side of the motor vehicle to be out of traffic and to inspect the inspection sticker. He asked the operator if there was any more marijuana in the vehicle, at which time he hesitated and then opened the center console.

Officer Rolfsen observed a black digital scale (commonly used by drug dealers to weigh and prepare their drugs for sale) along with a large plastic bag of marijuana and other plastic bags used to package illicit narcotics.

Officer Rolfsen requested an additional unit to assist with the motor vehicle stop. Officer Rolfsen asked the operator to step from the vehicle. He walked the operator to the rear of the vehicle. He then conducted a pat frisk for officer safety purposes. Officer Rolfsen immediately felt a hard object, which was consistent with a firearm, in the operator's right jacket pocket. He advised the driver to place his hands behind his back. The operator attempted to pull his right arm away from Officer Rolfsen. He was ultimately placed into handcuffs.

Officer Rolfsen then removed the suspected firearm. Officer Foley, who had arrived on scene, deemed the firearm safe by removing the magazine and ejecting one live round from the chamber. The firearm was determined to be a Bersa Thunder .380 semi-automatic handgun which contained six (6) rounds in the magazine along with one (1) in the chamber. Officer Rolfsen then demanded the operator's License to Carry (LTC), which he could not produce.

Officer Murphy arrived on scene and transported the operator to the Quincy Police Department to be booked in the usual manner. Officer Rolfsen conducted a search of the motor vehicle which recovered approximately 34 grams of marijuana, a digital scale, plastic bags, and an empty plastic bag carton. The vehicle was then towed.

The operator of the vehicle, a 20-year-old man from Milton, was charged with possess to distribute Class D (marijuana), improperly secured firearm, carrying a loaded firearm without a license, illegal possession of ammunition, possession of a firearm without an FID card, no inspection sticker, and headlight violation. All drug evidence was packaged and will be sent to the MA State Police Crime Lab for further analysis. All remaining evidence was logged into evidence.

Quincy Police teletype then conducted a check of the firearm to determine if it was stolen. The results were negative. Great work!

QUINCY POLICE CRIME AWARENESS JOURNAL

FRIDAY, MARCH 4

VANDALISM/PROPERTY (work truck mirror), 7:32 a.m., Water Street. Reporting party states that his work truck mirror was smashed in. Case number provided. Incident closed.

LARCENY/MOTOR VEHICLE (Dodge pick up), 7:41 a.m., Harriet Avenue. Reporting party states he last saw his truck at 5 p.m. Reporting party does not remember if he locked the vehicle, no keys left in vehicle. Vehicle was parked in the street. Reporting party states that no one had permission to use the truck. States that the vehicle belongs to his son. Party will contact the Sherborn PD.

BREAKING AND ENTERING/PROGRESS, 12:57 p.m., Adams Street. Door is broken open. Only been gone an hour. Standing outside next to a black Pontiac. Door frame kicked open.

BREAKING AND ENTERING/PAST (back door), 2:27 p.m., Lillian Road. While parents and reporting party were out - back door broken in. Three parties out front. BCI requested and notified.

BREAKING AND ENTERING/ATTEMPT (this morning), 5:57 p.m., Taffrail Road. Reporting party entered apartment before calling. Came home to front door lock broken. Report filed.

SATURDAY, MARCH 5

VANDALISM/PROPERTY (drive-thru), 10:13 a.m., Hancock Street. In lobby, wishes to file a report about past damage to the drive-through. Crash and NIBRS.

LARCENY (packages), 11:18 a.m., Hancock Street. Management will meet at front door. Suspect: white male, 20-30 years old, gray puffy jacket, camo backpack. Report.

VANDALISM/PROPERTY (house), 11:28 a.m., Payne Street. Ongoing issue with youths throwing objects at house, damaging the siding. Report.

LARCENY (SS card), 3:15 p.m., Common Street. Social Security card stolen from package.

SUNDAY, MARCH 6

LARCENY (cash), 8:20 a.m., Curtis Avenue. States cab driver stole her money last night. Civil matter, advised.

LARCENY (bicycle), 2:40 p.m., Beale Street. Stolen from common storage area. Reporting party will meet officer in lobby. Report.

BREAKING AND ENTERING/ATTEMPT (kids in backyard/garage), 6 p.m., Samoset Avenue. Reporting party states two kids were in her backyard with flashlights. Ran up Highfield Street. Possibly attempting to steal a bike. Would like to speak to an officer. Report filed.

MONDAY, MARCH 7

ASSAULT AND BATTERY (male), 1:34 a.m., Lebanon Street and Washington Street. Male with eye injury flagged down lieutenant. Mutual combantants, one to Carney. Assault and battery to be filed. Occurred at intersection. Victim was discovered by 508 Washington St.

LARCENY (keys), 8:52 a.m., Willard Street. In QPD lobby. Has suspect information. Report to be filed.

LARCENY (computer bag), 9:15 a.m., Southern Artery. Report to be filed.

LARCENY (jewelry), 11:22 a.m., Avalon Drive. States moving company stole jewelry. Report to be filed.

LARCENY (meds and phone), 1:10 p.m., Hancock St. Reporting party states her sister stole these items. In lobby. Report to be filed.

LARCENY (laptop), 1:27 p.m., Winter Street. Reporting party states laptop was taken from apartment. Report to be filed.

LARCENY (yelling), 9:19 p.m., Falls Boulevard. Reporting party states his dad lost his phone at Walmart and reporting party located the phone in the woods near China Pearl Restaurant and reporting party went into woods and other parties in a sedan with lights on were yelling at him so he went back to his car. Reporting party is in a red sedan and other party in a sedan with lights on. Reporting party has locate my phone app and phone is pinging in the woods. Phone recovered. Peace restored. Report to be filed.

TUESDAY, MARCH 8

ARMED ROBBERY, 8:30 p.m., Hancock Street. Gone on arrival. No weapon shown. White female, gray hat, black puffy jacket, black pants. She was heading toward train station. Report to be filed.

WEDNESDAY, MARCH 9

LARCENY (packages), 9:22 a.m., Quincy Shore Drive. In lobby. Has video of someone stealing packages from condo. Report.

LARCENY (debit card), 5:03 p.m., Winter Street. Reporting party reports his debit card was stolen. Suspect told victim he would kill him if he reported it. Wants to speak to an officer. Report filed.

THURSDAY, MARCH 10

LARCENY/MOTOR VEHICLE (overnight), 7:45 a.m., Elmwood Park. Form filed.

VANDALISM/PROPERTY (past), 8:34 a.m., Hancock Street. 2018 black Audi back passenger window smashed and front passenger door damaged. Reporting party will wait in the front lobby of location. No suspect info, no cameras in the area. Case number provided.

BREKING AND ENTERING/PAST, 1:08 p.m., Billings Street. In QPD lobby. Suspect stole handicap placard, registration and etc.

ASSAULT AND BATTERY (just occurred), 2:10 p.m., Dennis F. Ryan Parkway. Suspect is a black female wearing green jacket with fur, orange hat, passing Bank of America on foot. In front of Cafe Gelato. Female pulled her hair. Report to be filed.

VANDALISM/PROPERTY (window in motor vehicle), 3:26 p.m., Hancock Street. No cameras in area. Party needs case number for insurance. Incident closed. Party called back and was given a case number.

LARCENY (past), 3:58 p.m., Marlboro Street. In QPD lobby. Phone was stolen and then used to hack into her bank account.

Total Calls for Service (March 4 - March 10): 1,041

Breaking and Entering Motor Vehicle: 100 block Quincy Shore Drive (2), North Bayfield Road, School Street, 100 block Hancock Street (2)

Breaking & Entering Motor Vehicle Attempt: 100 block Hancock Street

Larceny Motor Vehicle: Elmwood Park, Harriet Avenue

Breaking & Entering in the Past: Billings Street, Lillian Road

Breaking & Entering in Progress: Adams Street

Breaking & Entering Attempt: Samoset Avenue, Taffrail Road, Southern Artery

Entries in the Quincy Police Crime Awareness Journal are compiled and submitted by the Quincy Police Department. The following are included in the journal:

Assault and battery, breaking and entering/progress, breaking and entering/attempted, larceny over/under, attempted larceny, larceny motor vehicle, armed robbery, attempted rape, vandalism private property and indecent exposure

The journal is published by *The Quincy Sun* as a public service to make local residents more aware of crime activity in their neighborhood.

Readers and the public are also welcome to view the Press Journal that is published (on Tuesday) of every week on the Quincy Police website: https://www.quincyma.gov/departments/police/resources/press_journal.php#outer-88

BBB Tips To Help Fight Crooks

By BETTER BUSINESS BUREAU

Worried about getting taken in by the latest scam? Concerned about the possibility that your ID could be stolen, and you suddenly find yourself saddled with thousands of dollars of surprise bills?

Here are BBB's basics for safeguarding against scams

• When someone you have not met asks you to send them money, especially by wire transfer, prepaid debit card or gift card, don't do it.

• Never click on links or attachments in unsolicited emails or texts. That's how crooks put malware on your devices.

• Don't trust the legitimacy of something by its looks. Emails and websites are easy to fake with copied logos and graphics.

• Don't trust your Caller ID. It can be faked to read any way a crook wants it to read.

• Buy online only from legitimate sources with a website address that has the "s" in "https." Look for the lock icon in the address bar as well.

• Look up any company you're unfamiliar with at BBB.org.

• Treat your personal identification information like gold. Don't give it away to anyone who contacts you out of the blue. Your banking, Social Security and insurance numbers should be closely guarded.

• Anyone pressuring you to act quickly could be a scammer who doesn't want you to have time to seriously consider the "offer."

• Get details in writing and read them thoroughly.

• Don't overshare on social media. Con artists can collect your information from such sources and use it to make you think they know you.

• Keep your travel plans to yourself and only share them after the fact.

• Shred junk mail, old documents, bills and medical paperwork.

• Monitor your accounts and check out any unknown transaction, even for tiny amounts (crooks start with small amounts to see if you pay attention).

• Use strong passwords and keep software and virus protections updated constantly.

Adams National Historical Park Seeks Employees For Seasonal Park Guides

Adams National Historical Park is seeking employees for seasonal full-time and part-time employment (40 hours or less per week including weekends and holidays) for park guides at Adams National Historical Park from May 1 until Oct. 31.

To apply, email a resume to Marianne_Peak@nps.gov. Interviews will be scheduled asap and employment decisions made soon after in order to accommodate 40 hours of NPS training before being placed at the park.

Park guide duties include: providing guided interpretive tours of the Adams Birthplaces, Old House and the gardens and grounds at Peacefield, customer service, supporting the NPS Park store and occasional working at the NPS Visitor Center in downtown Quincy. An interest in the cultural arts, and knowledge of American and presidential history is welcome.

Hours and pay: Wednesday to Sunday, 8:45 a.m. to 5:15 p.m. Salary is $19.38 per hour. Applicants must be 18 years of age or older and a U.S. citizen.

The park Visitor Center is located at 1250 Hancock St., birthplaces at Franklin Street, and Old House at 135 Adams St., Quincy.

As a part of the federal workforce, the National Park Service and Adams National Historical Park promote diversity, equity, inclusion, and accessibility. The Federal hiring process is set up to be fair and transparent for all candidates.

Liang Wants Gender-Neutral Language In City Code

Cont'd From Page 1

rent municipal code is outdated.

"This is pretty self explanatory, it's just an update to our municipal code. It's really outdated right now and as we're updating our city, we probably should update the rules that govern it," she said.

The proposed ordinance states that "All chapters of the City Code shall use gender-neutral language, which language shall apply to all persons, firms, partnerships, corporations and other entities."

It would amend the municipal code to replace each instance of "him/his/her" with "them/theirs." It would also replace "he" with "they," "himself" with "themself," "men" with "person(s)" and "patrolmen" with "patrol person."

All future ordinances approved by the City Council would also need to use similar language.

The second ordinance, amending council the rules, would replace any reference to "him/his" with "them/theirs." It would also alter one of the council rules to refer to "Mr. or Madame President," instead of just "Mr. President."

$2.3M Approved For Two Fire Trucks

Cont'd From Page 1

end of their lifespan and we're in need of basically just another engine and another ladder," Fire Chief Joseph Jackson told councillors.

"It takes a couple of years to get these things built so I wanted to get this request in as soon as possible because Ladder 1 particularly is eleven years old, it has a huge response area, it's showing its age right now. If we could get another ladder truck built within the next couple of years, that would be great."

The current Engine 3 is from 2007 and Ladder 1 is from 2011, Jackson previously told The Sun; the average service life for a fire truck is 15 years.

Ward 2 Councillor Anthony Andronico thanked the administration for replacing the two fire trucks. Both of them are based within the district Andronico represents.

"I did want to express my thanks to the administration for making sure that Ward 2 gets the services they need and the resources we need within our Fire Department to be able to better serve the people and make sure they're protected and safe when a fire does happen," Andronico said. "Ladder 1 at HQ on Quincy Ave and of course Engine 3 in the Point [are] both very important."

"It is a very important matter, getting the equipment to allow our firefighters to do their jobs around the city especially when there is a fire out there," added Council President Noel DiBona.

Councillor Nina Liang asked Jackson if the $2.3 million would be enough to buy the two trucks, given that the cost of many items are on the rise.

"I think this is a no-brainer," she said. "We continue to grow as a city – we certainly need to make sure that those who are called to protect and serve our city have what they need to do so, and I just want to make sure you have what you need from us as well to move forward with this purchase."

Jackson said the city would be able to lock in the price of the trucks once the bond order was approved, and the $2.3 million would be enough to cover the cost.

"I think that we'll be fine going forward," he said.

Councillor Anne Mahoney voted to approve the bond request but questioned the decision to borrow money to purchase the fire trucks instead of using American Rescue Plan Act funds the city received from the federal government to buy them.

"My concern is that we're asking to bond the $2.3 million when we're in a state right now where we do have access to federal money that is supposed to help our community and I hope we would reconsider bonding and rather ask to use the COVID money for this particular purchase," Mahoney said. "I'm in absolutely support of this purchase – I'm just looking out for the taxpayers."

Eric Mason, the city's director of municipal finance, said it made sense to borrow the money to pay for the fire trucks because the interest rate the city will pay on the bond is less than the rate of inflation.

"A proposal for borrowing does follow good, sound financial practices," Mason said.

In response, Mahoney noted the city has used ARPA money to purchase four properties, including as the Munroe Building in Quincy Center. The city also used ARPA funds to purchase vehicles for the Department of Natural Resources, Mahoney added.

"This would be the perfect appropriate use of COVID money and it would benefit the whole community, meaning the whole city of Quincy could benefit from this apparatus being purchased and the taxpayers would save $2.3 million," Mahoney said. "And I believe, Mr. Mason, there will be plenty of other projects that will be coming before us you'll have to bond."

State Of The City Plans Forthcoming

Cont'd From Page 1

hold this year's speech indoors at the McIntyre Government Center, also known as Old City Hall.

The mayor delivered his most recent State of the City address on March 9, 2021, outdoors at the Hancock-Adams Common in Quincy Center. During those remarks, he called for a renewed commitment to and investment in Quincy College, announcing the launch of a building committee to plan a new home for the municipally owned school and a pledge to offer more Quincy students a chance to enroll there.

Mixed-Use Building Proposed On Beale Street

By SCOTT JACKSON

A mixed-use building with 80 residential units and six commercial storefronts has been proposed for a section of Beale Street in Wollaston Center.

The Planning Board on March 9 held a continued public hearing on BCC Acquisition LLC's request to construct the six-story building at 21-31 Beale St. The board did not vote on the project, which is undergoing review by city departments, and will take up the matter again on April 13.

The proposed building would be located on the parcels of land at 21-31 Beale St., 51-55 Cushing St., and 65-67 Chapman St, which contain a total of 33,172 square feet of land in a Business C zoning district. The site is currently home to single-story commercial buildings on Beale Street and a pair of four-family homes.

The building would include two levels of parking – one on the lower level of the building and the other on the first floor – with a total of 93 parking spaces. The lower-level garage would be accessed via Chapman Street while the upper level of parking would be accessed via Cushing Street.

The applicant behind the project first went before the Planning Board in December. Since that meeting, Edward Fleming, the applicant's attorney, said his client has taken steps to address concerns about flooding and drainage.

Karlis Skulte, an engineer for the applicant, said the project site is not in a FEMA-designated flood plain, but is in an area that is prone to local flooding. He said stormwater from the neighborhood tends to pool on the project site toward

Cont'd On Page 16

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Email: info@atlanticcoastengineeringllc.com

Real Estate

Quincy Real Estate Transactions March 7 - March 11

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER	BUYER	AMOUNT	ADDRESS
CP Quincy LLC	Quincy Hotel Operating Company LLC	$82,200,000.00	1000 Marriott Drive
Anderson Family Trust	Brandon W. Bergstrom	$720,000.00	1200 Sea Street
9-11 Glynn Terrace Trust	Fan Lin	$785,000.00	9-11 Glynn Terrace
Franklin Realty Trust	Robert Mitchell & Laina Sonterblum	$540,000.00	87 Franklin Street, Unit 401
Nicole E. & Robert D. Morong	Vicky M. Nguyen & Dan Q. Tran	$980,000.00	18 Blake Street
Kevin J. & Karen J. O'Hanley	Qiliang Zhuo	$770,000.00	456 Adams Street
Yi Zhong & Jing Zhao	Xi Li & Zhou Li	$429,000.00	185 Quincy Shore Drive, Unit A32
Trucly T. Tran & Binh T. Ha	Hanna Pham & Ngoc V. Nham	$585,000.00	115 Newbury Street
Oak Grove Terrace LLC	Cheuk M. Tsang & Shannon C. Situ	$780,000.00	11 Oak Grove Terrace, Unit 303
Murphy Realty Trust	Linda Spring	$710,000.00	969 Quincy Shore Drive
Leo & Iven Real Estate LLC	Andrade & Associates LLC	$180,000.00	599 Sea Street
Skjold Family Trust	Michael K. & Bridie Grehan	$867,500.00	70-72 Ardell Street
Brian P. Kelly	Stephan C. Bruni & Jennifer L. Stand	$650,000.00	66 Unity Street
David J. Chen & Tsai S. Wong	Youcai Chen, Qiuyi Tan, Shuncai Chen & Chunxu Lin	$850,000.00	168-179 Centre Street
Edwina Wong & Jack W. Ngan	Tetiana Kravchuk	$320,000.00	200 Cove Way, Unit 106-II
Neponset Point LLC	Vivek Kasinath & Anupama Kalaivanan	$930,000.00	57 Quincy Shore Drive, Unit PH-E

10 Most Expensive Real Estate Sales In Norfolk County In 2021

Norfolk County Register of Deeds William P. O'Donnell reports that in 2021, 17 properties, all commercial, sold for more than $50,000,000.

Listed below are the top 10 most expensive properties that sold last year in Norfolk County. Three of the top-ten are located in Quincy.

1. 190 Mediterranean Dr., Weymouth, a 418-unit apartment complex known as "Weymouth Commons" sold in November for $151,925,000;

2. 115-129 Dean Avenue, Franklin, a 2- acre parcel slated to be developed into a 250-unit apartment complex, sold in December for $129,125,000;

3. 2 Hancock St., Quincy, a 280-unit, 12 story apartment building known as "Neponset Landing," sold in December for $114,500,000;

4. 180-370 Providence Highway, known as the "Dedham Mall" with 510,000 square feet of retail space, sold in November for $108,154,573;

5. 1 Investors Way, Norwood, a 54-acre property with an office building adjacent to the Moderna property, slated to be developed into a bio-manufacturing facility, sold in April for $105,000,000;

6. 351-353 Maple Street, Bellingham, industrial property presently including two warehouses, one of which is now an Amazon delivery facility, sold in May for $93,350,000;

7. 155 King St., Cohasset, a 226-unit apartment complex built in 2012 and known as the "Preserve at Cohasset" sold in January for $90,250,000;

8. 100 Hilltop Dr., a 22-acre, 300 unit apartment complex built in 2004 and known as the "Preserve in Walpole", sold in November for $$87,600,000;

9. 10 Faxon Ave., Quincy, a 10-story, 200 unit apartment building built in 2006 and known as the "Amelia Apartments," sold in July for $84,000,000; and

10. 625 Thomas Burgin Parkway, Quincy, a 180-unit apartment complex built in 2016 and known as "Mill Creek Residences," sold in February for $61,600,000.

"Despite the pandemic, the Norfolk County commercial real estate market was one of the busiest in years", O'Donnell said. "It appears that the top sales consisted primarily of residential apartment complexes but the development of the three properties in Norwood, Bellingham and Franklin bodes well for the Norfolk County economy in terms of employment and tax revenue. The top ten sales generated over $4.6 million in excise taxes for the state and county. We hope 2022 continues in a positive trend."

To learn more about the Registry of Deeds, like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and Instagram.com/NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information. All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Residents in need of assistance can call the Registry of Deeds Customer Service Center at (781) 461-6101, or email registerodonnell@norfolkdeeds.org.

Avoid Mortgage Loan Modification Scams: Know What To Do

By CONSUMER FINANCIAL PROTECTION BUREAU

WASHINGTON – Millions of homeowners struggled to make their mortgage payments during the COVID-19 pandemic, and it's important for all homeowners to know about mortgage loan modification scams and how to avoid them.

Mortgage loan modification scams are schemes to take your money – often by making a false promise of saving you from foreclosure. These so-called foreclosure or mortgage consultants often use public notices or lists of distressed borrowers purchased from private companies to find their targets. They may offer to "prevent" foreclosures or "rescue" desperate homeowners from foreclosure through advertising, email, phone calls or in person.

Examples of scams related to mortgage modification and foreclosure prevention include, among others:

Foreclosure rescue and refinance fraud. Scam artists offer to act as intermediaries between homeowners and lenders to negotiate repayment plans or loan modifications. They may even "guarantee" to save your home from foreclosure. They tell you to make mortgage payments directly to them so they can forward payments to your lender. Instead, they may pocket your money and leave you in worse shape on your loan.

Fake "government" modification programs. Scam artists create websites that mimic federal websites and use business names like those used by government agencies. They may use "federal," "TARP" or other words, acronyms and abbreviations associated with official government programs. These tactics are designed to fool you into thinking they are approved by, or affiliated with, the federal government.

Leaseback and rent-to-buy schemes. Con artists entice you to transfer your home title to them with promises of new and better financing. They say you can rent your home and eventually buy it back. But, if you do not comply with the terms of the rent-to-buy agreement, you can lose your money and your home. Scammers have no intention of selling your home back to you; they want your home and money.

Scammers may:

- Ask you to pay fees upfront to receive services
- Promise to get you a loan modification
- Ask you to sign over the title to your property
- Ask you to sign papers that you do not understand
- Say you should start making payments to someone other than your servicer or lender
- Tell you to stop making mortgage loan payments altogether

If you believe you have been contacted by a scammer or if you have been the victim of a mortgage scam, report the scam to the Federal Trade Commission, or to your state Attorney General. Stop paying the scammer. You can also seek help from an attorney.

If you can't pay your mortgage or are worried about missing a mortgage payment, you have options. The first thing to do is call your mortgage servicer. Learn the steps to take, relief options, and places to go to get help with your mortgage.

If you need more help, reach out to:

- **HUD-Approved Housing Counselors.** The U.S. Department of Housing and Urban Development

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Quincy Symphony Orchestra Concert March 27 At QHS

The Quincy Symphony Orchestra, now in its 68th season, will present Victor Romanul in a classical concert Sunday, March 27th at 2:30 p.m. at the Quincy High School Lloyd Hill Auditorium, 100 Coddington St., Quincy.

Romanul, a current member of the Boston Symphony Orchestra, will be performing Felix Mendelssohn's Violin Concerto. In addition the QSO will be performing the Academic Festival Overture by Johannes Brahms and the Petite Suite by Samuel Coleridge-Taylor.

This is a return engagement to the QSO for Romanul as he first performed with his brothers in 1971 when he was seven years old.

Ever since he was seven years old, Victor has been interested in the possibilities on the violin.

With a current repertoire of over 100 Concerti, and having given multiple performances of the complete Paganini Caprices, Ysaye Sonatas, or Bach Sonatas and Partitas on one concert, he aspires to new challenges on the violin. Having delved deeply into the obscure great works of the historic virtuoso violinists, he delights in bringing them to the concert stage. With recent performances of the Paganini, Glazunov, Brahms Double, and other concertos, he regularly performs solo repertoire recitals, as well as chamber music. Also, he enjoys helping violinists of all ages through Masterclasses either in person or online.

VICTOR ROMANUL (left) will perform with the Quincy Symphony Orchester in a classical concert Sunday, March 27th at 2:30 p.m. at the Quincy High School Lloyd Hill Auditorium, 100 Coddington St., Quincy. It is a return engagement to the QSO for Romanul as he first performed with his brothers in 1971 when he was seven years old (photo above).

Photos Courtesy Quincy Symphony Orchestra

Born in Boston, his main teachers were Jascha Heifetz, Joseph Silverstein, Ivan Galamian, and Alfred Krips. A current member of the Boston Symphony, Victor has served as Associate Concertmaster of the Pittsburgh Symphony, Concertmaster of the Pittsburgh opera, Eastern Music Festival, and the Peninsula Music Festival. Having given Masterclasses at Columbia, Oberlin, Northwestern, and SUNY Stonybrook, he served for three years as Concertmaster of a National Chamber Orchestra made up of musicians from America's top five orchestras which met in Detroit several times a year which was sponsored by the Ford Motor Company. John Williams wrote Victor and Michael Zaretsky a violin-viola Duo which they premiered at Tanglewood and recorded at Symphony Hall.

Victor wrote an article for Strings Magazine about the story of his career, and Mel Magazine featured him this year in an article about classical music, comparing his performance to Eddie Van Halen. This past year he has been featured by the Boston Symphony performing several major solo works both at Symphony Hall and at Tanglewood. As well, he has started also performing this year on the electric violin in large outdoor venues.

The 2021-22 season promises to be a busy one with Romanul booked for many solo concerto performances and recitals, including rarely heard performances of concerti by Jose White, and Joseph Boulogne whose life is going to be portrayed in a upcoming new film release by Spotlight Pictures.

The QSO is conducted by Yoichi Udagawa.

Quincy High School is ADA accessible and free parking is available. QHS is located a short walk from the Quincy Center MBTA Red Line station.

Admission is free, donation suggested.

In consideration of all, face covering and reasonable social distancing are preferred

Visit QuincySymphonyOrchestra.org for more information.

65 Students On First Term Honor Roll At Quincy Catholic Academy

Sixty five students are listed on the first term honor roll at Quincy Catholic Academy.

They are:

HIGH HONORS

Grade 6: Collins Akukwe, Tayla Jiang, Soha Shiffas and Summer Wu.

Grade 7: Joselyn Felina, Jerome Jiang, Elizabeth Kelly, Julia Kulakowska, Jacob Lin, Laura Tran and Kayla Trinh.

Grade 8: Naol Adugna, Madeline Chiu, Logan Dinh, Cattien Huynh, Danny Huynh, Robert Le, Briana Li, Harper Mergel, Katy Trinh, Connor Whitney, Danny Wilson and Tyler Zhang.

HONORS

Grade 6: Aidan Chan, Jessica Chen, Jake Bautista, Isabella Jimah, Edward Li, Aiden Olivero and William Wu.

Grade 7: Natalie Altayr, Joaquin Barros, Noel Fernandez, Mikayla Gooden, Alexander Lowery, Tyler Olivero and Ellie Smith-Gaeta.

Grade 8: James Augustin, Jayde Awudo, Catherine Belur, James Geraghty, Samantha Levy, Patrick McDermott and Andrea Zhao.

PRINICIPAL'S LIST

Grade 6: Mariely Fernandez, Kyle Ray Gomes, Eileen Harrington, Jenny Kwan, Milo Medeiros, Dylan Tam, Sophia Trinh, Kenny Truong, K'Von Williams and Sophia Zhang.

Grade 7: Sheldon Catin, Nicholas Dupuis, Jasmine Harewood, Fiona Poschman and Guliana Wilkinson.

Grade 8: Eleanor Bergin, Liam Ford, Buuson Hang, Isabel Keyworth, Isaac Paul and Chloe Vo.

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Avoid Mortgage Loan Modification Scams: Know What To Do

Cont'd From Page 12

(HUD)-approved housing counselors can discuss options with you if you're having trouble paying your mortgage loan or reverse mortgage loan. This may also include forbearance or a modified payment program.

• **Attorneys.** If you think you may have been a victim of a mortgage loan modification scam, you may also want to consult an attorney. There may be resources to assist you through your local bar association, legal aid, or if you are a servicemember, your local Legal Assistance Office.

• **State Attorney General**. You can contact your state attorney general's office for more information about state protections as well as file a complaint.

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Public Access Channel 8	Government Access Channel 9
Thursday, March 17 6:00pm: Bethany Congregational Church 8:00pm: High School Basketball	**Thursday, March 17** 7:00pm: State View: Senator John Keenan 4:00pm: Board of License Commissioners 3/8 4:30pm: Zoning Board of Appeals 3/8
Friday, March 18 11:30am: LIVE: Currently in Quincy 7:00pm: AM Quincy: State Rep. Tackey Chan	**Friday, March 18** 6:00pm: TCPL: Woodward Art Exhibit 7:00pm: In the Know: Senior Tax Credit
Saturday, March 19 11:00am: Alive & Kickin' 12:00pm: Coffee Break Chats	**Saturday/Sunday, March 19/20** 9:00am: In the Know: Norfolk County Sheriff 9:30am: State View: Senator John Keenan 10:00am: Legislative Update w/Rep. Bruce Ayers 12:00pm: MA House of Representatives
Sunday, March 20 11:30am: Good News 1:00pm: The Call	
Monday, March 21 11:30am: LIVE: Currently in Quincy 7:00pm: CIQ Interview: Quincy College	**Monday, March 21** 7:00pm: State View: Senator John Keenan 7:30pm: Legislative Update w/Rep. Bruce Ayers 6:30pm: LIVE: City Council
Tuesday, March 22 7-9am: LIVE: AM Quincy w/Joe Catalano 7:00pm: AM Quincy: Mayor Thomas Koch	**Tuesday, March 22** 4:00pm: LIVE: Board of License Commissioners 5:30pm: LIVE: Zoning Board of Appeals
Wednesday, March 23 6:00pm: Good News 7:00pm: The Call	**Wednesday, March 23** 11:00am: TCPL Presents: Aging Strong 7:00pm: City Council 3/21

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

Rapid Oil Loss, Draining Car Battery, Serpentine Belt

Ask John Paul: AAA New England's Car Doctor Senior Manager, Public Affairs and Traffic Safety

Do you have a car question?
Every question gets a personal reply.
Email John jpaul@aaanortheast.com

I have a 2013 Fiat and I live on top of a steep mountain. Since I moved up there in November, I smell a burning smell when I get out of the car. I don't smell it when I drive to other places. I try to drive very slowly up the mountain and there is less burning smell. The car gauge never shows that it overheats. I had the car checked out and they couldn't find anything wrong. Do you have any suggestions on how to take care of my car, so the transmission doesn't burn out?

There are two common areas that cause a burning smell, brakes and fluid leaks. I would start with an inspection of the brakes looking for uneven wear that could indicate a sticking brake caliper. The second possibility is oil leaking on the hot exhaust. Have a technician add dye to the various fluids, drive up and down your mountain road and then return to the repair shop for an inspection. The dye will help pinpoint any leaks.

I have a 2018 Hyundai Elantra GT that I purchased new. After an oil change at the dealership the drain plug dislodged and the motor was destroyed at 12,500 miles. The dealership replaced it. At 124,000 miles it started making the same noise and I immediately turned it off. The oil light never came on, and there was oil on the bottom of both doors. The replacement engine is now blown. I had the oil changed just over 4,000 miles prior, and I checked the oil myself a week prior. It's not under warranty and too costly to repair. The dealership told me that some cars just use more oil than others and can't tell me how this happened or how oil got on the doors. Aside from a missing drain plug, what else could cause such a rapid loss of oil?

The oil sender unit could cause a very rapid oil leak and could have been the cause of the failure, although typically the oil light will illuminate. The other common issue is a bearing failure and a possible cracked engine block. I would contact the corporate offices of Hyundai and ask about warranty coverage. Many Hyundai models due to a class action lawsuit are covered by a limited lifetime warranty. The one caveat is that the car received regular maintenance. The last possibility is taking Hyundai to court under implied warranty of merchantability (lawyers weigh in). This warranty makes the assumption that a good or product works for its intended purpose. At four years old and 124,000 miles with proper maintenance your car should have much more life left in it.

My 2011 Lexus Hybrid has been draining the car battery over a six-to-eight-hour period. The dealer cannot find or fix this problem. The car runs well and has 170,000 miles on it, and I believe has life left in it. Any suggestions?

For the battery to become completely discharged in eight hours there is a significant electrical draw. At this point, the dealer or other repair shop needs to do a test of parasitic draw. Using the correct tools, the technician will be able to monitor the electrical system and measure the electrical current use. Typical/normal parasitic drain is 50-80 milli-amperes. Some possible circuits that are not shutting down are the fuel pump (4-8 amps), seat heaters (3 amps), cooling fan (5-7 amps) and even the brake lights or a faulty alternator.

For the first time in decades we now have cars with automatic transmissions. We have a very good mechanic, but he is wary of replacing the automatic transmission fluid and filter. His thoughts are the process can dislodge crud and cause problems. Right now, the fluid in both cars is at a steady level and the right color. Any opinion?

If the fluid is full and the color looks good and the fluid has no odd odor I would not change it, unless there is a maintenance requirement in the vehicle owner's manual. I would vary from this recommendation if you are towing a trailer, using your car for delivery, Uber/Lyft or if it were stuck in the snow and you over-revved the transmission. These situations can be hard on the transmission.

I have a 1993 Nissan; it is a good car despite its age. However, as the battery aged, putting on the heater, and defroster may kill the battery. What help can you give me to help the battery to maintain the heating load, and not die?

In this case the battery may not be the entire problem. Any car, even as it ages should be able to run using the heater and defroster without any battery issues. I would start with a test of the battery and then look at the alternator output; the minimum output at 2500 RPM engine speed is 60 amperes. Prior to testing the alternator look at the drive belt, if the belt is slipping the alternator won't be able to maintain the battery.

I'd like your opinion on two vehicles I'm considering. One is the Kia Niro EX Premium, and the other is the Subaru Crosstrek Sport or Limited. I was pretty much settled on the Crosstrek, but the gas mileage on the Niro has me considering it. I've never had a Kia, so I'm concerned about reliability. Any thoughts?

The Subaru has an advantage, if all-wheel drive is an important feature, it may be worth any trade off in miles per gallon over the Kia. Regarding Kia quality, over the past couple of years, there has been some engine issues with selected models, but overall reliability has been quite good. If the Kia Niro fits your needs and you like it, I would not hesitate to buy one.

I have a 2014 Honda CRV with 52,000 miles. When I am accelerating normally from 25 mph to around 40 mph, sometimes I feel the engine is bogging down and has this shuddering/vibration. Is this a known issue and what can I do to fix it?

If the engine is running properly, I would be looking at a possible transmission issue. Honda did issue a technical service bulletin with a computer update and transmission fluid replacement. In some cases, the transmission may need to be replaced. Since you are out of warranty, I would try changing the transmission fluid (use only Honda fluid), in many cases this cures this symptom.

We are the original owners of a 1995 Chevy Suburban 1500. We have done all maintenance on the truck except, we have never replaced the timing chain or water pump. Do I need to replace these items, or can I just wait? I don't want to do any damage to the motor, it only has 101,000 miles on it.

If the vehicle has been properly maintained the timing chain should last the life of the engine. Regarding the water pump, at this age a replacement could be considered preventative maintenance. If you decide not to replace the water-pump, periodically check it for leaks and wear at the shaft bearing. If there are no leaks and no movement in the water pump shaft it could last for many more miles.

My Toyota Corolla has 90,000 miles on it. When should serpentine belt be replaced? Recently I had a front and rear brake work done and the shop recommended belt and brake fluid replacement. Can you give me an estimate on how much it would cost?

There was a time when fan belts (drive belts) were replaced every three years or 36,000 miles. Over time with improvements in belt design we are now seeing the typical life of a serpentine drive belt 10 years or 100,000 miles on average. Regarding brake fluid replacement, AAA engineering studies have shown that it is beneficial to replace brake fluid every three years. The typical cost is $80-$130 depending on labor rates.

JOHN PAUL
AAA's Car Doctor

I own a Honda HRV, 2020. The car is only a year and half old and I had to call AAA yesterday due to a dead battery. The car has about 4,500 miles on it and I did not leave anything on. It was below freezing yesterday but shouldn't a battery work even in cold weather when the car isn't that old?

The average life of a battery in the northeast is just about five years and I would expect the battery in your 2020 Honda to start the car in any weather. The issue may be how little you drive the car. If you are driving short distances, the battery may not be fully recharging after each trip. Driving the same multiple short trips over time can lead to a discharged battery. At this point the best thing to do is have the battery fully recharged and then tested. To keep the battery fully charged drive the car at least 30 minutes once per week.

I have a 2007 Cadillac SRX. About a year ago the key would not go into the lock position where it could be removed. I had to disconnect the battery when I parked the car, or the battery would eventually be drained. I brought the car to a local repair shop to have it repaired and paid about $300 to $400. It worked some of the time and over the summer it worked about 3-4 months with no problem. It is doing it again and the key won't come out of the ignition switch. I originally thought it was a linkage adjustment issue. The shop said it's an electrical issue and they could only do so much. Any ideas would be helpful, so I don't have to spend money for guess work.

This is not going to be simple; the vehicle should be checked for computer codes first. If codes are found a very specific procedure needs to be followed to troubleshoot the issue. The issue may be caused by an ignition power feed to the car's computer. Voltages need to be checked in several circuits. Intermittent issues may be caused by a faulty relay or even a faulty computer.

I recently inherited a 2010 Chevy Malibu with 6,000 original miles on it. The car is essentially all original with the exception of the battery. The tires look brand new but based on what you have said in the past, I'm guessing I should replace them. What else should I do?

Replacing 12-year-old tires makes sense for both safety and ride quality. I would also check all the vital fluids and change as needed. If it were my car I would change the brake fluid, coolant, thermostat, drive belts. Also, I would check the brakes and lubricate the caliper slides. It is not usual to perform repairs to very low mileage cars, as the other service is being performed have the technician give the car a thorough inspection to see if there is any else that needs attention.

I'm in the market for a small SUV. I have friends with an Audi Q5 and BMW X3. I have driven them both and they just are not for me. I recently read about the Cadillac XT4. Have you driven this SUV and what did you think?

The Cadillac XT4 is a very nice small luxury SUV but not quite perfect. Although beauty is in the eye of the beholder, I thought Cadillac absolutely nailed the styling. The interior is well designed, quite roomy for a small vehicle with comfortable seats and good controls. Cadillac did a great job of having the "right" number of buttons combined with a very intuitive touch screen. The engine has plenty of pep, but does get a bit noisy when pushed hard. The ride was comfortable but just a bit jittery over uneven roads. Overall, the Cadillac SUV is a competent, comfortable compact luxury SUV.

I have a 2020 Nissan Frontier light truck that recently failed state inspection due to the emergency brake. Fortunately (or unfortunately) another shop passed it. I brought it to the dealer, and they said it would take

Cont'd On Page 15

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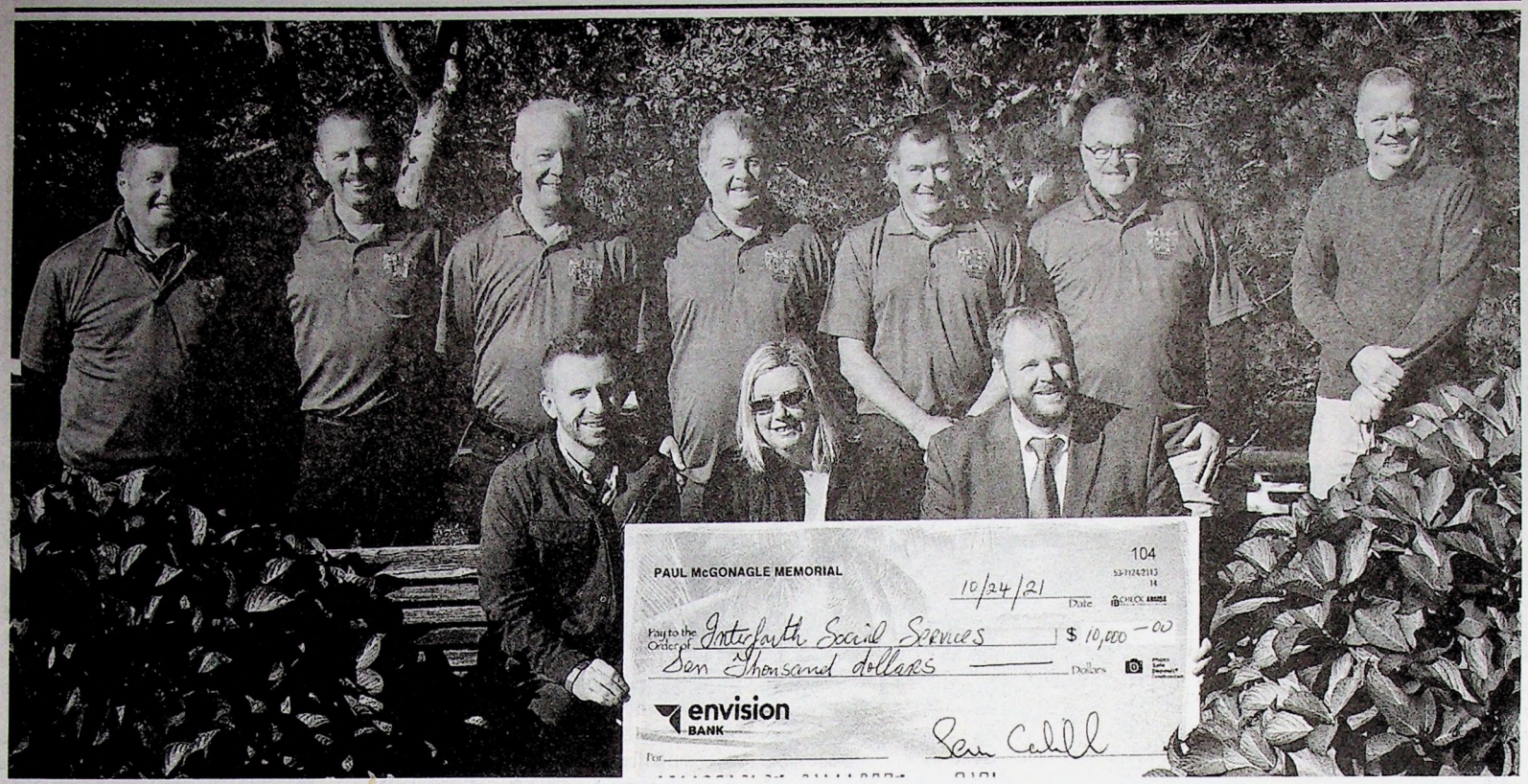

PAUL MCGONAGLE MEMORIAL Golf Tournament committee members presented Interfaith Social Services' Executive Director Rick Doane with a $10,000 check from the event. Front row, left to right: Ryan McGonagle, June McGonagle, and Interfaith's Rick Doane. Back row, left to right: Seamus Moore, Sean Cahill, Tom Nutley, John Duddy, Pat O'Donovan, Noel Bowler, and Dana Smith of Presidents Golf Course. Committee members not pictured: Ian Murphy, Kathleen McSherry. *Courtesy Photo*

Paul McGonagle Memorial Golf Tourney Benefits Interfaith Social Services

Paul McGonagle, a talented amateur golfer who won the Presidents Golf Club Championship twice, passed away from cancer on June 12, 2020.

On July 30, 2021, friends and family gathered for a golf tournament held in Paul's honor. The event raised $10,000 for Interfaith Social Services, a multi-service agency providing South Shore residents with emergency food, mental health counseling and homelessness prevention services.

The McGonagles were consistent volunteers at Quincy's Sanger Center (which has since closed its doors), and organizers wanted the memorial tournament to support a good cause – something they knew Paul would have wanted. Paul's family and the extended McGonagle family would like to thank everyone wholeheartedly for their involvement in this wonderful memorial tribute to Paul.

The organizing team would like to thank Dana and staff at Presidents Golf Course, staff and management at the Irish Pub in Quincy for hosting, all the sponsors, people who supported the event and all the members of the golf tournament committee: Ian Murphy, Kathleen McSherry, Tom Nutley, Olive Nutley, Sean Cahill, Pat O'Donovan, Noel Bowler, Dermot Lyne, Seamus Moore, Brenco Construction, John Duddy, Chris Holmes and Gareth Whitney.

The family can only imagine how much work and time was involved in organizing the tournament. Paul would be humbled to have such a great event held in his name. They'd like to pay special attention to the family of Bob Meehan; a great friend of Paul's. The family would also like to express gratitude to two of Paul's friends – Tom Nutley and Sean Cahill. Both were unbelievably supportive while the family managed Paul's business in the past year, a kindness they will never forget.

QATV Hosts The Irish Whip Wrestling Podcast

Quincy Access Television (QATV) announces that JP Griffin, Big Joe and Josh Yeti Richards are now producing the "Irish Whip" at QATV's studios on Tuesday nights.

The Irish Whip is a wrestling podcast that interviews rising stars, yesterday's legends and tomorrow's heroes of pro-wrestling, comedy and metal. The podcast began in October 2004 when the trio entered a contest hoping to win the next big Internet radio show. All being of Irish descent the name was easy to come up with, but they lost contest! The contest host liked what he heard and offered to host and produce their show and the rest is history.

When asked what sets their wrestling podcast apart from the others, JP Griffin said, "there is no script and we do not talk strictly pro wrestling, with most wrestling podcasts it's all wrestling. We have had many guests over the years, in and out of the wrestling business, like comedian Ralphie May, the world champion Judah Friedlander and Joey Coco Diaz, pro wrestlers like August Grey, Eddie Edwards, Devon Dudley and the current WWE U.S. Champion Finn Balor."

The Irish Whip is one of the longest running wrestling podcasts and they're quite happy to have "teamed up with QATV!" This call-in show is broadcast live from the QATV studios on Tuesday nights at 6:30 p.m., as well as on the Irish Whip Facebook and YouTube page. The show can also be downloaded from your favorite podcast source.

Quincy Access Television is located at 88 Washington St. For more information on your local public access channels, visit us at qatv.org or if you have any questions or would like to become a member, call 617-376-1440.

Ask John Paul: AAA New England's Car Doctor

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three days to fix but due to parts shortages and technician illnesses it hasn't been fixed yet. The only observation I can tell is it feels like a wave when it stops. I don't know if there is a recall. All I know is I hauled some gravel through back roads once and it felt funny ever since - maybe the load was too heavy? Is it safe to drive? It may be a few more weeks before they schedule my repair.

The issue based on you description is most likely the rear brakes are slightly distorted due to driving with the heavy load. When the shop is repairing the parking brake, explain the wave/vibration feel when braking. The shop then can check the rotors for out of round and resurface or replace them as necessary.

We were given a 2005 Chevrolet Colorado. It runs for a while then quits. We have had it in the shop no luck. They had it for 4 months. It has been at a friend's house (good mechanic) for 10 months. He has gotten it running but then is shuts down. He feels that it is the brain. The reason he feels that way is the brain is telling the security system the car is being stolen. He has done investigating on the situation and found that that year has had a lot of problems. Previous owner said that it has been doing that when they had it. Maybe you can help on this strange problem.

Certainly, the GM anti-theft system has been a problem on these vehicles as they age. Although typically the ignition switch doesn't recognize the key and the vehicle will not start. In this case, I would start at the beginning. For any engine to run it needs fuel, spark, engine compression and all three of these events need to happen at the correct time. When the engine dies, what is missing? If it is fuel, test the fuel pump circuit; if there is no spark, then look at this area. The idea that the ECM (computer) is faulty is possible, but my experience has been that many vehicle's computers are replaced due to frustration rather than an actual failure of the part.

We recently purchased a 2021 Mazda Miata. When we purchased the car, we also bought snow tires from the dealership. Now that we have put on the snow tires the low air pressure light remains on (even though the air pressure is fine). The dealer is telling us that there is a manufacturing defect in the sensor such that the light will always be on and there is nothing they can do about it.

The Miata uses direct style radio transmitters in each wheel that communicate the tire pressure to the vehicle's computer. If the snow tires were installed on the factory wheels, there should not be an issue. If the snow tires were installed on an extra set of wheels, the sensors would need to be programmed. One possibility if you use a portable GPS or EZ Pass and it is mounted near the center of the dash, it could be blocking the TPMS signal to the TPMS receiver antenna.

I have a 2003 Chevy Impala with 90,00 miles on it. I was in a situation that caused me to idle along for two hours in 90-degree heat, which I'm afraid hurt my car's engine. When I shut the engine off for 15 minutes it was difficult to restart, and I knew it was hot. Driving back home at highway speeds it was bucking and kicking, nearly cutting off at a stoplight during my exit. I took it to a local mechanic who changed out the thermostat, flushed the system, checked the head gasket, checked the fans, put on the diagnostics, and the usual things. After a month he still couldn't figure out why it was still overheating and suggested I needed a new computer. I took it home and decided to do a search for little known causes of overheating. The only thing I came up with was a sensor that communicated the status of the heat at the engine block to the computer. Any thoughts?

Idling for long periods of time is not a problem to a properly running vehicle. As an example, police vehicles idle for hours at the roadside. If the engine cooling fans are running as the engine gets hot, the coolant sensor and computer are functioning correctly. I would go back to the idea that a cylinder head-gasket has failed. You can check the head-gasket with a cylinder block-check kit (about $35) or find a repair shop with a exhaust gas analyzer. The gas analyzer and the block check kit do the same thing: they look for combustion gases in the cooling system The other common over-heat issue with this vehicle is the water pump impeller fails and doesn't circulate sufficient coolant.

Event	First	Last	Performance	Place	Contestants	Notes
Championship Boys Sprint Medley	Matt Wong John Alessandro	Oisin Coogan-Coyne Hatim Boukhtam	3:37:09	14th	36	PR
Rising Stars Girls 800m	Salma	Boukhtam	2:23:32	26	37	
Championship Boys 800m	Hatim	Boukhtam	1:55:51	22	51	

QNQ Athletes Compete In New Balance National Indoor Track Meet

QUINCY-NORTH QUINCY boys indoor relay team competed in the New Balance nationals meet held in New York City. From left to right: Matt Wong, Oisin Coogan-Coyne, John Alessandro and Hatim Boukhtam. The team placed 14th out of 36 contestants and ran a personal best 3:37:09. Hatim Boukhtam also competed in the 800m and finished with a time of 1:55 for 22nd place out of 51 competitors. His sister - Salma Boukhtam (top) competed in the rising stars girls 800m and clocked a time of 2:23:32 for 26th place out of 37 competitors.

Courtesy Photos

Quincy Point Congregational Church Collection Benefits Ukraine Refugees

In-person and live-streamed worship begins Sunday at 10 a.m. at Quincy Point Congregational Church, 444 Washington St., Quincy.

The church will also celebrate the third Sunday of Lent March 20. The Lenten theme this year is inspired by a devotional of the same title, "Good Enough- 40 ish devotionals for a life of imperfection" by Kate Bowler and Jessica Richie. This Sunday the church will reflect on thoughts about an imperfect life and faith "Lots of things can be medicine."

Visit the church monthly "To The Point newsletter" at: https://www.quincypointcong.org/church-life-1 to find out more about what is happening this Lent at QPCC.

It is the third Sunday of the month and the monthly non-perishable food collection for food pantry at Interfaith Social Services. Collection boxes are located that the entrances to the church.

Feeling like you would like to help the people of Ukraine?

Quincy Point Congregational Church is inviting everyone to participate in a weekly (or one-time) offering to aid the people in Ukraine and the refugees of Ukraine who are fleeing to Poland. The offering, which can be made by check or online giving will continue until Easter Sunday. QPCC is working with The Rev. Dr. Kazimierz Bem of the First Church of Marlborough, who is working directly with the Diakonia of the Evangelical Lutheran Church in Poland (www.diakonia.org.pl), which is helping the over 400,000 (and growing) refugees who have fled to Poland (mainly women and children), and with the Diakonia of the German Lutheran Church in Ukraine, centered in Kharkiv, Ukraine. Help is given by Diakonia to people regardless of their religion or lack thereof.

QPCC will be collecting donations through online giving and by donations offered during Sunday worship.

Checks can be made payable to Quincy Point Congregational Church and mailed to 444 Washington St. with the memo: Ukraine Relief or visit our website for a secure donation: https://www.quincypointcong.org/donate.

Mixed-Use Building Proposed On Beale Street

Cont'd From Page 11

the rear of the lot before it recedes.

To address flooding, the applicant has proposed installing a series of concrete chambers under the parking garage to store an equivalent amount of stormwater; following a storm, water in the chambers can be pumped into the city's drain system.

"These chambers we have provided provide the same amount of detention and stormwater storage that's provided here in existing conditions," Skulte said. "It will provide at least the same amount of stormwater storage that's provided under existing conditions."

Overall, the building will be able to detain more water than the site currently can hold, Skulte said, because the garage has been designed so that it can temporarily flood during storm events.

"[It] is very similar to how a building would be designed if it were actually in a FEMA-regulated flood plain," he said. "We've taken the approach of viewing it from those regulatory standpoints, even though it's not technically in a FEMA-regulated flood plain."

In addition to the steps to mitigate stormwater runoff, Skulte said the applicant will also help fund the repair of the existing water main under Chapman Street and would review the existing sewer system to confirm its structural integrity. The applicant is also committed to working with the city if repairs are needed to bring sidewalk ramps into compliance with the Americans with Disabilities Act, Skulte said.

During the public hearing portion of the meeting on March 9, Councillor Nina Liang said she has been working with the applicant and Planning Department to address concerns residents previously raised, particularly flooding and parking in the area.

"Some of the other concerns that were brought up will have to be addressed in front of the City Council. We are taking a look at the Wollaston redevelopment plan," Liang said. "Some of those items are the width of the sidewalks, making it more pedestrian friendly and more of a walkable area, adding the addition of bike lanes, having more open space for the entire neighborhood, and of course integrating green infrastructure.

"Those concerns were brought up in conversations around this project, but they will be primarily addressed through the City Council conversations with the Wollaston redevelopment plan."

Liang also said the applicant went above and beyond by translating notices sent out to the area's Asian-American residents.

"They've gone above and beyond, and I wanted to point that out because I do appreciate their efforts to very openly engage the public in this process," she said.

Laura Russo, a Weston Avenue resident, said she was "all in favor for the project" but thought 80 units was too many for the neighborhood.

"The side streets are so small," she said. "I just think it's a bit large for the area."

In a letter to the board, Berlin Street resident James Flaherty said he supported the project. Flaherty said he has witnessed the deterioration of the Wollaston business district and it is now time for improvements in the area following the opening of the renovated MBTA station.

"I believe now would be the appropriate time to focus on the revitalization of the Wollaston/Beale Street district," Flaherty said in his letter, which was read aloud during the meeting. "I believe the completion of a project such as this could serve as the anchor project for the future revitalization of Wollaston/Beale Street."

Gas Prices Climb Another 19 Cents To $4.35

Massachusetts's average gas price is up 19 cents from last week ($4.16), averaging $4.35 per gallon, according to AAA.

Monday's price is 86 cents higher than a month ago ($3.49), and $1.60 higher than March 14, 2021 ($2.75). Massachusetts's average gas price 3 cents higher than the national average.

After cresting above $123 per barrel shortly after Russia's invasion of Ukraine, the price of crude oil has gradually fallen below $110. If this trend holds, it may remove some of the extreme upward price pressure consumers have found at the pump, but not all.

"It bears reminding that the cost of oil accounts for about 50% of what drivers pay at the pump," says Mary Maguire, director of Public/Government Affairs. "This war is roiling an already tight global oil market and making it hard to determine if we are near a peak for pump prices, or if they keep grinding higher. It all depends on the direction of oil prices."

AAA Northeast's March 14 survey of fuel prices found the current national average to be 26 cents higher than last week ($4.06), averaging $4.32 a gallon. Monday's national average price is 84 cents higher a month ago ($3.48), and $1.47 higher than this day last year ($2.85).

Quincycles March Bike Rides

Quincycles is once again leading bicycle rides through and around Quincy and invites the public to join them.

A weekly ride occurs on Monday evening at 6 p.m. starting from the Hancock Adams Common outside Quincy City Hall. The route for these rides will alternate between exploring Quincy's neighborhoods one week and climbing Quincy hills the next. Lights are required (a limited number are available for those who need them) and reflective gear is recommended for these evening rides.

In celebration of spring, Quincycles is leading a convoy of bicyclists from Hancock Adams Common to join a Neponset Greenway Council guided tour of the Neponset Greenway on Saturday, March 26. The tour will be a 16-mile round trip from Tenean Beach to Paul's Bridge in Hyde Park, with an extra 10 miles of riding for those joining the convoy to and from Quincy.

Participants wishing to ride with Quincycles to Tenean Beach should gather prior to the 9:30 a.m. start at Hancock Adams Common outside Quincy City Hall. Participants who prefer to join the group at Tenean Beach should arrive there prior to the 10 a.m. start.

Quincycles is a group of Quincy residents advocating for bicycle infrastructure on our city streets and promoting responsible bicycling as a means of transportation, recreation, and exercise in Quincy. More information about the group and these events can be found on their website at www.Quincycles.org or by email quincycles@gmail.com.

LBC Unveils Next Quincy Center Development

Cont'd From Page 2

planned to hire local workers to construct the new building.

"The people of Quincy, they also want to work in Quincy, not just live here," Kelly said. "Will they be committing to hiring local contractors for this project to help develop this project so local people that live here can work on the project?"

Mahoney, the applicant's attorney, said LBC hired local labor for the previous project at 1500 Hancock St. Kvacheva said her company would hire a reputable contractor for the new project.

"We haven't chosen anyone yet because…we're not that far along with the plans, but it will be definitely somebody who is reputable who worked previously in the Quincy area and is highly sought after by the planning department and the building department," she said.

Kelly thanked Kvacheva for her answer and said, "the building looks nice" and "would tie in nicely with the rest of that area."

Board member Larry Liuzzo shared a similar sentiment.

"The project looks great," he said. "I think the concept is beautiful quite frankly and I look forward to ongoing discussions."

Liuzzo questioned the placement of the loading zone and whether it should be moved closer to Hancock Street, saying the proposed location near the city-owned garage is a heavily pedestrian area. Mahoney said the loading area had been a subject of discussion with the planning department over the past year and the proposed location was chosen because it was the most efficient site.

Two residents spoke during the public hearing portion of the March 9 meeting.

Mary Jo Baryza, a Quincy Center resident, said she supported the proposed new building.

"I think it looks wonderful, I think it is what this part of Hancock Street needs and I commend the people," she said. "I think it is a beautiful project."

LBC BOSTON'S proposed building would be located at the corner of Hancock Street and Revere Road and features a design that is meant to "celebrate the intersection and mark this gateway," the project's architect told the Planning Board March 9. The applicant will go before the board again on May 11. *Rendering Courtesy LBC Boston*

John Rodophele, a Grenwold Road resident, asked several questions about the project, including whether it would have to comply with the city's affordable housing requirements. Rob Stevens, the city's deputy planning director, said the development would have to comply with those requirements and noted the Affordable Housing Trust Committee, not the Planning Board, is responsible for that aspect of the project.

First Baptist Church Of Wollaston

First Baptist Church of Wollaston, located at 81 Prospect Ave., Quincy, is open for everyone. For those who have not fully vaccinated, please continue to wear mask and safe distance. However, on-line worship will continue.

The online dial-in/Zoom weekly meeting schedule are the following: (visit the church website: http://firstbaptistchurchofwollaston.org/)

- Sunday 9:30 a.m. Vietnamese Worship Service at Fellowship Hall: Pastor Duc
- Sunday 10:30 a.m. English Worship Service – Interim Pastor: Rev Bill Swilling
- Friday 11 a.m. Prayer Group Meeting

For other inquiries call 617-472-0824 and ask for Lewann Mina, the church administrator.

Full Moon Flow w/Christine

Fundraiser For Ukraine

The funds will be donated to The International Rescue Committee

Moon Meditation & Sound Bath

Symphonic Gong & Crystal Singing Bowls

Thursday Evening

March 17th

Healing Tree Yoga

218 Sea Street

7-8:30 pm ~ $30

Ukraine

QUINCY VOTES!

Logo Design Contest

Quincy Votes! is a non-partisan volunteer group working to inform and empower all community members in Quincy to engage in local issues and to substantially increase voter turnout in city elections.

High school and college students in or from Quincy are invited to design a logo for our new group. The top three designs will win cash prizes and receive a newspaper subscription donated by The Quincy Sun. The winning design will become our new logo!

3RD PLACE – $50
2ND PLACE – $100
1ST PLACE GRAND PRIZE – $250

Contest: The community, including "Quincy Votes!" members, will vote on the designs, taking into consideration how well the entries represent our goal of encouraging civic engagement in the city of Quincy. Entries must be original and, if chosen as our logo, must not be used for any other purpose (that is, the designer agrees to turn over the copyright to Quincy Votes!).

Specs:
300 dpi in .jpg format
6x6 inches in size
CMYK for settings
In addition to any color versions, please include a black and white version on a transparent background

PLEASE SUBMIT ENTRIES BY APRIL 15
QUINCYVOTES@GMAIL.COM

From Seed To Bouquet - Grow Your Own Flowers For Cutting

By MELINDA MYERS

You don't need a lot of space or a big budget to grow and enjoy garden-fresh bouquets. Just fill a few vacant spaces, add an extra row in garden beds or fill a container with easy care flowers started from seeds.

You'll jump-start the season and enjoy earlier blooms by starting some of the seeds indoors to transfer into the garden after the danger of frost has passed. If you're not in a hurry, want to stretch your budget and extend your garden's bloom time, sow some seeds directly in the garden. Just follow the directions on the seed packet.

Annual flowers like these are known for season long bloom and a long vase life. You'll need to plant annuals each year, but you may decide the continuous bloom is well worth the effort. Supplementing them with perennial flowers and bulbs means you need to plant fewer annuals each year for a season filled with colorful garden-fresh bouquets.

Here are a few easy-care annual flowers that you can start from seed indoors or directly in the garden. These beauties will brighten those sunny spots in the landscape and bouquets in your home.

Start zinnia seeds indoors four weeks before the last spring frost or sow them directly in the garden. Either way, you'll have flowers about eight weeks after planting the seeds. Grow taller varieties like Benary's Giant for long stems, Queeny Lime Orange or Zowie! Yellow Flame for eye-catching color or Profusion and Zahara for small daisy-like flowers on compact mildew resistant plants in your low maintenance cut flower garden.

Like zinnias, cosmos make a great cut flower and both are heat and drought tolerant in the garden. Start cosmos seeds indoors four to six weeks before the last spring frost or directly in the garden. The fine foliage adds texture to the garden and the white, pink, lavender blooms light up the mid-summer through fall garden. Plant tall varieties en mass to eliminate the need for staking. Or grow shorter varieties like Sonata and Cosmic. Once you plant cosmos in the garden, you may be rewarded with volunteer seedlings in subsequent years.

Marigolds have long been favorites in the garden, but they also make great cut flowers. Like zinnias, you can start them indoors or directly in the garden and have flowers in about eight weeks. Include a variety of single, double, large and small flowers to create a marigold only arrangement or mix with other flowers. The Gem series of marigolds have lacy leaves with a citrusy scent and small single flowers all summer long. Not only are these 12" tall plants great in arrangements, but the flowers are also edible and attract beneficial insects to your garden.

Include calendula, another edible flower, in your garden and arrangements. Plant seeds directly in the garden in fall through spring when growing in the Deep South, Gulf and Pacific Coast areas. Those in other regions can plant seeds directly in the garden after the danger of heavy frost has passed. Also known as pot marigolds, these plants thrive in cooler temperatures. If plants fade as temperatures rise, cut them back, continue to water as needed and watch for new flowers when the weather cools. These will reseed readily so watch for welcome seedlings the following year.

Sunflowers make dramatic statements in the garden and in the flower vase. The 2022 All-America Selections winner, Concert Bell grows 10 to 12 flowers on each stem. You'll have a ready-made bouquet with each stem removed. Suncredible® Yellow sunflower produces four-inch flowers on two to three feet tall plants. The plants continue to bloom throughout the season even if you don't remove the faded flowers.

Keep the flowers coming to enjoy in the garden and arrangements with regular picking. The more you pick, the more flowers you'll have. Share extras with friends, neighbors, or senior centers. Studies at Rutgers University found cut flowers immediately increased happiness and had a long-term positive impact on the recipient's mood.

Melinda Myers has written more than 20 gardening books, including The Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine. Her web site is www.melindamyers.com.

ZOWIE! YELLOW FLAME is a semi-tall zinnia with a unique bicolor pattern of blooms with scarlet-rose center and yellow petal edges. *Photo Courtesy All-America Selections*

Virtual Public Hearing For MBTA Fare Media Changes March 22

The MBTA will host a virtual public hearing on Tuesday, March 22 at 6 p.m. to collect public feedback on proposed fare policy changes to support Fare Transformation.

These proposed changes include:

• **Ending "Passback"**: Currently allowed through the legacy fare system, the sameCharlieCard or CharlieTicket loaded with fare value can be used to allow multiple riders through a fare gate. The MBTA refers to this practice as a "passback." In order to have "proof of payment," introduce mobile and contactless payments, and integrate the Commuter Rail without creating pricing errors, "passbacks" will be discontinued.

• **Fare Media per Rider**: Customers aged 12 and older will need to have their own fare media to ensure riders do not experience unexpected duplicate charges at fare gates and on fare readers as well as for riders to be able to provide proof of payment.

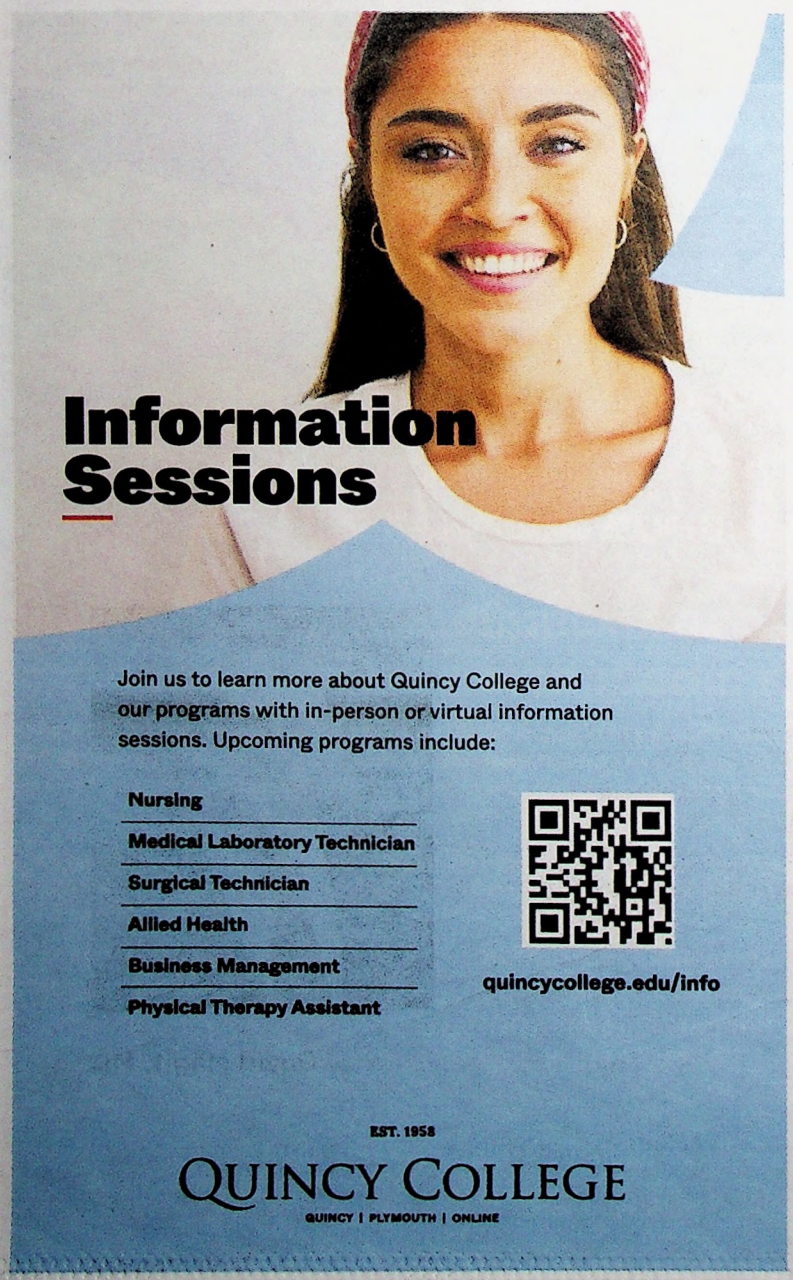
• **$3 Fare Media Fee and Free Card Distribution**: There will be a $3 card cost for most new fare media issued by the MBTA. The MBTA recognizes that the cost for fare media may be a burden for some riders and is currently developing a plan to distribute free Charlie Cards to minority and low-income communities through partner organizations. Cards will continue to be free to Reduced Fare Riders and for all riders purchasing a 1-Day Link Pass on a new Charlie Card.

• **"One More Trip" Protection on Charlie Cards**: The upcoming fare media will allow riders to board with low/zero balance to improve convenience and avoid leaving riders stranded.

The MBTA welcomes public comment on these proposals. During the hearing, attendees will have the opportunity to ask questions and provide input.

The hearing will be held via Zoom. Members of the public can register for the hearing online. The hearing will be recorded and posted online for those who cannot attend.

For specific details to access this virtual hearing and/or to submit direct comments regarding these proposed updates and changes, email publicengagement@mbta.com. The public may submit comments through Thursday, March 31.



Bethany Congregational

On Sunday March 20, Bethany Congregational Church will have Sunday service at 9:30 a.m.

Rev. Patrick McCorkle will preach, and music will be provided by Paul Frazer as soloist. There will be no church school on that day.

If you would prefer to stay at home, the on-line service is available. Check the church website for instructions on how to watch.

For all events at Bethany Church, masks and sanitizer are available. The church is resuming coffee hour after the service in the Allen Parlor.

Bethany Congregational Church is located at 18 Spear St., Quincy. Church website is: bethanycongchurch.org. Email address is: bethanycongchurch@yahoo.com. The telephone number is: 617-479-7300.

Broad Horizons Preschool is open and accepting students both full and part-time. To inquire and/or fill out an application, go to the website at Broadhorizonsbethany.com or call 617-471-0022.

NQ Girls' Hoop Bows To #1 Norwood In Elite 8

Raiders Finish Remarkable Season 24-1

By TOM JOYCE

In a battle of undefeateds, someone was bound to leave disappointed.

In this case, it was the North Quincy High girls' basketball team.

The Raiders faced a tough opponent on the road in the Elite Eight round of the MIAA Division 2 girls' basketball statewide tournament last Saturday afternoon. The Raiders went up against the Norwood Mustangs who, like the Raiders, were undefeated going into the contest.

Norwood contained the Raiders offense and handed them their first loss of the season. The Raiders lost 57-39. With the loss, they were eliminated from the playoffs; they finished the season with a 24-1 record.

Norwood's defense did its best to try to contain the Raiders' top scorer, sophomore guard Orlagh Gormley. She scored a team-high 13 points for the Raiders in the loss; she averaged more than 26 points per game during the regular season.

WITH TIME running out in their bid for a perfect season and a spot in the state semi-finals, Orlagh Gormley launches a three-pointer as time expires in the third quarter against Norwood Saturday before a packed gym at Norwood High in the quarterfinals of the Div. 2 tournament. The top-seeded Mustangs defeated #8 NQ 57-39 to move on to the Div. 2 Final Four. The Raiders - who went 22-0 and won the Patriot League – became the first team to go undefeated in the regular season and tacked on two tournament wins to finish their season 24-1. *Quincy Sun Photo/Robert Bosworth*

Norwood played tough defense throughout the contest. The Raiders were unable to score in the first five minutes of the game, so they spent the rest of the game doing something they normally didn't this season: playing from behind.

Norwood, meanwhile, started the game on a 7-0 run. While Ava Bryan hit a three-pointer to kill the scoring run, the Raiders never had the lead in this one.

The rest of the first quarter was evenly-matched;

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Expert Orthopedic Care in Your Community

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We're proud to welcome David Magit, MD, a board-certified orthopedic surgeon, to our team at Beth Israel Deaconess Hospital-Milton. With expertise in shoulder, knee, and elbow injuries, Dr. Magit offers pre- and post-surgical care conveniently at our Beth Israel Lahey Health Care Center – Quincy location.

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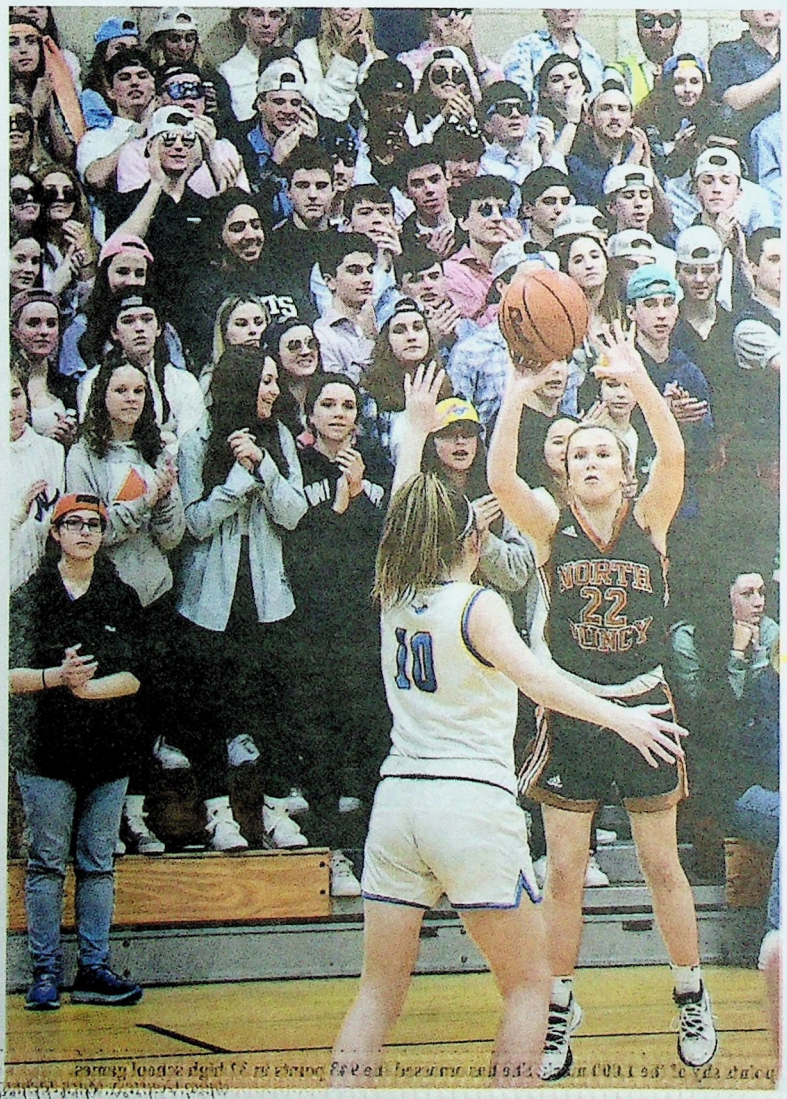
NORTH QUINCY girls' varsity basketball team never stopped hustling in their 57-39 loss to top-seed Norwood in the quarterfinals of the Div. 2 tournament. Here Bridget Capone closely guards a Norwood opponent.

NORTH QUINCY'S Autumn O'Campos (#12, above) and #22 Molly Toland (below) score some baskets for the Raiders in front of the Norwood fans in the quarterfinals of the Div. 2 tournament at Norwood High School Saturday. *Quincy Sun Photos/Robert Bosworth*

NORTH QUINCY'S Caroline O'Donnell scores two points for the Raiders against the Norwood Mustangs Saturday. O'Donnell is one of eight sophomores on the NQ basketball team that will graduate only one senior. Defending for Norwood are Samantha Rogala (#3) and Megan Olbrys (#14).



RAIDERS HEAD COACH Matt Ramponi talks to his players during a time-out in North Quincy's Div. 2 quarterfinal matchup against Norwood Saturday. Ramponi – in his first year as the team's head coach – guided the Raiders to an undefeated regular season (22 wins) and two more wins in the Div. 2 tournament. The Mustangs ended the Raiders' season with a 57-39 win. NQ finished their season with a 24-1 record.

NQ Girls Hoop Bow To #1 Norwood In Elite 8

Cont'd From Page 19

Norwood led 14-10 at the end of it.

And while the Raiders would pull within three points about halfway through the second quarter, they weren't able to narrow the gap any more. Stephanie Huang sank a three-pointer to make it a 21-18 game, but then it was Norwood's turn with the ball.

Norwood had a strong finish to the first half and a strong start to the second half. The team used a 10-0 scoring run that endured for two quarters. That included five points to end the second quarter and five points to start the third quarter; Norwood had a three-pointer and a layup to start the second half. The lead gave the team a 31-18 lead over the Raiders.

The Raiders scored eight points in the third quarter, but trailed 39-26 at the end of it; Norwood hit a three-pointer late in the third to get some more breathing room.

The Raiders' top offensive performance of the game came in the fourth quarter; they netted 13 points. However, Norwood scored 18 points in those final eight minutes of the contest.

After Gormley, Molly Toland (9 points) and Ava Bryan (6 points) were second and third on the team respectively in points scored for the Raiders against Norwood.

With the win, Norwood advanced to the Final Four round of the tournament. In it, they were scheduled to face Whitman-Hanson on Wednesday, March 16 at 6:30 p.m. The schedule said it was a neutral site game taking place at Quincy High School. The Raiders played Whitman-Hanson during the regular season and beat them 60-55 on Feb. 1.

The loss was the lowest-scoring performance the Raiders had all season. Before the Norwood game, their lowest total came against Carver in their Dec. 9 opener; the Raiders won that one 43-32.

Although the Raiders season came to a close, they could have a very similar roster next year – which would put them in a position to continue to enjoy success as a program. The Raiders had a young varsity roster this winter. It had eight sophomores, four juniors, one senior and one freshman. Every player in the team's starting five against Norwood was either a sophomore or a junior.

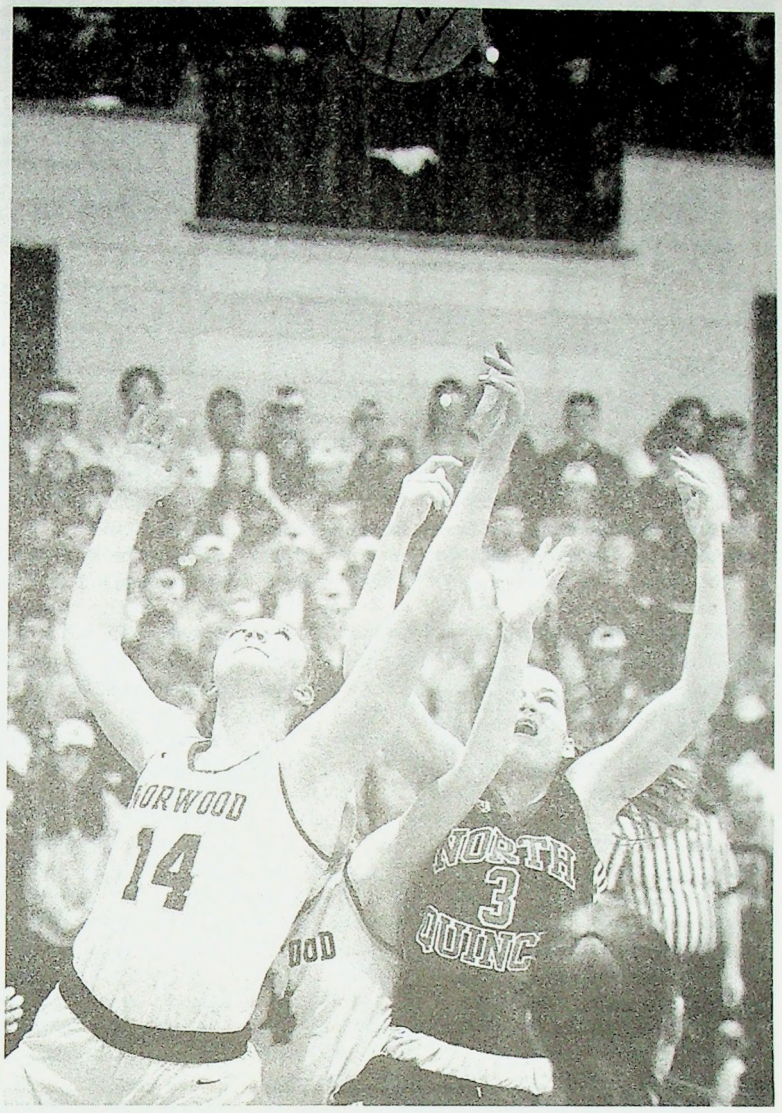
That said, they should have a highly-experienced team next season.

The roster for the Raiders this season included: freshman Iris Gjoka, junior Marybeth Smith, sophomore Orlagh Gormley, junior Bridget Capone, sophomore Autumn O'Campos, sophomore Ava Bryan, senior Stephanie Huang, sophomore Jillian Jaehnig, sophomore Molly Toland, junior Keira Murphy, sophomore Ava McGrath, junior Mia Pecevich, sophomore Ruby Ahern and sophomore Caroline O'Donnell. The team's head coach was Matt Ramponi; this was Ramponi's first season as the team's interim head coach.

The girls weren't the only basketball team at North Quincy High that had their season come to a close last Saturday; the 8th-seeded boys' team fell 95-54 on the road to top-seeded Malden Catholic in the MIAA Division 2 playoff tournament's Elite Eight.

NQ boys' hoop advanced to the Elite 8 with a thrilling come-from-behind 66-62 win over 9th seed Wapole March 9. That story appears on Page 22.

NORTH QUINCY'S Ava Bryan shoots a three-pointer against Norwood in the quarterfinals of the Div. 2 tournament at Norwood High School.



CLASH OF THE TITANS – Norwood's Megan Olbrys (left, #14) and North Quincy's Orlagh Gormley (right, #3) battle for a loose ball in the Raiders' 57-39 loss to the top-seeded Mustangs in the quarterfinals of the Div. 2 tournament at Norwood High School Saturday. Gormley led the Raiders in scoring averaging 26 points in just her sophomore season. Olbrys, a senior forward and a top player in the state, will play basketball at Villanova next fall.

Quincy Sun Photos/Robert Bosworth

RECORD SETTERS – Orlagh Gormley (left) received congratulations from Brian Ross (right) before North Quincy's tournament game against Pentucket March 9. Gormley scored a record 56 points against Masconomet in the Raiders' Div. 2 tournament win March 5. Her 56 points broke a 24-year city scoring mark set by Ross in 1998 when he played for North Quincy. Gormley's record night was one for the ages as she played only a little more than 26 minutes (high school basketball games are 32 minutes - 8 per quarter). In the game against Masconomet, Gormley made 23 field goals from 40 attempts, was 3 for 8 in three-pointers and made 7 out of 10 free throws. She also had 10 rebounds, 9 steals, 8 deflections and 4 assists. Gormley is nearing the 1,000 point plateau for her high school career. She finished the season with 948 points - 52 points shy of the 1,000 mark. She has amassed the 948 points in 37 high school games.

Photo Courtesy Mark Jaehnig

NQ Girls Head Coach Matt Ramponi: 'This Was A Season Of Resiliency, Hard Work And A Lot Of Love'

By MATT RAMPONI
Head Coach
NQ Girls Basketball

This was a season of surprises, uncertainty, hard work, resiliency and a lot of love. I got the phone call to take over this team on Wednesday Nov. 24th. The first practice was the following Monday, Nov. 29th.

I remember feeling the anxiousness and uncertainty that comes with any new situation, especially with such short notice, but I could only imagine how the players were feeling. My main focus on the first day of tryouts, which was the first day the players and I met, was to make sure all the noise and drama of these last min-

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NQ Boys Bow To MC After Rallying Past Walpole

By TOM JOYCE

The North Quincy boys' basketball team - fresh off a thrilling win last Wednesday – couldn't keep the momentum going and bowed to top seed Malden Catholic Saturday afternoon at MC in the Div. 2 tournament.

The Lancers' high-scoring offense was on full display as #1 seed Malden Catholic clipped the 8th-seeded Raiders, 95-54. NQ finished the season at 19-5. The Lancers advanced to the Final Four and played Scituate in the semi-finals.

Malden Catholic was in control from start to finish and led NQ 15-7 after the first quarter. The Lancers took a 34-16 lead into halftime after hitting a long three-pointer as the buzzer sounded ending the second quarter.

In the 3rd quarter Malden Catholic took control of the game outscoring the Raiders 32-17 to take a 66-33 lead into the fourth quarter. North Quincy tried to climb back into the game early in the third at 44-23 but back-to-back alley-oop slam dunks followed by a three-pointer by Malden Catholic increased the Lancers' lead to 51-23.

North Quincy never stopped hustling but in the end Malden Catholic's prolific offense was too much to overcome. The Lancers scored 29 fourth quarter points to put the game out of reach.

The Raiders had advanced to the Elite 8 after a come-from-behind win over #9 Walpole at NQHS March 9.

Although Walpole led in the fourth quarter, the Raiders rallied and got the win, 66-62. With the win, NQ improved to 19-4 on the season.

It was a game with a lot of lead changes. For example, Walpole led at the end of the first quarter, 17-13.

Zach Taylor brought the Raiders within a basket, 15-13, with under a minute remaining on a finger roll layup. The Raiders had a chance to tie it following an offensive foul, but they turned the ball over. Walpole capitalized and netted a layup, ending the quarter with a four-point lead.

At halftime, however, the Raiders had a slight edge; they led 35-34.

Daithi Quinn (24 points) tied the game at 22 apiece with five minutes left in the first half on a jump shot. Walpole responded with a basket of its own, but Ethan Gao gave the Raiders their first lead of the game with 3:42 left in the second quarter on a three-pointer. It was the start of a 5-0 run for the Raiders.

On the run, Qunonuw Scott hit a free throw after drawing a foul. And Kobe Nguyen had a steal, got a fast break, and hit a layup to give the Raiders a 28-24 lead. While Walpole fought back to erase the lead, the Raiders got it back with under a minute left in the quarter. Taylor grabbed an offensive rebound and put up a layup. Then, Quinn hit a pair of free throws. With 6.8 seconds left, Walpole hit a pair of free throws, making it a 35-34 game going into halftime.

Both teams had offensive success in the third frame, but Walpole outscored the Raiders, so it was anyone's game going into the fourth quarter. It was tied at 51 apiece.

The Raiders weren't able to protect their lead late in the third quarter. They went ahead 49-46 on a layup from Quinn with 1:50 remaining. However, Walpole got a layup of its own 45 seconds later. And following a Raiders' turnover, Walpole hit a free throw after getting fouled.

Then, the two teams traded layups; Quinn had the layup for the Raiders. Neither team was able to score on its final possession of the quarter.

It ended up being a comeback win for the Raiders as Walpole would take the lead in the fourth.

Walpole hit four straight free throws in a span of under 20 seconds to expand its lead to 61-56. The first pair came with about 5:40 remaining and the second pair with about 5:25 left. The second pair came after a Raiders turnover followed by a foul.

However, the Raiders would finish the game on a 10-1 run.

Taylor hit a free-throw and Scott made a three-pointer to make it a one-point game. And Quinn gave the Raiders a 62-61 lead with 3:30 remaining with a two-handed dunk.

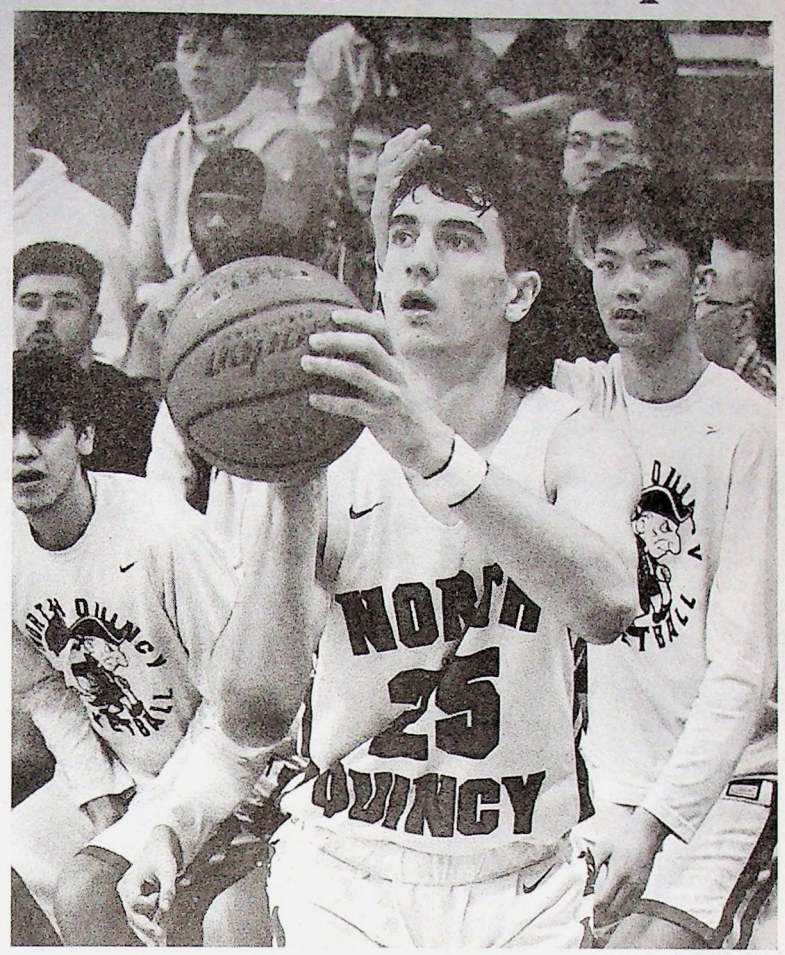
The lead wasn't permanent, however. Walpole hit a free throw with 2:44 remaining to tie the game at 62 apiece. Thanks to some tough defense from the Raiders, however, that was the last time Walpole scored in this one.

Twenty seconds after Walpole tied the game, the Raiders took the lead. Quinn got fouled and hit both of his free throws. Meanwhile, Walpole squandered its chances to tie the game back up. With 2:07 remaining, Walpole missed a pair of free throws. It had several missed shots late in the game as well – and the Raiders were able to get the rebounds. Additionally, Dylan Clifford recovered a blocked shot to give the Raiders another possession.

With 18.3 seconds left, the Raiders went up 66-62 on a pair of free throws from Quinn; this came after he grabbed a rebound after Walpole missed a three-pointer.

Walpole missed two more three-pointers before the game ended. The Raiders secured the win when Clifford grabbed a rebound after one of those missed threes with 5.2 seconds remaining.

The roster for the Raiders this season includes: junior guard Alex Pham, senior guard and captain Nikko Mortel, junior guard Joe Bates, freshman guard Kobe Nguyen, senior guard Danny Bellotti, senior guard Ethan Gao, junior guard Nate Davis, junior forward Jerald Mortel, junior guard Nate Caldwell, senior forward and captain Colm Geary, junior forward Dylan Clifford, sophomore forward/guard and captain Daithi Quinn, junior guard Zach Taylor, senior forward Luke Pierron, and senior guard/forward Qunonuw Scott. Their head coach is Kevin Barrett.



NORTH QUINCY sophomore Daithi Quinn tossed in 24 points in the Raiders' 66-62 win over #9 Walpole in the Div. 2 tournament March 9. The Raiders could not keep the momentum going against top-seed Malden Catholic losing to the top-seeded Lancers in the quarterfinals Saturday, 95-54. NQ finished the season 19-5. *Quincy Sun File Photo/Robert Bosworth*

NQ Girls Down Pentucket To Post 2nd Win In Div. 2 Tourney

By TOM JOYCE

Before having their season end on the road against Norwood in the quarterfinals, the North Quincy girls' basketball team took care of business on their home court last Wednesday downing Pentucket for their second win of the tournament.

The Raiders faced a tough opponent in the Round of 16 of the MIAA Division 2 statewide girls' basketball playoff tournament. However, like other challengers that the Raiders have gone up against this season, they had no issue taking this one down.

The 8th seeded Raiders faced 9th-seeded Pentucket Regional High School in a game where they got an early lead that they never surrendered. The Raiders won the game 65-54 to improve to 24-0 on the season.

"Pentucket is a perennial Division 2 powerhouse and we're new to this," Raiders head coach Matt Ramponi said of his team's success. "For these kids to stick with it against a tough team, they weren't quitting. They don't surprise me anymore, but that was amazing."

Against Pentucket, the Raiders took a 10-point lead after the first quarter. The team had some late momentum, finishing the quarter on a 9-0 run.

So while a quick 5-0 run for Pentucket made it a 12-11 game with a couple of minutes left in the first quarter, the Raiders were able to get some breathing room. After Pentucket scored a layup after grabbing an offensive rebound and hitting a three-pointer, it was the Raiders' turn to score.

Ava Bryan (14 points) made it a four-point game by sinking a three-pointer. After that, Orlagh Gormley (25 points) made a layup after Caroline O'Donnell regained possession for the Raiders on a steal. And Bryan, who netted seven points in the first quarter, struck again. She grabbed an offensive rebound and hit a layup. Plus, O'Donnell added two more points. Like Bryan, she grabbed an offensive rebound, took a shot, and made the basket.

The Raiders extended their lead in the second quarter. They led by 13 points at halftime, 34-21.

The two sides spent much of the second quarter trading points. However, Pentucket had a stretch where they missed four consecutive free throws. In that same stretch around halfway through the second quarter, the Raiders had a 5-0 run. Gormley made a basket, Bryan hit a free-throw, and Autumn O'Campos scored on a layup; Gormley had the assist on the O'Campos layup. This gave the Raiders a 28-13 lead. Pentucket snapped the scoring streak by hitting a layup of its own.

After that, the two team's scoring efforts were evenly-matched for the rest of the first half.

During the second half, Pentucket fought hard to try to chip away at its deficit. In the third quarter, it enjoyed some success. The team outscored the Raiders by five points and trailed 46-38 headed into the fourth quarter.

Late in the fourth quarter, Pentucket came even closer to the lead. With about three minutes left, the team hit a three-pointer to pull within five points, 56-51. Then, Pentucket lucked out when there was a traveling call against the Raiders.

However, the Raiders protected their lead. Gormley got a steal on Pentucket's ensuing possession to get the team back on offense. When Pentucket got the ball back, Bryan tipped a pass and Gormley recovered it; Gormley hit a layup to make it a seven-point game.

And with 1:30 remaining, the Raiders struck again. O'Campos hit a layup off a Gormley pass, forcing a Pentucket timeout. After the timeout, Pentucket had a traveling call. When the Raiders got the ball back, Pentucket fouled Gormley; she hit a free-throw, putting her team up by 10 points.

The Raiders continued to play tough defense; Bryan had a blocked shot on Pentucket's next possession. When the Raiders got the ball back, Pentucket fouled Bryan. She hit two free throws with 44.2 seconds remaining, giving the Raiders a 12-point edge.

The points put the game out of reach for Pentucket.

NQ Boys' Hockey Falls In Round Of 16 To Danvers

Besides the NQ boys and girls basketball teams, the tournament road also ended earlier last week for the Raiders' boys hockey team.

North Quincy - seeded #24 in the Div. 3 tournament, bowed to #8 seed Danvers March 8 in the Round of 16 at Essex Sports Center. The Raiders advanced after a dramatic double overtime win over #9 Bishop Stang March 5 in New Bedford.

NQ finished the season 5-17.

QNQ Alpine Historic First Win By Avery Abrahamovich In Final Race Of Inaugural Season

The QNQ racing team finished their exciting inaugural season with outstanding performances in the final week of the season. The season ended with two races on Feb. 15th and 16th.

The race on Feb. 15th was a junior varsity race and many of the QNQ team was able to participate. This race was unique to this high school season because the racers had the option of participating in two runs, both Giant Slalom.

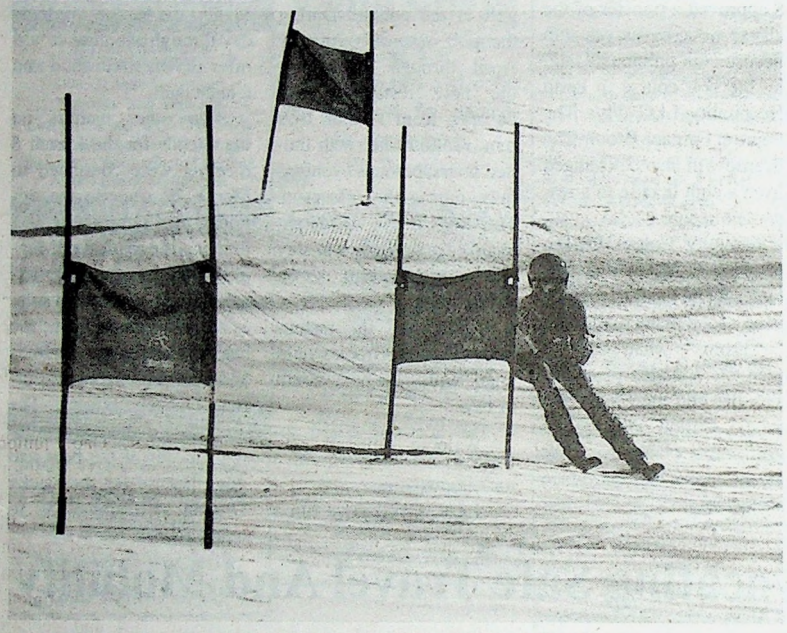
During the second run, athlete Lucy McLaughlin (NQ, sophomore) posted her first top 10 win, coming in 10th with a 36.19 second run.

Coach Erik Abrahamovich said: "It's awesome to watch this team want to compete – when given the choice, they are on skis, taking on the course. That's what makes this team so special".

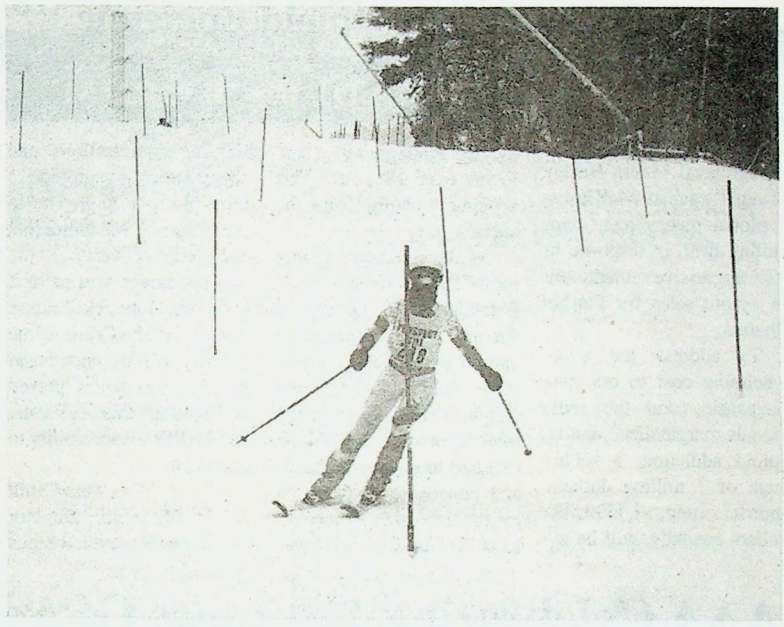
The final varsity race was held on Feb. 16th, and was a single run GS. Garbed in Hawaiian shirts to show team spirit, the racers finished the season with tremendous results. North Quincy's Avery Abrahamovich had her fastest run of the season and came in first on the varsity race edging out the second place racer from Cohasset by .07 seconds with a time of 26.46. Alexandra Abrahamovich also had a top 20 finish in her final high school race, coming in 14th with a time of 28.67. Rachael Hoban and Harry Gaudiano finished their final senior season in style finishing in 40.22 and 36.90 seconds respectively.

Next season promises to be exciting as the team achieves full varsity status, is able to attend the races at Ragged Mountain and becomes eligible to qualify individually or as a team for the state tournament.

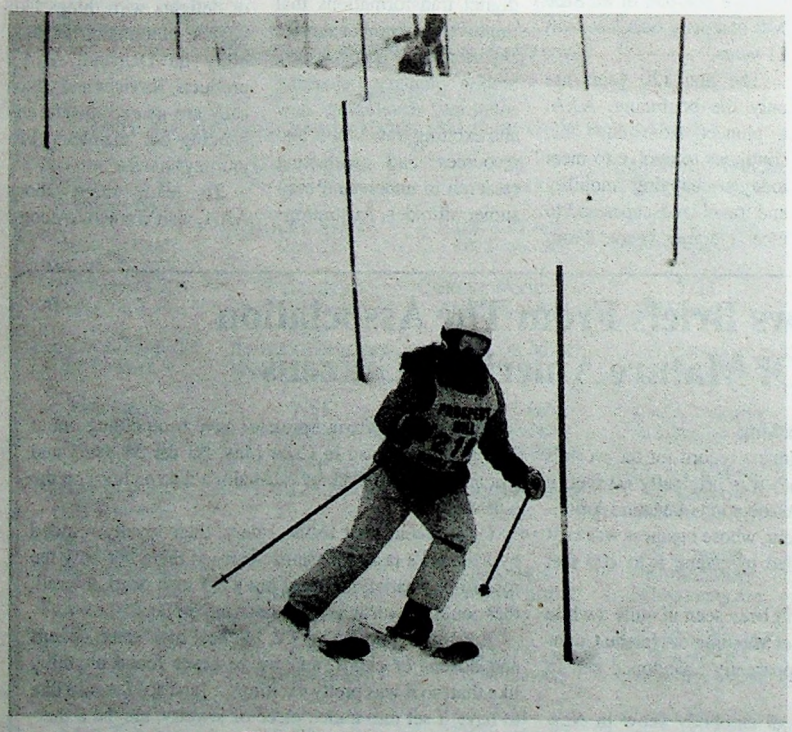
QUINCY-NORTH QUINCY alpine skiers with their coaches. From left to right: senior captain Caroline Cavicchi, senior captain Harry Gaudiano, coach Lisel Couture, coach Erik Abrahamovich, senior captain Alex Abrahamovich and senior Rachael Hoban. *Courtesy Photos*



SOPHOMORE CAPTAIN Avery Abrahamovich



SENIOR CAPTAIN Alex Abrahamovich



SENIOR CAPTAIN Caroline Cavicchi

'Houses Of Houghs Neck' Topic For Seaside Social Club April 12

The Seaside Social Club will meet Tuesday, April 12 at 7 p.m. at the Houghs Neck Congregational Church, 310 Manet Ave., Quincy.

The program topic is "Houses of Houghs Neck" and will be narrated by local researcher Patti Williams.

Refreshments will be served.

All are welcome to attend the program.

Fake Copyright Email Scares Instagram Users Into Sharing Passwords

By BETTER BUSINESS BUREAU

In this clever new scam, con artists are getting greedy. Not only are they trying to steal your Instagram password, they also are phishing for your email log-in. Follow these tips for spotting this tricky scam and protecting your passwords.

How the scam works

You receive an official-seeming email from Instagram. According to the message, you have violated copyright laws, and your account will be deleted within 24 hours. But don't worry! If you think that Instagram has made a mistake, all you need to do is click the button and "verify" your account. Then, you are taken to a website that prompts you to input your Instagram credentials. Most scams would end there, but not this one!

Immediately, another message appears. This pop-up claims that you must also verify your email address. You'll see a list of e-mail providers. Choose yours, and you'll be urged to enter your email address and password. As a final touch, the scam site redirects to the real Instagram website, a trick that "lends additional credibility to the scam," explains Kaspersky.

How to spot these scams:

• **Double check the "from" email address and link destinations**. Hover over any links in an email you receive to see where the link really leads. Suspicious links are one of the main giveaways of email scams. Also, make sure the "from" address is actually from the business it claims to be.

• **Understand how businesses handle communications**. If you know how a company handles disputes and suspicious activity with your account, it will be easier to spot a scam. Will they email you? Call? Send a text message?

• **Look into the claims**. Don't act without first verifying the claims. Log into your account or look up the company's official phone number (check your bill or welcome email) and call them to confirm that there really is a case of suspicious activity associated with your account before you decide what to do.

• **Don't panic and don't feel intimidated**. Scammers want you to panic. They may use intimidation tactics, such as claiming your account will be shut down in 24 hours, to pressure you into giving up your personal information or making payments. Legitimate businesses will not intimidate you in this way. Stay calm and think things through before you act.

More Quincy news:
The Quincy Sun.com

Fatal Pedestrian Crash Remains Under Investigation

By SCOTT JACKSON

The investigation into the pedestrian crash that claimed the life of a 58-year-old Quincy man and beloved Red Sox employee late last week remained ongoing as of early Tuesday.

Quincy Police Capt. John Dougan said the crash was being investigated by the department's accident reconstruction team as of Tuesday. The driver of the vehicle involved in the crash had not been charged or cited, as the investigation remained underway.

The fatal crash took place just after 4 a.m. on March 11 on Newport Avenue near

DONALD BOWES

Holbrook Road. The pedestrian, identified as Donald Bowes, age 58, of Quincy, was struck while crossing Newport Avenue, according to police.

Bowes was taken to Boston Medical Center where he succumbed to his injuries.

The driver of the vehicle, identified as a 32-year-old woman from Quincy, remained on scene and cooperated with police.

Bowes was a graduate of North Quincy High School. He was a long-time security supervisor for the Boston Red Sox, working at Fenway Park's Gate A.

"We are heartbroken to learn of the passing of Donny Bowes this morning," the team said in a statement. "He was beloved by countless co-workers and Red Sox fans during his 15 years with the security department. Donny's endless energy and infectious attitude made a significant impact on the Fenway Park experience. He will be greatly missed."

Bowes had previously worked at Barry's Deli and at Stop & Shop in North Quincy.

Bowes's survivors include his wife, Christine, and four children.

His family has established a memorial fund to help with funeral expenses and set up a college fund for his youngest son. Donations may be made to the Donny Bowes Memorial Fund, c/o Quincy Credit Union, 100 Quincy Ave, Quincy, MA 02169.

Mr. Bowes's obituary appears on Page 27.

Fours Taking Over Food, Beverage At Furnace Brook

By SCOTT JACKSON

The Fours will be taking over the food and beverage operations at the Furnace Brook Golf Club, which will begin operating as a municipally owned course this year.

The Board of License Commissioners on March 8 approved a transfer of the all-alcoholic beverages club license club previously held by the golf course to Perth Hospitality LLC d/b/a The Fours at Furnace Brook. The license will also be changed from a club license to a restaurant license.

Timothy Colton Jr., the manager of the new restaurant, said he plans to reintroduce a food menu to the site.

"From what we've seen…it operates primarily as a bar and there's no real food," Colton said of the golf club's clubhouse. "We are planning to reintroduce a food menu."

The Fours, which has a restaurant in Quincy Center, currently provides food and beverages at a golf course in Plymouth, Colton added, and "We are hoping to try to emulate a lot of what we do down there."

The new restaurant will primarily cater to those who golf at the course. During the golf season – roughly April through October – the new restaurant will be open from 11 a.m. to 9 p.m., Colton said, with limited hours, perhaps evenings only, during the offseason. The license the restaurant received will allow it to stay open until 11 p.m. seven days a week.

Colton said the restaurant at Furnace Brook would open "within the next month or two."

The licensing board approved the request in a unanimous vote.

"I know you guys run a pretty good business up the Square," said Police Chief Paul Keenan.

In other business on March 8, the board granted a common victualer license to SAHJAL LLC d/b/a P&D Indian Street Food for the premises at 17 Beale St. The restaurant will be open from 11 a.m. to 9 p.m. Wednesday through Monday. It will offer Indian street food and a juice bar.

Two other matters on the agenda for the March 8 meeting were continued to March 22 because the applicant was not present. The first was the request of Magic Bowl for a common victualer license for the premises at 1515 Hancock St.; the business is changing names and ownership from the current Quench Juicery. The second was the request for the transfer of the beer and wine license for the Lucky Dragon, 21 Scammell St., to a new owner.

The Responsibility of Big Pharma To Mitigate The Opioid Epidemic

READERS FORUM

It was recently announced that South Shore towns would receive a settlement from a suit Attorney General Maura Healey brought against McKinsey, a global management consulting firm, in response to its aggressive marketing of opioid sales for Purdue Pharma.

To address the overwhelming cost to our municipalities and the individuals marginalized due to opioid addiction, a settlement of 7 million dollars, approximately 390,000 dollars annually, will be allocated amongst cities and towns over 18 years. This settlement barely skims the surface.

As the Executive Director of the Recovered Souls Foundation in Quincy, I can attest to the devastation caused by addiction. Companies like McKinsey, who benefit financially from the sale of opioids, should be required to make significant and consistent investments to mitigate this epidemic. Reliable funding is essential for organizations and communities to provide a three-pronged approach to prevention, rehabilitation, and life in recovery.

I encourage you to read or watch, Dopesick, Empire of Pain, or The Crime of the Century to fully understand the role companies played in creating this epidemic and THEIR responsibility to address it.

Tina Cahill
Executive Director
of Recovered Souls

AAA Celebrating 120 Years Of Advocating Safe Travel And Mobility

This month, AAA celebrates 120 years of advocating for safe mobility for drivers and travelers alike. Started in 1902 by automotive enthusiasts who wanted to chart the path for better roads in America, AAA has transformed into one of North America's largest membership organizations, providing roadside assistance, travel, discounts, financial and insurance services to enhance the life journey of more than 62 million members.

"AAA was built out of a commitment by a few to advocate for safe, efficient roads and enhanced mobility for all," said Mary Maguire, AAA Northeast Director of Public and Legislative Affairs. "People may know us for roadside assistance, but we are so much more than that. Today, AAA is a trusted voice consumers can turn to for all things mobility, travel and beyond."

Throughout AAA's storied history, the federation has been instrumental in pushing for legislation and training to improve roadway safety for everyone, whether for drivers, pedestrians, cyclists or first responders. This includes advocating for the creation of the Interstate Highway System in 1956, fighting for Move Over laws in all 50 states, developing driver education programs for all ages and the AAA School Safety Patrol program, speaking out on impaired and distracted driving and demanding stronger seatbelt legislation across the country. Much of this work is supported by proprietary research conducted by AAA automotive experts and the AAA Foundation for Traffic Safety on these same issues.

As one of the largest full-service travel agencies in North America, AAA recognized early on the importance of providing the public with trusted travel information. To serve this need, AAA created a suite of resources that are still synonymous with travel today, including the TripTik, the AAA Diamond designation and TourBook® travel guides. AAA also developed a network of expert travel advisors who for decades have been instrumental in making dream vacations a reality for members across the country.

As AAA embarks on its 120th year, it stands among a small number of industry pioneers still in existence. Longevity of organizations has eroded over the years, impacted by economic depressions and recessions, mergers and technological disruptions. In 2020, the average lifespan of an S&P 500 company was just over 21 years.

The first 120 years are only the beginning. AAA, a pioneer from day one, continues to evolve to meet today's changing mobility and travel landscapes and to meet member needs. From digital transformations that improve the member service experience, to pilot testing mobile battery charging solutions, developing new and exciting travel tools and resources, and conducting research to understand consumer attitudes, frustrations or delights with things like vehicle automation or Mobility on Demand, AAA's products, services and advocacy are geared toward enhancing our members' life journey.

To learn more about AAA, visit www.AAA.com.

News Briefs From The Association Of Mature American Citizens

No parking

Jay Ohrberg won the Guinness record for the world's longest car in 1986. The auto was originally 60 feet in length but, according to the Association of Mature American Citizens [AMAC], Ohrberg, whose business was customizing automobiles, decided to extend it to 100 feet long.

The super-limousine hadn't been seen in quite a while until another car buff, Michael Manning of Nassau County, NY, found it recently, apparently abandoned and in disrepair.

"I first found the car at an autobody show in New Jersey and it was garbage. It was covered in graffiti, the windows were broken, the tires were flat, but I fell in love with it anyway." Manning decided to rebuild it and the folks at Guinness, once again, declared it to be the world's longest car.

If you're wondering how you find a parking space for an auto that long, don't worry; Manning has put it on display at the Dezerland Park Car Museum in Orlando, FL.

❑

A rewarding meal

Michael and Maria Spressler have been dining out at The Lobster House in Cape May, NJ for 34 years and Michael's favorite starter is usually a dozen clams on the half shell.

On a recent visit to the eatery, their loyalty – aided by Michael's taste for clams – earned them not only the reward of a satisfying meal but a .35 inch pearl, as well, that could be worth several thousand dollar.

But Maria told KYW-TV, Michael has "eaten dozens and dozens of clams, and we've never found anything like that, so it was pretty exciting … [and so] I would like to have it set into a nice piece of jewelry, maybe a mermaid or something nautical. It's a beautiful remembrance of that day and what we have is so special."

Baa

Heather Hogarty, a shepherdess in Northumberland, U.K., was showing off her newborn lamb for the cameras recently. The lamb was born with five legs but the extra limb doesn't seem to bother it. And Heather says it is quite healthy. Although it's a one-in-a-million occurrence, ten years ago one of her sheep gave birth to a five-legged lamb called Quinto and had a long and healthy life.

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PERSONAL

Brian Henderson says I love you to his wife Liz, his kids Piper, Maysie & Beckett, and their 7 pets 3/17

PERSONAL

Thank You Santo Cristo 3/17

THANK YOU ST. JUDE, BLESSED MOTHER, ST. ANTHONY, ST. JOSEPH, ST. PEREGRINE, ST. THERESA
J.D. 4/14

I Love You, Dad ~ Happy Birthday! Your son, Gregory 3/17

Please pray to the Blessed Mother, St. Jude and St. Ann for our country & our world. Thank you, M.D. 3/17

PERSONAL

Prayer to St. Jude

Most holy Apostle, St. Jude, faithful servant and friend of Jesus, the Church honors and invokes you universally as the patron of hope. Please intercede on my behalf. Make use of that particular privilege given to you to bring hope, comfort, and help where they are needed most. Come to my assistance in this great need that I mat receive the consolation and help of heaven as I work with my challenges, particularly (*here make your request*). I praise God with you and all the saints forever. I promise, blessed St. Jude, to be ever mindful of this great favor, to always honor you as my special and powerful patron, and to gratefully encourage devotion to you. Amen.
F.M. etc, B.H., E.B. 3/17/2022

THE MIRACLE PRAYER

Dear Heart of Jesus, in the past, I have asked for many favors.
This time, I ask you this very special favor (*mention favor*). Take it dear Heart of Jesus, and place it within your own broken heart where your father sees it. Then in his merciful eyes it will become your favor, not mine.
Amen.
Say this prayer for 3 days, promise publication and favor will be granted, no matter how impossible. Never known to fail. S.C. 4/7

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ELM TREE RESEARCH
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Financial Compensation
Participants will be compensated $40

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1520 Hancock St.

MIGNOSA'S FRUIT BASKET
138 Granite St.

STAR MARKET
130 Granite St.

WALGREENS
132 Granite St.

FRANKLIN ST. BP
60 Franklin St.

7-11
78 Franklin St.

SHOP N SAVE LIQUORS
20 Independence Ave.

ADAMS VARIETY
22 Independence Ave.

DONUT + DONUTS + MUFFINS
33 Scammell St.

PRESIDENTIAL LIQUORS
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DAILY MART
291 Quincy Ave.

ROCHE BROS.
The Falls

WALGREENS
418 Quincy Ave.

ARTERY GROCERY
1000 Southern Artery

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495 Washington St.

DAIRY FARM
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7-11
230 Washington St.

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CVS
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12 Old Colony Ave.

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205 W. Squantum St.

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65 Newport Ave.

7-11
363 Hancock St.

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66 Newbury Ave.

5 CORNER FOOD MART
163 Newbury Ave.

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751 E. Squantum St.

LUCKY SHAMROCK
265 Beale St.

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121 Standish Ave.

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❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

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OBITUARIES

Gregory W. Doyle, 86

Gregory W. Doyle, age 86, beloved husband of the late Ann (Cantfill) Doyle, of Quincy, died peacefully Monday, March 7, 2022, after a long illness with family by his side.

Gregory was born in Weymouth, to the late David F. and Mary A. (Cummings) Doyle. Raised in Quincy, he was member of the first graduating class of 1953 at Archbishop Williams High School, Braintree. He received his Bachelor of Science in Civil Engineering from Northeastern University in 1970.

Greg proudly served in the Massachusetts Army National Guard in the late 1950s and early 1960s.

In the '50s, while working for E. W. Branch, Greg was given the opportunity to name a street and settled upon Doyle Terrace, located in Germantown.

Greg retired from the City of Quincy after 42 years of service, working in both the Public Works department and the Planning Department. Greg enjoyed his work with the city, always with the goal of doing what was best for the community as a whole and cheerfully keeping the politicians in line with a twinkle in his eye.

Greg was an avid gardener, valuing hard work in his yard. Traveling with his wife was a special joy, seeing many international cities. He enjoyed woodworking and crafted bookcases to hold his extensive collection of history and gardening books. In later years, he

GREGORY W. DOYLE

enjoyed playing FreeCell on his computer.

Greg is survived by two sons, Gregory (Julie) of Kennebunk, Maine; James (Meg Macri) of Watertown and daughter, Ann (John Melley) of Quincy; and 3 grandchildren, Andrew, Abigail and Seamus Doyle.

The last of five siblings, Greg was predeceased by Anne (Doyle) George, Sheila (Doyle) Murray, David F. Doyle, Jr., and Daniel Doyle. He is survived by many nieces and nephews.

At the request of the family, funeral services and interment, with military honors, were private.

For those who wish, donations in Greg's memory may be made to Sisters of St. Joseph of Boston, Office of Mission Advancement, 637 Cambridge St., Brighton, MA 02135.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy. You are invited to visit thesweeneybrothers.com or call 617-472-6344.

Virginia 'Ginny' Moore

Virginia "Ginny" (Damore) Moore, of Quincy, passed away peacefully on March 10, 2022. The beloved wife of the late William F. Moore, Jr. and loving mother of Michael Moore and his wife Susan of Austin, TX, Marcia Richards and her husband Mark of Plympton, MA and Marilyn Stack of Braintree MA. Ginny is pre-deceased by her two brothers; the late Michael A. and Eugene A. Damore. Cherished "Noni" to Ryan Moore, Mark Richards, Patrick Moore, Caroline Stack, Melissa Vilagie, Christopher Stack, Tracy McNeal, Michael Stack, Mary Moore and the late Michele Richards. She also leaves behind 4 great grandchildren and many nieces and nephews.

Ginny was a proud graduate of Girls High School Class of 1951. She chose a career as a Traffic Supervisor for the Quincy Police Department. She was perfect for this profession given her compassion for people and protective skills as a mother! She is fondly remembered by several generations of school children that she protected over many years.

Her faith was the cornerstone of her life. She was a devout Catholic and longtime parishioner at Sacred Heart Church in North Quincy. She served as a Eucharistic Minister, a CCD teacher and was the

VIRGINIA 'GINNY' MOORE

proud. recipient of the prestigious Bishop Cheverus Award. Ginny also worked at the Quincy Senior Center, where she taught ceramics. The fabric of her life was always her family, which was truly important to her. She cherished her family and they feel fortunate and blessed for the love she brought into their lives.

Relatives and friends are respectfully invited to greet the family during visiting hours on Wednesday from 3-7 p.m. at Keohane Funeral Home, 785 Hancock St., Quincy. A Celebration of Life Service will be held in the funeral home at 9:45 a.m. on Thursday prior to the Funeral Mass in Sacred Heart Church, Quincy at 10:30 a.m. Burial will follow at Pine Hill Cemetery, Quincy.

Donations in memory of Ginny may be made to the Quincy Catholic Academy Scholarship Fund, 370 Hancock St., North Quincy, MA 02171.

See Keohane.com for directions and online condolences.

Anne M. Travers, 81

Anne M. Travers of Quincy passed away on Monday, March 7, 2022. She was 81.

Anne was cherished by all who knew her and was known for her feisty, stubborn and diva ways. She most loved being a Nana and watching her grandchildren achieve their goals. She had a special bond with each of her grandchildren and was very active in all their lives. Some of her favorite times were spent watching her grandchildren play sports and she especially enjoyed volunteering with the Special Olympics to cheer on her first grandson Jonathan. In her spare time she enjoyed trips to Castle Island, spending time with family at home, celebrating St. Patrick's Day, hosting the Quincy Christmas Parade, and cheering on Gronk and Big Papi. Her famous mac and cheese was something to go down in the record books and will be sorely missed by those who had the pleasure of trying it.

Anne was born in Boston to Gertrude (Norton) and Edward Stephen Madden and raised as a born and bred Southie girl. She graduated from South Boston High School in 1958 and went on to work in various administrative services at Stop and Shop and CNA Insurance.

Beloved wife of 40 years to the late Raymond Travers. Devoted mother of Debra White and her husband George of Marco Island, FL, James Hutchinson and his wife Diane of Stoughton,

ANNE M. TRAVERS

Monica Mannion and her fiancé Ron Wiggin of Bonita Springs, FL, and Mary Travers of Quincy. Loving sister to Claire Powers, Edward Madden, and Mary Alice Madden. Cherished grandmother of Jonathan White, Connor Mannion, Justin, Sarina and Alyssa Hutchinson, and Matthew Travers. She will also be remembered as a motherly influence to countless others and will be missed by her lifelong friends.

Anne is predeceased by her siblings, Jane Madden, Lori Irvine, Regina Rosher, John Madden, her son-in-law Patrick Mannion and her best friend Marie Ezekiel.

A funeral service was celebrated on Monday in Keohane Funeral Home, 785 Hancock St., Quincy.

Burial in MA National Cemetery, Bourne.

In lieu of flowers, donations may be made in Anne's name to STARability Foundation, 5125 Castello Dr., Naples, FL 34103 or at starability.org/donate/.

Please see Keohane.com for directions and online condolences.

Marie E. Crooker

Marie Elaine (Connolly) Crooker, of Quincy, formerly of Dorchester, died March 12, 2022.

Marie was a graduate of Monsignor Ryan High School in Dorchester. She was an avid fan of the Boston Crusaders Drum and Bugle Corps. She was the beloved wife of William Crooker. Loving mother of Michelle Perlinski and her husband Steve of CO; and Denise Jordan-Currul and her husband Frank, Jr. of NH. Proud "Nana" to Michael, Keith, Benjamin, Kaysie, Emilee, and Joshua.

Services will be private.

In lieu of flowers, dona-

MARIE E. CROOKER

tions in memory of Marie may be made to MSPCA, 350 S. Huntington Ave., Jamaica Plain, MA 02130.

See Keohane.com for online condolences.

Honor Your Loved One's Memory With Flowers

cliffords.com

1.800.441.8884

Gloria 'Rose' Wiley, 95

Gloria "Rose" Wiley of Quincy passed away peacefully on March 9, 2022, at the age of 95.

Born in Tewksbury, she was raised and educated in Quincy and has lived here all her life. Rose was an avid Bingo and poker player, and enjoyed jigsaw puzzles.

Rose was the beloved wife of the late Frank Wiley; the daughter of the late Joseph Giovanni and Mary Hearn; the beloved mother of Catheryn Kahakalau and her boyfriend Ron Cipitelli of Weymouth; sister of Fred White of Quincy, and the late Louis, Pauline, Elaine, Barbara, and Joseph; Rose is also survived by long time friend Louis Thibodeau for over 35 years, and many nieces and nephews.

GLORIA 'ROSE' WILEY

A funeral service was held Wednesday at 10 a.m. in the Dennis Sweeney Funeral Home, 74 Elm St., Quincy Center.

Interment at Blue Hill Cemetery, Braintree.

Elaine M. Luchini, 92

Elaine M. Luchini, 92, of Quincy passed away of natural causes at the Pope Nursing Home, Weymouth on March 9.

Born in Quincy on Oct. 22, 1929, Elaine was the youngest child of Ercole Colella and Carmella Chiacchia-Colella. She is predeceased by her siblings, Mary Collela-DiDonatis, Anthony, Lucile, Alfred and Viola Colella-Serafini.

She was the loving wife of the late Guido "Leo" Luchini of Quincy, and mother of the late Joseph D. Luchini of Franklin. She is survived by her son, John F. Luchini, his wife, Elaine R. Luchini, both of Quincy, and her daughter-in-law, Regina Brooks-Luchini of Franklin.

She is also survived by her three grandchildren, Donald Luchini of Quincy, Christina Luchini of Quincy, and Elizabeth Luchini of Franklin.

Elaine was a graduate of the Quincy City Hospital School of Nursing, and soon thereafter became a Registered Nurse Anesthetist. She later received a bachelor's degree in childhood education from Emmanuel College, Boston and went on to have a 30-plus year career as the Director of Nursing Services in many local Skilled Nursing Facilities on the South Shore.

Her biggest joy in life was loving, caring and cooking for her family. She enjoyed her home and being surrounded by her husband, children and grandchildren.

Caring and spending time with her family was her greatest passion.

A funeral Mass for Elaine was celebrated Tuesday at St. Ann Parish, 757 Hancock St., Quincy.

Burial was at Mount Wollaston Cemetery.

Funeral arrangements were made by Boston Cremation, 116 Franklin St., Quincy.

Her family wishes to thank the staff at Pope Nursing Home and Hospice of the South Shore for their care for Elaine in her final months.

NOTICE TO READERS

Obituaries appearing in The Quincy Sun and posted on the newspaper's website are written by the funeral home handling arrangements with input from the deceased's family.

They are not written by The Quincy Sun.

Obituaries are submitted by the funeral homes and are printed in The Sun space permitting.

OBITUARIES

Mark L. Jenkins, 55

Mark L. Jenkins of Abington, formerly of Quincy, died suddenly March 11, 2022 at the age of 55.

Mark will be remembered for his loyalty and generosity. He was always happiest being around other people and spending time with his family and friends. He would help anyone in need. In his youth, Mark enjoyed playing hockey. When his children were younger, he volunteered as a CCD teacher. Mark worked as a police officer for the Town of Cohasset Police Department and was a veteran of the U.S. Coast Guard. Officer Jenkins was not only a valued member of the Cohasset Police Department, but he was also a Computer Forensic Expert with the United States Coast Guard Investigative Service.

MARK L. JENKINS

Mark's laugh was infectious and his larger than life presence will be greatly missed.

He was the son of the late Roland and Mary Jenkins. Beloved husband of Maria (Backlund) Jenkins. Loving father of Amy Greenough of Rockland, Danielle Cirelli of Falmouth, Ryan Jenkins of CA, and Lilly Jenkins of Abington. Proud "Bubby" of Lucas, Gabriel and Annabel. Loving brother of Peggy Gibeau of NY, Marietta Dompier of NH, and Billy Jenkins and his wife Carolyn of Las Vegas, NV. Nephew of Charles Quigley of Quincy. Also survived by many nieces, nephews, cousins and friends.

Relatives and friends are respectfully invited to greet the family during the visiting hours on Wednesday 4-8 p.m. in the McDonald Keohane Funeral Home South Weymouth at 809 Main St. (Rte. 18 opp. So. Shore Hospital). Relatives and friends will gather in the funeral home at 9 a.m. on Thursday prior to the Funeral Mass in St. Clare's Church, 1244 Liberty St., Braintree at 10 a.m. Burial in St. Patrick's Cemetery, Rockland.

See Keohane.com for directions and online condolences.

Donald E. 'Donny' Bowes, Jr.

Donald E. "Donny" Bowes, Jr., of Quincy died March 11, 2022.

Donny adored his family. He enjoyed playing Santa every year for his grandkids, many families, and the Quincy Fire Department. He loved going to sporting events with his kids, taking road trips, hot dogs at Castle Island, and visiting the family cottage in Plymouth. Donny worked as the security supervisor for the Boston Red Sox for 15 years at "Gate A" and was very well known and loved there. He took pride in his work and was a dedicated employee. He also currently worked at 100 Hancock Street in Quincy. Previously he worked at Barry's Deli and Stop & Shop deli in North Quincy for years. Donny was a fun and spontaneous man who knew everyone and was larger than life. He was outgoing and a friend to anyone

DONALD E. BOWES, JR.

he met. He will be greatly missed by all who had the pleasure of knowing him.

Loving son of Donald E. Bowes, Sr. and Elizabeth Bowes of Quincy. Beloved husband of Christine Bowes of Quincy. Cherished father of Donald E. Bowes, III of Quincy, Jennifer Bowes of Rockland, Shane Ceurvels of Quincy, and Matthew Bowes of Quincy. Loving brother of Tom Bowes and his wife Kathleen of Braintree and Michael Bowes of Quincy. Devoted grandfather of Kaylee, Hayleigh, Bradley, Jaelynn, Julian, and the late Zachery. Also survived by many nieces, nephews, and a very large extended family.

Relatives and friends are respectfully invited to greet the family during the visiting hours on Friday 3-8 p.m. in the Keohane Funeral Home, 785 Hancock St., Quincy. A Celebration of Life Service will be held in the funeral home at 9:30 a.m. on Saturday prior to the Funeral Mass in Sacred Heart Church, Quincy at 10:30 a.m. Cremation will follow.

In lieu of flowers, donations may be made to the Donny Bowes Memorial Fund, c/o Quincy Credit Union, 100 Quincy Ave, Quincy, MA 02169.

See Keohane.com for directions and online condolences.

Edgar W. Martin, Jr., 79

Edgar W. "Eddie" Martin, Jr., age 79, of Quincy, formerly of Jamaica Plain, died peacefully, Friday, March 4, 2022 in the comfort of his home, surrounded by his loving family.

Edgar was born in Boston, to the late Margaret (McLeod) and Edgar W. Martin, Sr. He was raised and educated in Jamaica Plain. He lived in Quincy for over fifty years.

Eddie was an iron worker and proud member of Local 7 for over fifty years.

Eddie had a passion for fishing and was a well-known guide on the Salmon River in upstate New York for over thirty years. Known as the "old man of the river", he would spend months at a time there, maneuvering a small group of clients on a drift boat down the river.

Eddie was also an avid Boston sports fan, espe-

EDGAR W. MARTIN, JR.

cially of the New England Patriots and Boston Bruins.

Beloved husband of Marilou (Delorey) Martin. Together for 40 years, they shared 26 years of marriage.

Eddie is survived by his son, Kevin Mugford, and three grandchildren. He is also survived by his surrogate daughter, Kimberly Ranft.

Dear brother of Gail Martin of South Boston, and Terrance "Teddy" Logan of Newton and his late wife Patricia.

Loving uncle of Zachary Miller, Deb Logan-Heffernan, Kim Logan-Maus, and the late Sonya Logan-Murphy.

At the request of the family, funeral services were private.

For those who wish, donations in Edgar's memory may be made to MSPCA-Angell, Attn: Donations, 350 South Huntington Ave, Boston, MA 02130 or mspca.org.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy. You are invited to visit thesweeney-brothers.com or call 617-472-6344.

James 'JJ' Jordan, Jr.

James J. "JJ" Jordan, Jr. of Quincy, died March 13, 2022.

JJ worked as a truck driver for the Bargain Center and a road manager for Building 19. He enjoyed watching Boston sports and playing cribbage at the local watering hole with his many friends. He will be greatly missed by all who knew him.

Son of the late James J. Jordan and Mary "Mae" (Rynn) Jordan. Beloved husband of Joanne (Trotman) Jordan of Quincy. Cherished father of James Jordan and his late wife Kathy, Joellen Dellamano, Julie Jordan and her partner

JAMES J. JORDAN, JR.

David O'Connor, Jackie Helebert and her partner David Helebert, and the late Joe "Bones" Jordan. Also survived by 11 grandchildren and 7 great grandchildren.

The family would like to thank Ashley Jordan and David O'Connor for their selfless caregiving and support of JJ during his illness.

Relatives and friends are respectfully invited greet the family during the visiting hours on Sunday 2-6 p.m. in the Keohane Funeral Home, 785 Hancock St., Quincy. A funeral home service will be celebrated on Monday at 11 a.m. Burial in Pine Hill Cemetery, Quincy.

In lieu of flowers, donations in memory of JJ may be made to Old Colony Hospice, 321 Manley St., W. Bridgewater, MA 02379-1022.

See Keohane.com for directions and online condolences.

Helen Williams, 90

Helen (Richards) Williams, age 90, of Lexington, Virginia, passed away March 10, 2022, due to natural causes.

She was preceded in death by her parents, John and Mildred Richards of Quincy, Massachusetts, brother James Richards of Quincy, in 2003 by her husband of fifty years Charles Williams, her son John Williams (Thuy) in 2016, and her granddaughter Kara Williams in 2001.

She is survived by her sons Robert Williams (Robin) of Lexington, Virginia, and Charles Williams (Victoria) of Laurel, Maryland, grandsons Adam (Heather) and Brian Williams, granddaughters Maggie Arehart (Justin), Cindy and Jenifer Williams, great-granddaughters Holly and Alaina Williams, Everlee and Lily Arehart, nieces Patty Cvizic and Debbie Holling, and nephew Claude Crider.

Family visitation was held Monday at Harrison Funeral Home, Lexington, Virginia, prior to a funeral service with her son the Rev. Robert Williams officiating, with a subsequent graveside service at Stonewall Jackson (Oak Grove) Memorial Cemetery in Lexington, Virginia.

In lieu of flowers, the family requests memorial donations by check be made to the Kendal Staff Appreciation Fund, Kendal at Lexington, 160 Kendal Dr., Lexington, VA 24450.

Jean M. 'Jeannie' Murphy, 72

Jean M. "Jeannie" (Feeley) Murphy, of Weymouth, and formerly of Quincy and Milton, died peacefully on Thursday, March 10, 2022, at the South Shore Hospital in Weymouth. She was 72.

Born in Boston on June 22, 1949, she was the daughter to the late Gerald W. and Alice H. (Bogan) Feeley. Jeannie attended local schools and graduated from North Quincy High School. Following graduation, Jeannie enrolled in the Quincy Hospital School of Nursing. Jeannie practiced as a Licensed Practical Nurse until 1979, when she retired from nursing to be a stay-at-home mom.

Jeannie raised her family with love and devotion. Family was the most important part of Jeannie's life, and she would have done anything for the people she loved and cared for. Selfless by nature, Jeannie was a caretaker and was the type

JEAN M. MURPHY

of person people could depend on.

In her spare time, Jeannie loved doing jigsaw puzzles and chatting on the phone with her friends. Jeannie was famous for decorating her home for each season along with coordinating the decorations with the holidays. Jeannie was a loving and devoted mother, grandmother, and friend. She will be missed by all the lives she touched.

Jeannie was the beloved wife of the late Charles H. Murphy, with whom she shared many wonderful years. She was the devoted mother of Kate A. Johnston and her husband Bruce of Weymouth, and the loving grandmother of Matthew and Molly Johnston, both of Weymouth.

A Celebration of Life Service was held in Keohane Funeral Home, 785 Hancock St., Quincy, at 9:30 a.m. on Wednesday, March 16, 2022, prior to the Funeral Mass in St. Agatha's Church, Milton at 10:30 a.m.

Following cremation, Jeannie will be interred privately in Blue Hill Cemetery, Braintree.

In lieu of flowers, memorial contributions may be sent in Jeannie's name to the Glioblastoma Foundation by visiting: glioblastomafoundation.org/get-involved/donate.

See Keohane.com for directions and online condolences.

More Obituaries on Page 28 and online at www.TheQuincySun.com

Janet M. Kineavy, 83

OBITUARY

JANET M. KINEAVY

Janet M. (Foley) Kineavy, 83, of Quincy, died peacefully, Friday, March 11, 2022, at home, in the comfort of her loving family.

Janet was born in Boston on Sept. 13, 1938, to the late Henry C. and Lillian (McLeod) Foley. She was raised in South Boston, and it was here that she would meet and later marry a neighborhood boy named Roger Kineavy. Their union would last for more than 60 years, right up until Roger's death in May 2019.

After they were married, Janet and Roger had eight children in quick succession. "Eight in eight years", she would often proudly proclaim. They would purchase a home at 55 Arnold Road in Quincy. This home soon became the focal point of the neighborhood. All the kids, as well as the adults, gravitated to the Kineavy home. Janet and Roger's hospitality, kindness and generosity knew no bounds. Janet made many friends over the years, most would tell you proudly that Janet was their best friend.

While her family was her entire reason for existence, Janet still had plenty of time to indulge in many hobbies and endeavors over the years. She especially loved her involvement in a Sacred Heart Parish folk band. Never having played a guitar her entire life, Janet was a quick study. But her family was everything to her. With so many children, grandchildren and great grandchildren, Janet had her hands full, but would not have it any other way. She never missed any of the children's activities, even when very sick. Her death has left a huge hole in the hearts of everybody that knew her. Family and friends will tell you that not only was she a generous and kind person, but that she was the best person they had ever met.

Janet was the beloved wife of the late Roger J. Kineavy. She was the devoted mother of Roger J. Kineavy Jr, and his wife Cindy of Hanover, John P. Kineavy and his wife Kathleen of Dedham, Janet Gorman and her husband Edward of Dorchester, Honora C. Matthews and her husband William of Weymouth, Mary K. Kineavy of Haverhill, Michael J. Kineavy of Quincy, Jacqueline K. Kineavy-Bowes and her husband Richard of Westford, Joan Seaman and her husband Tim Seamon of Fremont, Indiana, and the late Elizabeth F. Kineavy. Janet was the loving grandmother of twenty-two and the loving great grandmother of eight. Sister of the late Carolyn E. Donald and Elizabeth Foley. Also survived by many loving nieces and nephews. .

Relatives and friends are respectfully invited to greet the family during the visiting hours on Thursday, March 17, 2022, 4-8 p.m. in the Keohane Funeral Home, 785 Hancock St., Quincy.

A Celebration of Life Service will be held in the funeral home at 8 a.m. on Friday, March 18, 2022, prior to the Funeral Mass at Divine Mercy Parish in Sacred Heart Church, Quincy at 9 a.m.

Services will conclude with interment in Cedar Grove Cemetery, Boston.

In lieu of flowers, memorial contributions may be sent in Janet's name to the Dana Farber Cancer Center at South Shore Hospital, 101 Columbian St., South Weymouth, MA 02190.

See Keohane.com for directions and online condolences.

PLEASE RECYCLE THIS NEWSPAPER

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO22P0106EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Albert L. Lewis, Jr.
Date of Death:
September 14, 2021

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Robert B. Lewis** of **Canton, MA.**

a Will has been admitted to informal probate.

Robert B. Lewis of **Canton, MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

3/17/22

LEGAL NOTICE

CITATION ON GENERAL PROBATE PETITION
Docket No. NO20P1775EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Sharon Moore Conlon
Also known as:
Sharon M. Conlon
Date of Death:
02/07/2020

To all interested persons:

A Petition has been filed by **James R. Conlon** of **Duxbury, MA** requesting Testacy Determination and admit the will to formal probate.

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on 03/30/2022. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: February 22, 2022
COLLEEN M. BRIERLEY
Register of Probate

3/17/22

PUBLIC NOTICE

CITY HOSPITAL OF QUINCY
NOTICE

The Annual Meeting of the Corporation of the City Hospital of Quincy will be held Virtually by Zoom on March 23, 2022 at 4:30 p.m. for the election of the Trustees for the ensuing year and for the transaction of any other business that may properly come before the meeting. For further information please email: kruuska@comcast.net

Karl D. Ruuska
Clerk

March 17, 2022

3/17/22

INVITATION TO BID **INVITATION TO BID**

CITY OF QUINCY, MASSACHUSETTS
Department of Public Works

Thomas P. Koch
Mayor
Alfred J. Grazioso, Jr.
Commissioner

INVITATION TO BID

The Department of Public Works for the City of Quincy; Massachusetts is seeking sealed bids for: **Catch Basin Clean Out Service** until **11:15 a.m.** local time **Thursday, March 31, 2022**, in the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud.

The project consists of Catch Basin Cleanout services at various locations throughout the City of Quincy, on an as needed basis. All work under this contract shall be for a year with an extension provision.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the Office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM. Specifications will be available March 16, 2022.

Each bid shall be accompanied by a bid security in the amount of five percent (5%) of the total value of the bid in the form of a bid bond or certified/treasurer's check.

The bidding and award of this contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M, as last revised. All applicable Federal, State and City of Quincy regulations in relation to Minority Business Enterprise, Women's Business Enterprise, Minority Work Force, Equal Employment Opportunity and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26 to 27H and/or any applicable federal rates. The City reserves the right to waive any informality in or to reject any or all bids when such an action is deemed in the best interests of the City.

Non-responsive and/or unbalanced bids may be rejected.

Thomas P. Koch
Mayor

Alfred J. Grazioso
Commissioner of Public Works

3/17/22

INVITATION TO BID **INVITATION TO BID**

CITY OF QUINCY, MASSACHUSETTS
Department of Public Works

Thomas P. Koch
Mayor
Alfred J. Grazioso, Jr.
Commissioner

INVITATION TO BID

The Department of Public Works for the City of Quincy, Massachusetts is seeking sealed bids for; **Catch Basin Repair Service** until **11:00 a.m.** local time **Thursday, March 31, 2022**, in the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud.

The project consists of Catch Basin Drainage Structure repair services at various locations throughout the City of Quincy, on an 'as needed basis'.

All work under this contract shall be for a year with an extension provision.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the Office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM. Specifications will be available March 16, 2022.

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Non-responsive and/or unbalanced bids may be rejected.

Thomas P. Koch
Mayor

Kathryn R. Logan
Purchasing Agent

3/17/22

Americans Say Yards Are One Of The Most Important Parts Of Their Homes

More than three quarters of Americans who have a yard (76%) say the family yard space is one of the most important parts of their home, according to a new poll commissioned by the TurfMutt Foundation and conducted online by The Harris Poll.

Nearly three quarters of Americans overall (72%) say a spacious yard would be at the top of their wish list if they were looking for a new home. That desire reflects a cultural shift in how Americans view their yards. Even more so, they're willing to invest in their yards, and are using them more for everyday activities, including as work-from-home office space.

"What we are seeing with Americans is greater reliance on the backyard as an extension of the home. It's not just a place that looks pretty – it's a place to live and do daily activities such as working, dining and relaxing," said Kris Kiser, president and CEO of the TurfMutt Foundation. "They've discovered that 'backyarding' is a better way to live and there's no turning back. They are also willing to hire professionals and invest money into yard improvements."

People are enjoying extra time outside, too. Nearly a quarter of Americans who have a yard (24%) are spending more time in their yards now than before the COVID-19 pandemic.

And they are really enjoying the extra time outside. Over 3 in 5 Americans who have a yard (63%) say they have enjoyed doing more activities in their yard since the pandemic began. Younger adults (68% age 18-54 vs. 52% age 65+) and parents of kids under 18 (73% vs. 58% who are not parents of kids under 18) are more apt to feel this way.

Who's spending all that time outside?

- **Older millennials** - 32% of adults ages 35-44 who have a yard are the spending more time in their yard now compared to pre-pandemic.
- **Parents** - 30% of those with a yard who are parents of kids under 18 are spending more time out in their yard now compared to pre-pandemic and are more likely than those without kids under 18 to say they are doing so (21%).

How Americans use their yard has likely changed. For one, the outdoor office trend is here to stay with many Americans using their yards as makeshift offices for their jobs. Stats show:

- Nearly 2 in 5 Americans who have a yard (58%) say they have spent time doing work for their job in their yard during the pandemic.
- Men are more likely to use their yards while doing work for their jobs, with 63% of men compared to 53% of women with yards saying they worked outdoors in their yard during the pandemic.
- Among those with a yard, parents of kids under 18 are also more likely (71%) than their counterparts without kids under 18 (52%) to have used the yard to get work done during the pandemic.

The yard has also become a place to de-stress, with more than two thirds of Americans who have a yard (69%) saying doing yard work, such as mowing, trimming or planting, is one of the ways they like to de-stress these days. This is especially true among parents of kids under 18 as they are more likely than their counterparts without kids under 18 to cite this (76% vs. 65%).

A vast majority of Americans who have a yard (84%) plan to invest in their yard in 2022, including:

- 67% say they'll purchase plants/trees/flowers/vegetables to plant themselves
- 39% report they will purchase items to maintain or improve their grassy areas
- 23 % say they will install or update hardscaping themselves.

And the outlook looks bright for the landscaping industry. About a third (33%) of those with a yard plan to hire a professional to do landscaping or hardscaping in 2022. Other yard improvements planned for 2022 include installing a fence (19%) or a shed (15%) and adding a swimming pool (10%). Among those with a yard:

- Adults ages 18-44 are more likely than those ages 45+ to say they plan to invest in their yard in 2022 by hiring a professional to do landscaping or hardscaping, 43% compared to 26% of those age 45+.
- Nearly a third of those ages 18-44 (31%) will install or update hardscaping themselves, 27% will install a fence, 21% will install a shed and 18% plan to put in a swimming pool.
- Parents of kids under 18 (73%) are more likely than their counterparts (63%) to say they plan to invest in their yard in 2022 by purchasing plants, trees, flowers, or vegetables to plant themselves. Parents of kids under 18 are also more likely than those without kids under 18 to purchase items to maintain or improve grassy areas on the lawn (44% vs. 36%), and more likely to hire a professional to do landscaping or hardscaping (47% vs. 26%).

KRIS KISER and Mutt Mulligan, the spokesdog for the TurfMutt Foundation, enjoy backyarding. *Courtesy Photo*

INVITATION TO BID **INVITATION TO BID**

CITY OF QUINCY, MASSACHUSETTS
Department of Natural Resources

Thomas P. Koch, Mayor
David Murphy, Commissioner of Natural Resources

INVITATION TO BID

The Department of Natural Resources for the City of Quincy, Massachusetts is seeking sealed bids for **Pine Hill Cemetery Expansion** until **11:00 a.m.** local time, **Friday, April 15, 2022**, in the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud. Please provide: One (1) original and one (1) thumb drive of the bid documents including all bonds and paperwork.

The Work under this Contract includes, but is not limited to, construction of new burial interments, retaining walls, a new roadway, walkways, parking areas, landscaping and various other improvements at Pine Hill Cemetery in Quincy, MA. Work includes, but is not limited to, clearing and grubbing, tree and stump removal, excavation, grading, rock and ledge removal, retaining wall construction, columbarium wall construction, pre-buried vault installation, full depth pavement construction, mill and overlay, riprap slope armoring, water spigot installation, drainage structures and piping, hydrant installation, septic system replacement, signage, fencing, pergola installation, landscaping and all materials, equipment, services and construction inherent to the Work.

The Work shall be substantially completed by November 17, 2023 and completed and ready for final payment by April 30, 2024.

A non-mandatory pre bid conference will be held on Thursday March 31, 2022 at 11:00am at the Department of Natural Resources conference room located at One Merrymount Parkway, Quincy, MA.

Detailed specifications will be available March 17, 2022 at no cost on-line at the City of Quincy's Website, https://www.quincyma.gov/departments/purchasing/current_bids.php. Bidders shall send a confirming email to "purchasing@quincyma.gov" to allow Owner to maintain a plan holders list. If Bidding Documents are downloaded and/or printed from Owner's website, it is Bidder's responsibility to check the website for any addenda before submitting a Bid. The Owner will not be responsible for any Bid that omits addenda acknowledgement. Bidding Documents are also available at the Office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM

Each Bid shall be accompanied by a Bid security in the amount of five percent (5%) of the total value of the Bid in the form of a Bid bond or certified/treasurer's check.

The bidding and award of this Contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M, as last revised, all Federal, State and City of Quincy regulations when applicable in relation to Minority Business Enterprise, Women's Business Enterprise, Minority Work Force, Equal Employment Opportunity, and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26 to 27H and/or any applicable federal rates. The City reserves the right to waive any informality in or to reject any or all Bids when such an action is deemed in the best interests of the City.

Non-responsive and/or unbalanced Bids may be rejected.

Thomas P. Koch
Mayor
3/17/22

David Murphy
Commissioner, Natural Resources

Kathryn R. Logan
Chief Procurement Officer
3/17/22

LEGAL NOTICE

NOTICE AND ORDER:
Petition for Appointment of Guardian of a Minor
Docket No. NO22P0403GD
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021

In the Interests of: **Lillie-Mae Davis**
of **Quincy, MA**
Minor

NOTICE TO ALL INTERESTED PARTIES

1. Hearing Date/Time: A hearing on a Petition for Appointment of Guardian of a Minor filed on **02/23/2022** by **Nunzio Blonde** of Quincy, MA will be held **04/12/2022 11:30 AM Guardianship of Minor Hearing.**

Located **33 Shawmut Road, Canton, MA 02021**

2. Response to Petition: You may respond by filing a written response to the Petition or by appearing in person at the hearing. If you choose to file a written response, you need to:

File the original with the Court; and

Mail a copy to all interested parties at least five (5) business days before the hearing.

3. Counsel for the Minor: The minor (or an adult on behalf of the minor) has the right to request that counsel be appointed for the minor.

4. Counsel for the Parents: If you are a parent of the minor child who is the subject of this proceeding you have a right to be represented by an attorney. If you want an attorney and cannot afford to pay for one and if you give proof that you are indigent, an attorney will be assigned to you. Your request for an attorney should be made immediately by filling out the Application of Appointment of Counsel form. Submit the application form in person or by mail at the court location where your case is going to be heard.

5. Presence of the Minor at Hearing: A minor over age 14 has the right to be present at any hearing, unless the Court finds that it is not in the minor's best interests.

ORDER TO PETITIONER(S)

IT IS ORDERED THAT copies of this Notice and the Petition for Appointment of Guardian of a Minor be served in hand on the minor, (if 14 or more years of age and not the petitioner), the guardian, the parents of the minor, and any other person if ordered by the Court, at least **fourteen (14)** days prior to the hearing date listed above. **Service must be made by sheriff, constable, or other person approved by the Court.**

If Service in hand cannot be accomplished on any interested party, **IT IS ORDERED** that copies of this Notice and the Petition for Appointment of Guardian of a Minor be served on the interested party by leaving at and mailing by regular first class mail to last and usual place of residence of the interested party at least **fourteen (14)** days prior to the date of hearing listed above.

If the identity or whereabouts of an interested party is **not known, IT IS FURTHER ORDERED** that copies of this Notice and Petition for Appointment of Guardian of a Minor be served on all interested persons at least **fourteen (14)** days prior to the hearing date by mailing first class mail and by publishing a copy of the Order and Notice once in **The Quincy Sun, Quincy, MA** publication to be at least **Seven (7)** days prior to the hearing date.

If required, service on the United States Veteran Administration and the Department of Children and Families may be accomplished by regular first class mail at least **Seven (7)** days prior to the hearing.

THIS IS A LEGAL NOTICE: An important court proceeding that may affect your rights has been scheduled. If you do not understand this notice or other court papers, please contact an attorney for legal advice.

Date: February 28, 2022

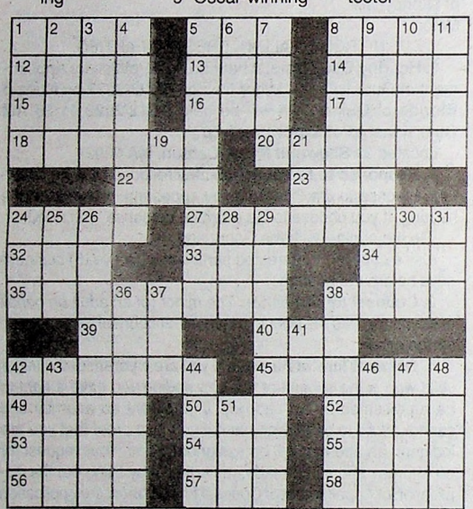
COLLEEN M. BRIERLEY
Register of Probate
3/17/22

SUN FUN PAGES

King Crossword

ACROSS
1 Soak up the sun
5 Joke
8 Sports figure?
12 Penne — vodka
13 Playwright Levin
14 "Oops!"
15 Picnic spoiler
16 Vacuum's lack
17 Novelist Jaffe
18 Chinese food assortment
20 Some mixologists
22 Docs' org.
23 "Uh-huh"
24 Tousle
27 "Locksley Hall" poet
32 Year in Mexico
33 Sock part
34 Stop — dime
35 Short recital piece
38 Uppity one
39 Spike's warning
40 Three, in Rome
42 JFK's vessel
45 Brother's son
49 Leveling wedge
50 Jurist Fortas
52 "I did it!"
53 Antitoxins
54 "— the season ..."
55 Ireland
56 Tiny amounts
57 Six-pack muscles
58 Head, to Henri

DOWN
1 Poet of yore
2 Jai —
3 Slender
4 Sunflower State
5 "Billions" actor Paul
6 "Exodus" hero
7 Attire
8 "Oklahoma!" carriage
9 Oscar-winning actress Emma
10 Top-of-the-line
11 Compared to
19 Hesitant sound
21 Objectivist Rand
24 More (Sp.)
25 Popular card game
26 Lark, for one
28 Very long time
29 Fastidious trait
30 Yoko of music
31 Collar
36 Scents
37 La-la lead-in
38 Music for seven
41 Concerning
42 "Hey!"
43 Ellington's "Take — Train"
44 "Toodle-oo!"
46 Aesopian also-ran
47 Tend texts
48 Fade away
51 Clothing protector



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HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

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Differences: 1. Hockey stick is missing. 2. Tassel is shorter. 3. Arm is moved. 4. Tree is missing. 5. Sign is different. 6. Log is shorter.

Trivia test

by Fifi Rodriguez

1. GEOGRAPHY: Where is the Adriatic Sea located?
2. MEASUREMENTS: How many centimeters are equivalent to 100 inches?
3. MOVIES: Who was the famous person portrayed in the movie "The Aviator"?
4. FOOD & DRINK: When did the first self-serve grocery store open?
5. FAMOUS QUOTES: Which 19th century author once wrote, "It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light, and winter in the shade"?
6. TELEVISION: Frank Costanza was the dad in which 1990s TV comedy show?
7. LITERATURE: Sir Walter Scott wrote novels about which country?
8. ART: What kind of stone did the Renaissance artist Michelangelo like using in his sculptures?
9. ADVERTISING SLOGANS: What product did the "Most Interesting Man in the World" advertise on TV?
10. ANIMAL KINGDOM: What unique sense do butterflies have in their feet?

Answers

1. Between the Italian and Balkan peninsulas
2. 254 centimeters
3. Howard Hughes (by actor Leonardo DiCaprio)
4. 1916, Piggly Wiggly store in Memphis, Tennessee
5. Charles Dickens
6. "Seinfeld"
7. Scotland
8. Marble
9. Dos Equis beer
10. Taste

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Salome's Stars

ARIES (March 21 to April 19) Put your restlessness to good use by indulging the Arian love of exploring new places and seeking new challenges. There also could be a new romance waiting to be "discovered."

TAURUS (April 20 to May 20) A surprise message from someone in your past could lead to a long-awaited reunion with a once-close friend. Also, look for a workplace problem to be resolved in your favor.

GEMINI (May 21 to June 20) Your self-confidence is rising, and that should be a significant factor in helping you adjust to a new social situation, as well as adjusting to a series of changes in the workplace.

CANCER (June 21 to July 22) Turnabout could be lots of fun when someone who previously accepted your tender, loving care without question now suggests that he or she wants to start taking care of you.

LEO (July 23 to August 22) Put the lessons you learned from past disappointments to work in planning your future. The way ahead opens to opportunities "purrfectly" suited to the adventurous Lion.

VIRGO (August 23 to September 22) This is a good time to renew contacts with family members and/or old friends who somehow slipped off your personal viewing screen in recent years. Travel also is favored.

LIBRA (September 23 to October 22) Most problems surrounding that recent personal situation have been resolved, and that means you should move on to other things that are important to you.

SCORPIO (October 23 to November 21) Spend this weekend recharging your physical and spiritual energies. When you return to your workaday world, you'll be ready to take on that new project.

SAGITTARIUS (November 22 to December 21) Be careful how you advise a troubled friend. Even your wise counsel could be misunderstood. Better to suggest that he or she seek professional help.

CAPRICORN (December 22 to January 19) Family problems once again dominate and, once again, everyone seeks your guidance in these matters. Later, you can indulge in some much-needed relaxation.

AQUARIUS (January 20 to February 18) Some mixed signals create confusion in the workplace. Best advice: Ask for explanations before you attempt to deal with any of these matters on your own.

PISCES (February 19 to March 20) A patch of roiling water in the workplace could be threatening, but stay the course and you'll soon be clear of it. Then go out and have a great time with loved ones.

BORN THIS WEEK: Your extraordinary leadership qualities mark you as someone people can turn to for guidance in difficult situations.

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MAGIC MAZE ● PLACES IN THE U.S. WITH BIRD NAMES

J	B	R	A	K	C	O	L	F	E	L	T	T	I	L
L	L	J	H	F	D	B	O	X	T	L	I	A	U	Q
B	A	C	Y	X	V	I	T	S	R	P	K	O	A	K
M	C	R	K	I	G	R	E	D	P	D	A	I	B	A
Z	K	A	X	W	U	D	T	D	R	R	N	J	Q	N
O	H	N	N	L	J	S	I	G	I	A	E	A	F	A
K	A	E	L	G	A	E	D	C	W	K	K	Y	A	C
Y	W	M	X	W	V	Y	T	S	S	E	C	M	F	I
R	K	T	I	W	R	E	V	O	L	P	I	E	P	L
O	C	D	I	D	R	I	B	E	T	I	H	W	P	E
N	O	L	K	N	T	N	W	O	T	K	C	U	D	P

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: **Colorado Town : A Male Duck**

Birdseye, IN
Black Hawk, CO
Chicken, AK
Ducktown, TN
Eagle, AK
Jay, ME
Osprey, FL
Peck, ID
Pelican, AK
Quail, TX
Swan, IA
White Bird, ID

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Wishing Well®

3	7	8	2	3	6	3	4	8	4	2	5	7
U	C	L	L	N	A	E	F	I	R	E	B	O
8	5	8	5	6	7	5	4	7	3	4	8	4
F	E	E	D	S	M	E	I	P	X	E	I	N
5	3	7	3	8	3	2	8	4	3	7	4	2
T	P	E	E	S	C	A	B	D	T	T	S	R
7	3	4	2	7	6	3	2	7	3	2	7	3
E	E	V	N	F	W	D	N	A	H	E	I	O
6	2	8	6	5	2	5	2	6	3	4	7	3
E	W	O	E	E	S	R	K	T	N	I	R	O
7	8	3	7	5	2	6	8	5	4	8	5	2
L	U	R	Y	M	I	L	N	I	S	T	N	L
5	4	2	5	8	4	6	8	2	8	6	8	6
E	I	L	D	I	T	I	F	S	U	F	L	E

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: **V** equals **W**

VJLP FLZFML HNL KZDOML FJZPLN'
GYMGHMYSZIN, VJYS KOUJS SJLE
XLIE VLMM DL TZOPU?
GLMM TOXONOZP.

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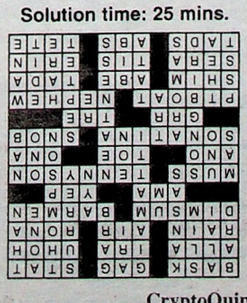
— King Crossword —

Answers

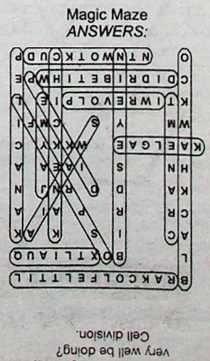
Solution time: 25 mins.



CryptoQuip answer

Calculators, what might they very well be doing? Cell division.

Magic Maze *ANSWERS:*



Bird people use smartphone phones.

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD – When Tom Hanks came down with COVID while filming "Elvis" in Australia, production was shut down and he and his wife returned to the U.S. Once he recovered, he hit the ground running. "Moulin Rouge" director Baz Luhrmann reopened filming "Elvis" once it was safe to resume. Hanks and "Elvis" (Austin Butler) made up for lost time, and it's now due June 24.

Hanks then assumed the role of Geppetto for Robert Zemeckis' live-action "Pinocchio," with Joseph Gordon-Levitt as the voice of Jiminy Cricket. Hanks and Zemeckis (now 70) won Oscars for "Forrest Gump" (1974) and collaborated on "Castaway" (2000) and "Polar Express" (2004). Hanks next reported to Wes Anderson for another of his all-star-cast films, "Asteroid City," with Margot Robbie, Scarlet Johansson, Jeffrey Wright, Maya Hawke, Adrien Brody, Bill Murray, Tilda Swinton, Bryan Cranston, Jeff Goldblum, Liev Schreiber and Matt Dillon. As if he isn't busy enough, Hanks is currently producing the war mini-series "Masters of the Air" (related to "Band of Brothers" and "The Pacific"), with Steven Spielberg and his Amblin Entertainment for Apple+.

Also working on a TV anthology series for Apple+ is Meryl Streep, who is starring in "Extrapolations," along with Tobey Maguire, Marion Cotillard, Forest Whitaker, Sienna Miller, Kit Harrington, Matthew Rhys, Daveed Diggs and David Schwimmer.

***

Last week we told you about Melissa Joan Hart's two-year contract with Lifetime to produce, direct and star in made-for-Lifetime films, following her success in Hallmark's "Mistletoe in Montana." Hallmark has a stable of stars they use for most of their original productions. The undisputed queen of Hallmark could well be Lacey Chabert, who developed, executive produced and starred in the recent six-hour "Wedding Veil Trilogy." Lacey first earned her stripes on the soap "All My Children" and in the TV films "Gypsy," starring Bette Midler, "A Little Piece of Heaven," opposite Cloris Leachman, and "What If God Were the Sun," opposite Gena Rowlands. She began making Hallmark films in 2010 and has starred in 30 original films since then.

As soon as word came out about Hart's two-year deal, Hallmark also gave deals to Danica McKellar ("The Wonder Years") and Jen Lilley, who went from the film "The Artist" (2011) to "General Hospital" (2011-2012) and "Days of Our Lives" (2013-2018), three Lifetime and 12 Hallmark movies from 2015-2022. Also signed was Trevor Donovan, a regular on "Days of Our Lives" (2007) and as Teddy in "Beverly Hills 90210" (2009-2013), followed by 12 original Hallmark films.

Hallmark has a contract roster of players in the tradition of MGM, which in its heyday claimed to "Have more stars than in the heavens!" Guess you can say Hallmark has more stars than in their cards!

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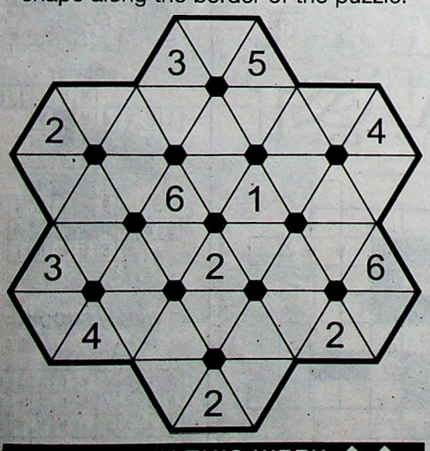
SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★

★ Moderate ★★ Difficult ★★★ GO FIGURE!

	–		×		14
×		+		–	
	+		+		17
+		×		×	
	÷		×		15
18		20		15	

1 2 3 4 4 5 6 7 9

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KOVELS Antiques & Collecting

By Terry and Kim Kovel

Ladderback Chair — Furniture made in America during its early days sometimes used expensive imported material like mahogany with hardware from Europe. But local woods, like pine, oak, walnut and cedar, iron and even paint were available and inexpensive. The use of a local wood helps identify furniture made in New Mexico, Louisiana and parts of Pennsylvania.

An early 19th-century ladderback chair from Louisiana was sold at a recent Neal auction. It was made of cypress wood, which is rot-resistant, hard and durable, has few knots, a light golden color, and, best of all, found near the furniture maker. The chair could also be dated from the shape of the stiles, rungs and its corn husk seat. Modern copies of this type of chair to be used outdoors are made of cypress because it lasts longer than other woods. The ladderback chair sold in the auction is 32 inches high and a comfortable 17 inches deep. It sold for $427. Cypress furniture is still being used but mainly for outdoor and garden furniture.

***

Q: We're downsizing and have to sell a beautiful Victorian baby stroller or carriage we've had for many years. There are large wicker scrolls on the sides, a cane seat and a scrolled woven footrest. The back wheels are much larger than the front wheels. It's in good, but not perfect, condition. What is it worth and where can we sell it?

A: The first push baby carriage was invented in 1848. It looked more like a stroller than a carriage. Wicker carriages with fancy scrollwork were popular in the 1880s and 1890s. They don't meet today's safety standards but are interesting, decorative items. Your wicker stroller would be hard to ship, so you should see if a local antiques shop or a consignment shop can sell it. If your stroller or carriage is very decorative, a buyer might use it to hold magazines or plants. If it's in great condition and an unusual shape, it could sell for $200 to $300.

***

CURRENT PRICES

Lladro figurine, Spotted Brown Cow, reclining, marked, 7 inches long, $50.

Chair, chrome, continuous arm frame, cantilevered seat, green fabric, Milo Baughman for Thayer Coggin, 32 x 22 inches, $175.

Libbey glass jam jar, lid and underplate, Harvard pattern, oval, faceted finial on lid, American Brilliant Period, 9 inches, $345.

Necklace, pendant, three Muses dancing, trees on sides, tortoiseshell, openwork, tortoiseshell link chain, c.1925, pendant 2 3/4 inches, chain 30 inches, $530.

***

TIP: To get a good shine on your antique furniture, use more rubbing, not more polish.

Learn about the record-setting prices scores of items have brought in recent years in the new "Kovels' Antiques & Collectibles Price Guide 2022." It is the ONLY antiques price guide that empowers collectors with the most up-to-date price information based on actual sales and market data. Available in stores and online, it makes a great gift.

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STICKELERS [sic].

by Terry Stickels

Here's a "trickledown" puzzle. The rules are simple; you merely change one letter on each line to make a new word and continue until you reach the final word.

EXAMPLE: COAT	ANS: COAT
____	COST
____	CAST
____	CASE
VASE	VASE

Now, try this one. Remember, there may be more than one answer.

SCALD

____

____

____

CHORE

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Strange BUT TRUE

• In 2006, an Athens court ordered the worship of the 12 gods of ancient Greece – including Zeus, Hera, Hermes, Athena and others – to be unbanned.

• Vikings fed their wounded soldiers a strong onion soup to help gauge the depth of a stomach wound. After a few minutes, they would smell the wound and if they could smell the onion soup, they knew the wound was too deep and the soldier could not be saved.

• The "artificial strawberry flavor" in a McDonald's milkshake is made up of around 45 chemicals.

• "Jeopardy!" contestants stand on adjustable platforms so that they all appear to be the same height on camera.

• On the last Sunday of November in Lopburi, Thailand, an annual Monkey Buffet Festival is held that provides food and drink to more than 2,000 local monkeys, as a thank you for drawing tourists to the town.

• The role of U.S. first lady isn't reserved solely for the president's wife. Historically, some first ladies have included nieces, sisters or daughters-in-law of the sitting president.

• The word "and" and the ampersand symbol (&) mean different things in movie credits. Two writers' names joined with an ampersand means they collaborated, while "and" means they worked on the script at different times.

• Researchers have discovered that the Fritillaria delavayi plant, which has been used in Chinese traditional medicine for 2,000 years, has evolved camouflage in heavily harvested areas.

• In 1355, a dispute between two students from Oxford University and a local tavern owner over the quality of its wine grew so heated that it resulted in a three-day-long riot, which left 63 students and 30 locals dead.

***

Thought for the Day: "Every small positive change we make in ourselves repays us in confidence in the future." – *Alice Walker*

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Now here's a tip!

by Jo Ann Derson

• Here's a great tip for freezing strawberries: Slip a berry into each section of an ice-cube tray, and then stack trays in the freezer. When frozen, transfer berries to a zipper-top bag and store in the freezer. They won't stick together, and you can just use what you need.

• "Vinegar (1/3 cup) works just as well as rinsing agents in your dishwasher. Simply add it to the wash with your regular dishwasher detergent. It can help with cloudy glassware." – *W.C. in Washington*

• "Another great use for a length of nylon stocking, or a knee-high, as we used to call them: Slip over your pet brush and poke the bristles through. Brush your cat or dog as normal. When you're done, you can pull the knee-high stocking right off and all the hair will be caught inside!" – *P.K. in Pennsylvania*

• If you have a pickle- or jelly-jar lid that's stuck on, try using the handle end of a butter knife to tap a few indentations around the edges. This can sometimes loosen the seal, making it easier to remove the lid.

• "When you get to the bottom of a bag of chips or a box of crackers, there usually are a lot of crumbs. I save ours in a baggie, then add them to breadcrumbs to bread fish or chicken. They add a lot of flavor, and it's basically free! It's funny, because I see packages of flavored breadcrumbs at the grocery store, and they are pretty expensive." – *R.L. in Virginia*

• Fresh ginger can be frozen. Simply grate as needed. The flavor remains, and it will stay fresh much longer.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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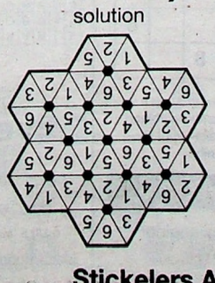
Go Figure! answers

	15		20		18
15	5	×	2	÷	6
	×		×		+
17	4	+	9	+	4
	–		+		×
14	7	×	1	–	3

SNOWFLAKES solution



Stickelers Answer

SCALD
SCALE
SCARE
SCORE
SHORE
CHORE

Super Crossword

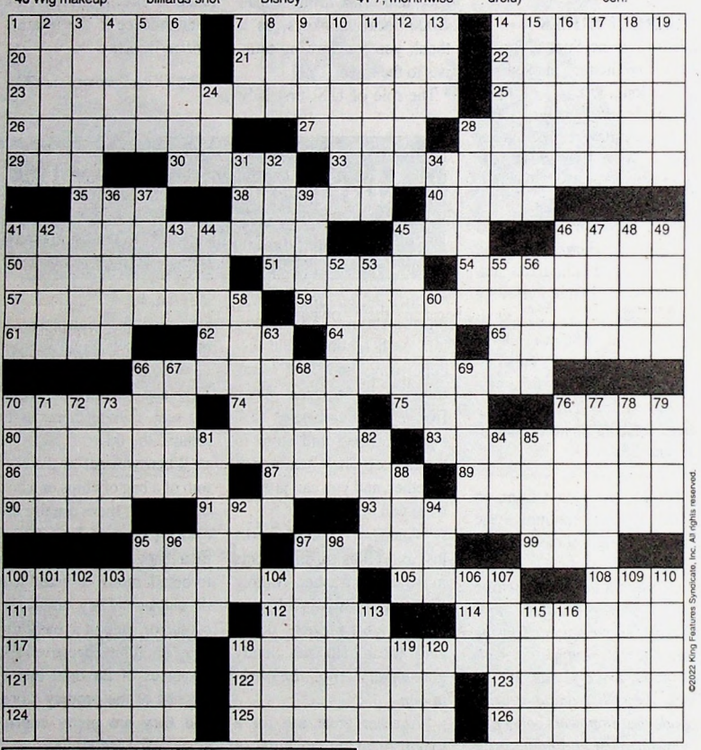
HER LEADING FATHER

ACROSS

1 Passengers
7 It's used for simmering
14 Good for farming
20 Texas wildcat
21 Huffington of HuffPost
22 Hooded snakes
23 Noted WikiLeaks whistleblower [#42]
25 Potato, yam and rutabaga
26 Impressionist painter Mary
27 Toaster waffle brand
28 Ancestry
29 Not needing an Rx
30 Unkempt sort
33 Swimmer who won six Olympic gold medals [#39]
35 It has triceps
38 Radical type
40 Work units
41 Author of the Edgar-winning novel "New Orleans Mourning" [#37]
45 "TRL Top 10" channel
46 Wig makeup
50 Not similar
51 2014 Olympics host city
54 Pooh and Roo's creator
57 Erudite class
59 Actress called "The Queen of Technicolor" [#40]
61 The "Y" of YSL
62 UFO pilots, presumably
64 Surveyor's map
65 Caught in a lasso
66 Whom each of this puzzle's featured women have as a namesake
70 Like hot stuff
74 State of mind
75 Always, to Keats
76 Dismounted
80 "Sabrina the Teenage Witch" actress [#35]
83 Black or red candy
86 Grow to accept
87 High-stick billiards shot
89 Make sizzling sounds
90 Stag, e.g.
91 Nondairy milk source
93 2006 U.S. figure skating champion [#44]
95 — Pet (1980s fad)
97 Petrol unit
99 Astros, on sports tickers
100 She played Dharma on "Dharma & Greg" [#43]
105 Deep drink
108 Have life
111 How Earth rotates
112 Born under — sign
114 Nondairy milk source
117 Person "from around here"
118 "The Last O.G." actress [#45]
121 Close to a dozen
122 Many an allergy sufferer
123 Make happy
124 Tension
125 Runty ones
126 Michael who once headed Disney

DOWN

1 "The Famous Teddy Z" actor Alex
2 Old Apple instant-messaging app
3 Reduce in intensity
4 Pipe bends
5 Civil rights figure Parks
6 Leaves in, to an editor
7 On the — (fleeing)
8 "... boy — girl?"
9 Claret, e.g.
10 Plane houser
11 Mystery
12 Irk
13 Dog's jingler
14 Role-playing
15 Boxers' units
16 Nuns' place
17 Period of rest
18 Jumbo-sized
19 Ruhr city
24 Fla.'s ocean
28 Future flies
31 Yes, to Pierre
32 Deli classics, for short
34 Critters' doc
36 Irks
37 Israel's Golda
39 — McAn (shoe brand)
41 7, monthwise
42 Part of UCLA: Abbr.
43 Reggae grew from it
44 Taxi ticker
45 Saharan illusion
46 Longtime Ritz rival
47 "How sad!"
48 As to
49 Enjoy a book
52 Ice — (longtime skating show)
53 Netflix alternative
55 Crooner Murray
56 Heathland
58 "You know who I am"
60 Merman of old musicals
63 Full of tumult
66 Fedora fabric
67 Still having a shot to win
68 Qatar's capital
69 Van Devere of "The Changeling"
70 Hoodwink
71 "There, I did it!"
72 Said aloud
73 Bound along
76 — -Detoo ("Star Wars" droid)
77 Neighbor of a Pole
78 Frozen drink brand
79 Beach bird
81 In a prying way
82 Admin. aide
84 W-2 pro
85 "Yeow!"
88 Hearing pair
92 Clumsy ox
94 Suture
95 Baby whales
96 Mount St. —
97 Add-on cost for a science course
98 Shortly, informally
100 Fonda and Austen
101 Really praise
102 Gunpowder component
103 Dewy-eyed
104 The Pine Tree State
106 "— bin ein Berliner"
107 Totally lose it
109 Charlotte — (rich dessert)
110 Anesthetic of old
113 Flabbergast
115 451, to Nero
116 Keats poems
118 Dosage amt.
119 By birth
120 100 in a cen.



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celebrity extra

by Dana Jackson

Q: What happened to the "Home & Family" show on the Hallmark Channel? One day it was there and the next day gone! – *J.G.*

A: The "Home & Family" daytime talk show was canceled after nine seasons. It went through several creative changes over the years, with original hosts Cristina Ferrare, Michael Burger and Chuck Woolery in the late 1990s. It was renewed by the Hallmark Channel in 2012 with new hosts Paige Davis of "Trading Spaces" fame and Mark Steines from "Entertainment Tonight."

Davis' run was very short-lived, and she was replaced with former host Ferrare. In 2016, Ferrare was let go in favor of Debbie Matenopoulos ("The View"), while Steines stayed until 2018, when he was abruptly fired. The seventh season welcomed new co-host Cameron Mathison ("All My Children"). The show went on hiatus in 2020 during the pandemic and never fully recovered, returning in early March 2021 only to be canceled soon after.

***

Q: When is the new "Jurassic Park" movie coming out? I want to make sure I don't miss it on the big screen. Movies don't seem to last very long in theaters these days. – *B.D.*

A: "Jurassic World Dominion" is expected to premiere in theaters nationwide on June 10. It will no doubt be a big hit as it stars not only Chris Pratt, but features the return of characters from the original "Jurassic Park" trilogy – Jeff Goldblum, Laura Dern and Sam Neill.

In the newest installment, humans and dinosaurs must learn to co-exist, and Bryce Dallas Howard leads the movement as the founder of the Dinosaur Protection Group. Steven Spielberg, who directed the original "Jurassic Park," is one of the upcoming film's producers, and Colin Trevorrow directs. "Jurassic World" from 2015 is one of the top 10 grossing movies of all time with $1.67 billion at the box office worldwide.

***

Q: It seems like Benedict Cumberbatch is in everything these days. I first noticed his talents in the "Sherlock" series, but I'd never heard of him before then. How long has he been acting professionally? – *B.B.*

A: Benedict Cumberbatch started out on the stage in London, which is no surprise given that he is the son of two actors, Wanda Ventham and Timothy Carlton. He's been earning screen credits for the past 20 years, but the British mystery series "Sherlock" was his breakout hit. Before then, he built up an impressive resume with small roles in U.S. films like "August: Osage County," starring Meryl Streep, and "12 Years a Slave," starring Chiwetel Ejiofor.

Benedict Cumberbatch in "Sherlock"
Photo credit: BBC

After joining the Marvel Universe as Doctor Strange, Cumberbatch's name is now above the title. He recently reprised the comic-book role in the blockbuster hit "Spider-Man: No Way Home" and will next star in "Doctor Strange in the Multiverse of Madness."

He'll also soon learn if he can add Oscar winner to his list of accomplishments, as he's a Best Actor nominee for his role in "The Power of the Dog." The Academy Awards will air Sunday, March 27, on ABC.

***

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange

by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. Decanter	_ _ _ E _ _	Pie shell	_ _ _ S _ _
2. Author Jane	_ _ _ _ E _	Texas capital	_ _ _ _ I _
3. Inclined to	_ R _ _ _ _	Use one's cell	_ H _ _ _ _
4. Fireplace	_ _ _ _ _ H	Robust	_ _ _ _ _ Y
5. Noisy toy	R _ _ _ _ _	Combat	B _ _ _ _ _
6. Film ogre	_ _ _ _ K	Mole's relative	_ _ _ _ W
7. "High Noon" actor	_ _ O _ _ _	Cu element	_ _ P _ _ _
8. Pitch	_ _ _ _ W	Pulsation	_ _ _ _ B
9. Cake maker	_ A _ _ _	Motorcyclist	_ I _ _ _
10. Fortified wine	S _ _ _ _ _	Sundae topping	C _ _ _ _ _

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Weekly SUDOKU

by Linda Thistle

		9			5	1		
	6	4	2					3
3				6			8	
1				9		6	4	
	3			8				7
		8	5			2		
	8			1			7	
9				7				6
		5	4	3		8		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆

◆ Moderate ◆◆ Challenging ◆◆◆ HOO BOY!

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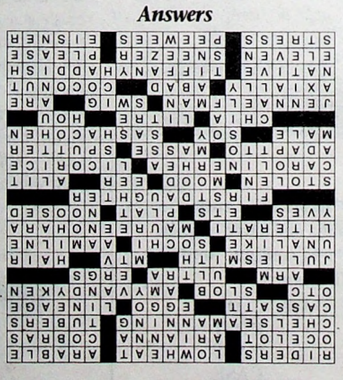
Super Crossword

Answers



Even Exchange

answers

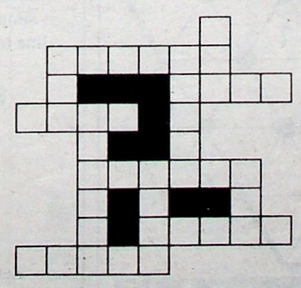
1. Cruel, Crust
2. Austen, Austin
3. Phone, Phone
4. Hearth, Hearty
5. Rattle, Battle
6. Shriek, Shrew
7. Cooper, Copper
8. Throw, Throb
9. Baker, Biker
10. Sherry, Cherry

FEAR KNOT

By: rj johnson

DOUBT? ...OR DARE!

PIM
MUPPLE
PATRA
♥ EMRI
HUNSIR
♥ RMA
RSYP
♥ TASRI
♥ IPH
TEPREA
LMESL
♥ ERPA



Unscramble these twelve letter strings to form each into an ordinary word (ex. **HAGNEC** becomes **CHANGE**). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥ **RATHE** becomes **HATER** or **EARTH** or **HEART**). Fit each string's word either across or down to knot all twelve strings together.

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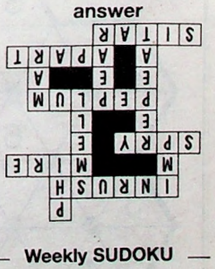
FEAR KNOT

answer



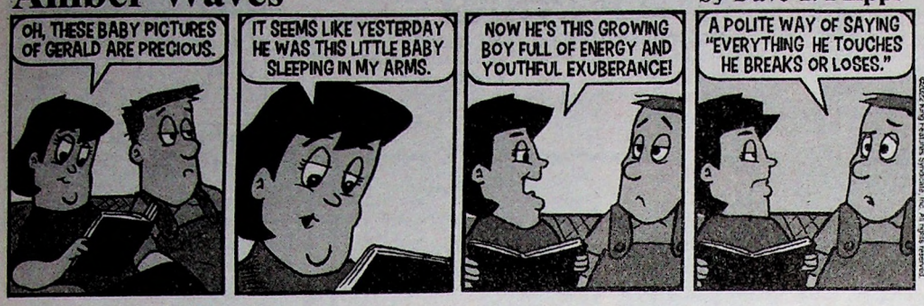
Weekly SUDOKU

Answer

6	7	5	4	3	2	8	1	9
9	4	1	8	5	7	3	2	6
2	8	3	6	1	9	4	7	5
7	9	8	5	4	6	2	3	1
4	3	6	1	2	8	9	5	7
1	5	2	7	9	3	6	4	8
3	1	7	9	6	4	5	8	2
5	6	4	2	8	1	7	9	3
8	2	9	3	7	5	1	6	4

Amber Waves

by Dave T. Phipps

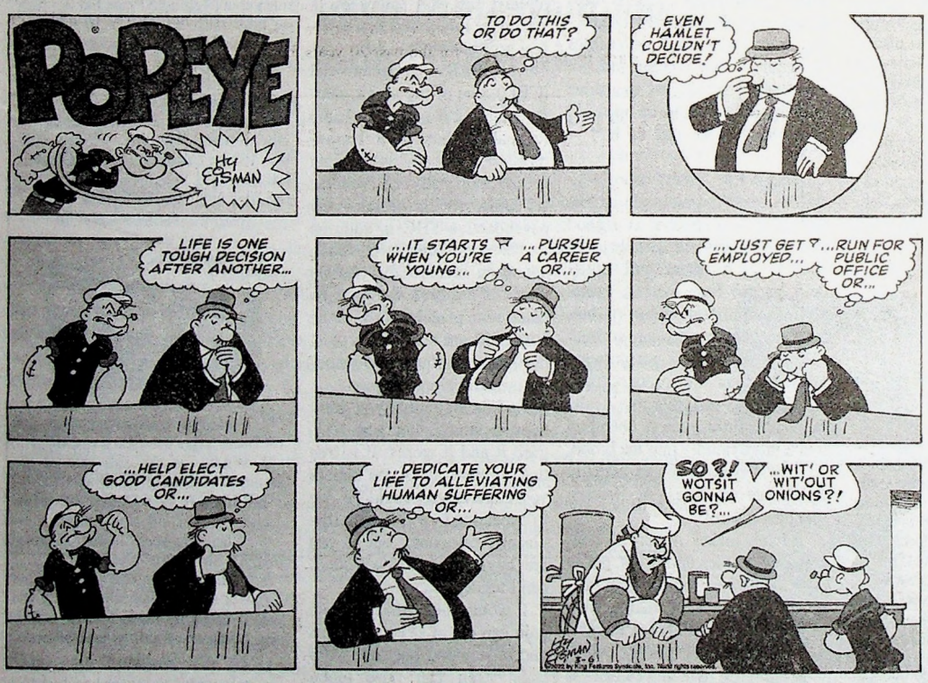


Out on a Limb

by Gary Kopervas

R.F.D.

by Mike Marland



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Blink
ORBETS ___ ___ ___ ___ ___ ___

Asteroid
REMOTE ___ ___ ___ ___ ___ ___

Plod
GUDTER ___ ___ ___ ___ ___ ___

Celebration
GETANAP ___ ___ ___ ___ ___ ___ ___

"It wasn't a romance — it was just a few dinner dates to help with my _____."

TODAY'S WORD ___ ___ ___ ___ ___ ___

Conceptis Hitori

Each puzzle consists of a square grid with numbers appearing in all squares. The object is to shade squares so:

1	5	3	1	2
5	4	1	3	4
3	4	3	1	5
4	4	2	3	3
2	1	5	4	4

1	⑤	3	■	②
⑤	■	①	3	4
3	4	■	1	⑤
4	■	②	■	3
②	①	⑤	4	■

- No number appears in a row or column more than once.
- Shaded (black) squares do not touch each other vertically or horizontally.
- When completed, all un-shaded (white) squares create a single continuous area.

1	4	6	4	7	5	6
4	5	5	1	2	4	7
7	1	5	6	5	4	2
1	2	2	2	6	4	5
2	3	7	5	4	1	2
5	2	3	4	5	2	6
7	2	4	5	3	6	3

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Paw's corner

by Sam Mazzotta

DEAR PAW'S CORNER: The tragic war in Ukraine weighs heavily on my mind, as I'm sure it does for many others. And I wonder every day if the people fleeing are able to take their pets. If so, how can I help both pets and their owners coming from Ukraine? –*Gerry A., Utica, New York*

DEAR GERRY: Animal welfare and humanitarian organizations are actively teaming up as I write this, working to find ways to provide food and shelter to the pets that Ukraine's refugees (now over 2 million and counting) brought with them on their perilous journey to the west.

Countries bordering Ukraine – Czech Republic, Hungary, Lithuania, Poland, Romania and Slovenia – have temporarily relaxed their restrictions on pets. But many pets need care and foster homes because their owners had to leave them and return to Ukraine to join the fight.

While donations to major organizations like the Humane Society will help, you can make the most impact by donating directly to groups that are at the borders right now, setting up pet shelters and providing medical care to pets as they arrive. Unlike some large groups, which take a significant percentage of donations to cover administrative costs, donating directly to smaller organizations means that a much higher percentage of your dollars go directly to food, shelter and medical care (including vaccinations) for Ukraine's animals as they arrive at the borders.

A Euronews.green article profiles two groups that are on the ground right now. Go to the site and search for "Ukraine's Pet Refugees" to read about them. And the Belgian-based Eurogroup for Animals lists several more groups that are directly helping animals caught in this upheaval. Go to its website and search for "animal protection organisations-ukraine" to learn more.

To check out a registered charity before sending it money, visit www.charitynavigator.org to search by name.

Send your tips, questions or comments to ask@pawscorner.com.

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TOP VIDEO RENTALS AND SALES

TOP TEN VIDEO, DVD for release week of March 14, 2022

—

Video On Demand

1. House of Gucci (R) Lady Gaga
2. American Underdog (PG) Zachary Levi
3. Ghostbusters: Afterlife (PG-13) Carrie Coon
4. Encanto (PG) animated
5. King Richard (PG-13) Will Smith
6. Eternals (PG-13) Gemma Chan
7. The King's Man (R) Ralph Fiennes
8. No Time to Die (PG-13) Daniel Craig
9. Dune: Part One (PG-13) Timothee Chalamet
10. Clifford the Big Red Dog (PG) Darby Camp

DVD, Blu-ray Sales

1. Eternals (PG-13) Disney/Marvel
2. The King's Man (R) 20th Century
3. Encanto (PG) Disney
4. Ghostbusters: Afterlife (PG-13) Sony Pictures
5. American Underdog (PG) Lionsgate
6. House of Gucci (R) Universal/MGM
7. Resident Evil: Welcome to Racoon City (R) Sony Pictures
8. The 355 (PG-13) Universal
9. Clifford the Big Red Dog (PG) Paramount
10. Dune: Part One (PG-13) Warner

Source: Comscore/ Media Play News

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Hitori

answer

1	4	6	4	7	5	6
4	5	5	1	2	4	7
7	1	5	6	5	4	2
1	2	2	2	6	4	5
2	3	7	5	4	1	2
5	2	3	4	5	2	6
7	2	4	5	3	6	3

SCRAMBLERS

solution

BUDGET

Today's Word

1. Strobe 2. Meteor 3. Trudge; 4. Pageant

MORE SUN FUN

The Adam Project (PG-13) Ryan Reynolds, the master of witty one-liners, stars in yet another major blockbuster titled "The Adam Project," newly streaming on Netflix. Reynolds portrays Adam Reed, a fighter pilot in 2050 with the power to travel through time. When Adam accidentally crash lands back in 2022, he must save the fate of the future by teaming up with a very unlikely partner — his 12-year-old self. A mixture of comedy, action and sci-fi (can't forget a splash of romance!), "The Adam Project" serves as a perfect adventure for the entire family.

Dune (PG-13) After making its initial premiere in theaters and on HBO Max in October, "Dune" returns to the streaming platform for those ready to embark on a fantastical cinematic experience. In this two-and-a-half-hour film packed with a star-studded cast, "Dune" takes us on a journey to the desert planet of Arrakis with Paul Atreides (Timothee Chalamet), a young man with extraordinary physical and mental abilities hailing from the lush ocean planet of Caladan. Throughout his perilous journey, Paul, accompanied by his just-as-gifted mother, Jessica, experiences visions of the role he will take in a war between the planets of his universe. Directed by Denis Villeneuve, "Dune" is a sci-fi escape into worlds far away from our own and leaves audiences set for a few incredible sequels to come.

The Last Days of Ptolemy Grey (TV-MA) Samuel L. Jackson stars as Ptolemy Grey, a 93-year-old man diagnosed with dementia, who finds himself unable to remember his past and the secrets that lie within it. After hesitantly approaching a doctor who has a new treatment guaranteed to bring his memory back, Ptolemy uncovers the hidden stories that have been deeply etched into his long-forgotten memories. Adapted from the novel by Walter Mosley, this drama miniseries premiering on Apple TV+ leaves viewers with a profound story of a man coming to terms with his past.

Courtesy of Netflix

Samuel L. Jackson in "The Last Days of Ptolemy Grey"

Upload (TV-MA) In this Prime Video sci-fi comedy, humans can upload themselves into a virtual afterlife after they pass away to continue living their lives, with certain pros and cons of course. Season one centered around Nathan, who died prematurely and was begged to be "uploaded" by his controlling girlfriend, Ingrid. While taking on his new afterlife in Lakeview, Nathan found himself gaining feelings for his customer-service representative, Nora, as well as discovering the true reason behind his accidental death. The second season picks up right after Ingrid decides to upload herself into Lakeview to be with Nathan, and it continues to build on Nathan and Nora's friendship, along with the daily shenanigans occurring in Lakeview. The show carries a lighthearted, warm tone that will surely make viewers fall in love.

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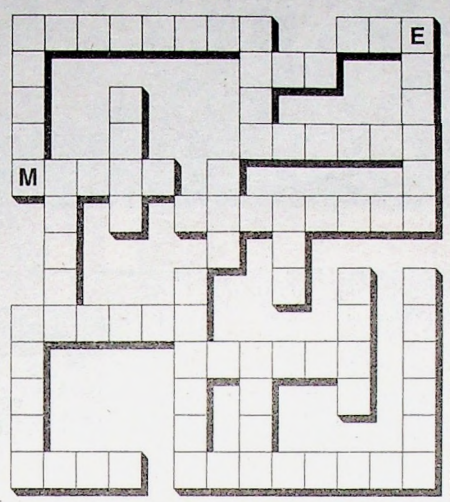
Puzzles4Kids

by Helene Hovanec

CRISSCROSS – SPRING HAS SPRUNG!

Each word will fit into one spot in the grid. Use the starting letters as a guide and fit each word into its spot. All words will be used, so cross off each one after you put it into the grid.

3 Letters
AIR
BEE
MAY
SUN
4 Letters
CALF
DUCK
JUNE
KITE
LAMB
5 Letters
APRIL
BLOOM
FLOCK
MARCH
6 Letters
BONNET
COCOON
EASTER
FLOWER
ORCHID
PASTEL
8 Letters
BASEBALL
DAFFODIL
PASSOVER



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Too Much Fruit Juice Can Worsen Diabetes

DEAR DR. ROACH: I have a friend who recently learned she's prediabetic. She's also very obese. She has started juicing her fruits and vegetables in order to lose weight and get healthier. Isn't it just healthier to eat produce whole as opposed to making juice out of it?? -- *N.F.E.*

ANSWER: Eating more vegetables and fewer simple sugars and processed starches is a good idea for nearly all people who want to eat healthier, and it may help people lose weight. Fruits also are an important part of diet, but for people with or at high risk for diabetes, I recommend no more than one or two fruits with meals, and that the fruits be whole. Fruit juice is absorbed much more rapidly into the blood, so excess fruit juice can actually precipitate diabetes or worsen diabetes control.

Juicing makes it easy to consume vegetables and fruits, but in addition to the problem with faster sugar absorption, taking food in liquid form usually isn't as satisfying. That's not true for everyone, but since reducing calories is essential for weight loss in nearly everybody, juicing may have the opposite effect, unfortunately, and I don't recommend it in general.

Of course, what doesn't work for one person may work great for someone else. If she is able to change her diet, reduce unhealthy choices and lose some weight, then juicing may be just right for her. I would still recommend against too much fruit juice, and to have fruits mixed in with vegetables, preferably taken with some protein and healthy fat.

Never forget that exercise is the other critical intervention for diabetes prevention or control.

***

DEAR DR. ROACH: I am curious on your opinion of the benefits of CBD. I am a 73-year-old female with spinal stenosis that is pressing on a nerve. I also have pretty severe insomnia. I take 1,000 mg of hemp oil for severe back pain. I noticed that the CBD has helped me sleep mostly without drugs. A surprise effect of the hemp oil is my resting blood pressure has dropped. It used to range from 140-125/90 at doctors' offices. Now I measure 110-118/86. As for the back pain, it has reduced the degree of pain I experience. Not completely, but it's tolerable. I would be interested in a medical point of view -- *J.F.*

ANSWER: Cannabidiol (CBD), one of the major pharmaceutical extracts from hemp (cannabis), has been recommended for many issues, but is still poorly studied. Medical cannabis, which contains the psychoactive THC in addition to the nonpsychoactive CBD, has been studied for chronic pain and has been shown to be better than placebo. THC alone has also been studied for pain, but I haven't found good studies on CBD alone for pain.

I might argue that you don't need a study, that you have tried it and it works. It is true that some or all of the benefit you experienced could be due to expecting to feel benefit (the placebo response), but if you are having no side effects, I can't argue with success.

I would note that chronic pain can cause sleep problems and raise blood pressure. Poor sleep itself can raise blood pressure. Thus, it's not shocking that a treatment that improved pain also helped sleep and blood pressure.

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Contract Bridge

A GIGANTIC CATASTROPHE

East dealer.
Both sides vulnerable.

NORTH
♠K J 9 8 7 4
♥6 4
♦Q 3 2
♣7 3

WEST
♠Q 2
♥Q 8 3 2
♦J 10 8 7
♣A Q 10

EAST
♠3
♥A K J 10 9 7 5
♦4
♣J 8 6 5

SOUTH
♠A 10 6 5
♥—
♦A K 9 6 5
♣K 9 4 2

The bidding:

East	South	West	North
4♥	4 NT	Dble	Pass
Pass	Redble	All Pass!	

Opening lead — two of hearts.

Today's hand deals with a matter that should be discussed by any regular partnership, namely, how to proceed after an opponent opens the bidding with four of a major and you have the values to compete but don't know which suit to bid. Some partnerships play that a double in this situation is for penalties, while others treat the double as takeout. Some even play that a double of four hearts is for takeout (leaving space for partner to bid four spades), while a double of four spades is for penalties.

When the double would be for penalties, four notrump is used as a takeout, asking partner to bid his best suit. Naturally, the four-notrump bidder should have substantial high-card values for this bid, since he is forcing his partner to respond on the five-level.

Once upon a time, many years ago, the legendary Harry Fishbein was playing in a high-stakes rubber-bridge game opposite a similarly illustrious partner and held the South hand. His four-notrump bid was well below par; he should have had at least three or four more high-card points.

His famous partner had never heard of four notrump being used as a takeout bid in this situation, and so failed to bid five spades over West's double of four notrump. Fishbein's redouble was intended to emphasize that he still wanted his partner to choose a suit. But again North failed to bid five spades (which was ice-cold). So Fishbein played the hand at four notrump redoubled, and lost seven hearts and three clubs to go down seven — 4,000 points!

The next day, North was overheard telling a friend about the gigantic catastrophe. "Imagine that Fishbein," he said. "I didn't even open my mouth, and he goes down 4,000!"

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by Steve Becker

Puzzles4Kids

Comfort foods

Made fast and healthy

by Healthy Exchanges

Baked Banana Pudding

This easy-to-put-together dessert will please kids of all ages.

- *24 (2½-inch) graham cracker squares*
- *3 cups (3 medium) sliced bananas*
- *2 (4-serving) packages sugar-free vanilla cook-and-serve pudding mix*
- *1⅓ cups nonfat dry milk powder*
- *2⅓ cups water*
- *1½ teaspoons vanilla extract*
- *6 egg whites*
- *1 cup Splenda Granulated*

1. Heat oven to 325 F. Spray 8-by-12-inch baking dish with butter-flavored cooking spray. Evenly arrange 12 graham cracker squares in baking dish, then 1 1/2 cups banana slices over top.

2. In large saucepan, combine pudding mixes, milk powder and water. Cook over medium heat until mixture thickens and starts to boil, stirring constantly. Remove from heat. Stir in 1 teaspoon vanilla extract. Spoon half of hot mixture evenly over bananas. Arrange 10 graham cracker squares evenly over hot pudding and remaining 1 1/2 cups banana slices over top. Spoon remaining hot pudding over bananas.

3. In large bowl, beat egg whites with an electric mixer on HIGH until soft peaks form. Add Splenda and remaining 1/2 teaspoon vanilla extract. Continue beating on HIGH until stiff peaks form. Spread meringue evenly over top, sealing to edges. Crush remaining 2 graham cracker squares into fine crumbs; sprinkle evenly over meringue.

4. Bake 25 minutes or until meringue is golden. Place baking dish on wire rack; let set for 30 minutes. Refrigerate at least 1 hour. Cut into 8 servings.

TIP: A self-seal sandwich bag works great for crushing graham crackers.

• Each serving: 210 calories, 2g fat, 10g protein 38g carb., 289mg sodium, 161mg calcium, 2g fiber; Diabetic Exchanges: 1 Starch/Carb., 1 Fruit, 1/2 Fat-Free Milk; Carb Choices: 2 1/2.

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1. Name the singer who wrote and released "Give Me One Reason."
2. What was the full title of the James Brown song "Hot Pants"?
3. What was John Denver's first No. 1 hit?
4. Who released "Instant Karma! (We All Shine On)" and when?
5. Name the song that contains this lyric: "I still see her standing by the water, Standing there lookin' out to sea, And is she waiting there for me?"

Answers

1. Tracy Chapman. She performed the song during a 1988 tour but didn't release it until 1995. The song netted her the Grammy for Best Rock Song in 1997 and is still her biggest U.S. hit.
2. "Hot Pants (She Got to Use What She Got to Get What She Wants)," released in 1971. Side A contained "Hot Pants" part 1, with parts 2 and 3 on side B.
3. "Sunshine on My Shoulders," originally on the "Poems, Prayers & Promises" album in 1971. As a single, it slowly climbed to the top of the charts in 1974.
4. John Lennon, in 1970.
5. "Galveston," by Glen Campbell in 1969. Writer Jimmy Webb's original version was an anti-war song, while Campbell's revised chart-topping version was more upbeat and patriotic. Campbell wore a military outfit in the video.

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A SPECIAL TEAM – The 2021-22 North Quincy High School girls' varsity basketball team had a momentous season going undefeated 22-0 in the regular season and notching two more wins in the Div. 2 tournament before bowing to another undefeated team, top-seed Norwood in the quarterfinals. The team won the Patriot League and set a record for most wins and an undefeated season in program history. The team's undefeated season and 24 wins is a city record. From left to right are: Jillian Jaehnig, captain Bridget Capone, captain Orlagh Gormley, captain Ava Bryan, Stephanie Huang, Caroline O'Donnell, Autumn O'Campos, Ava McGrath, Mia Pecevich, Kiera Murphy, Iris Gjoka and Marybeth Smith. Missing from photo: Molly Toland and Ruby Ahern. "These kids made history in this city, and they will go down in the books for ever and ever. Nobody and nothing can take that from them," said a proud head coach Matt Ramponi. "What they did is truly amazing - and they did it. This is what they earned. I was just lucky to have been along for the ride," added the first year coach.

Quincy Sun Photo/Robert Bosworth

NQ Girls Head Coach Matt Ramponi: 'This Was A Season Of Resiliency, Hard Work And A Lot Of Love'

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ute shifts was put aside. All we needed to focus on was playing the game we love to play. After I introduced myself, we got right into drills, and from the second that first drill started, I could see it, I could feel it, and in my heart, I knew this group was special. They were hungry to get back to just playing ball, and for me, having stepped away from coaching two years as my wife and I started our family, I was hungry to get back to coaching.

After the first day, I kept getting people telling me "you have a good young group, you should go 12-10 this season, and squeeze into the tournament." Little did we know this would turn into an undefeated Patriot League season, beating the likes of Whitman-Hanson, Scituate, (twice), Hingham and Marshfield ending in a league championship with a final record of 24-1. It's really amazing.

We had so many memorable moments throughout the season. Each day I felt like the luckiest coach on the planet being able to be around such great kids and great parents. They didn't skip a beat with me, my style, or my passion around the game. Everything immediately fell into place like we have been doing this together for years. The bus rides, the practices, the tight games we played and won, there's just so much to reflect on.

These kids didn't have to accept me as their coach, but they did, and that is a huge testament to their love of the game of basketball and how they were raised by their parents. Starting with our first game down in Carver, where myself and my assistant coach Stephanie Geehan, who I also just met on the first day of basketball, we had no real offense, still learning the kids' names, it was wild. But each day we just kept building those relationships and trust, that resulted in the season we had.. No program is based on one coach or one player. Programs like this, in this city, have always and will always be about the kids and families in the program - past and present.

I had a reporter say to me after one of the games "Your season and the story behind it is like a 30 for 30 on ESPN." I laughed at first, but I have to agree. The kids may not realize it now, but there isn't a doubt in my mind that as these girls get older, they will look back at this season with extreme happiness and probably some disbelief that they accomplished what they did under the circumstances they were dealt. They will be able to come back someday and show their kids their Patriot League undefeated banner, and talk about the season they went to the final 8 of the MIAA tournament to face the number 1 overall seed. It took another undefeated team to beat our "young" team, and they had a Villanova-commit and a team full of seniors on their court. It took all of that to knock us off.

As competitors, losing hurts. But each season we start fresh, and we will never take this year for granted. These kids made history in this city, and they will go down in the books for ever and ever. Nobody and nothing can take that from them.

To say I am proud is an understatement. I love each and every one of these kids. They have made me a better coach and a better person. They mean more to me than they will ever know, and I can't thank them enough. What they did is truly amazing - and they did it. This is what they earned. I was just lucky to have been along for the ride.

Opening Reception Of Woodward School Student Art At Thomas Crane Library

Woodward School community members gathered March 11th at the Thomas Crane Public Library in Quincy for a reception and showing of "Paintings, Prints, and Stories" from students of The Woodward School for Girls.

This month's Library art exhibit showcases students' work in various styles and media from the Woodward students and will be on display through March.

Thomas Crane Public Library
presents

Paintings, Prints, and Stories from the Woodward School

This month's exhibit is a collection of different works, using different styles and media, from students at the Woodward School in Quincy.

This exhibit is located on the first floor next to the fiction books on the south west side of the building.

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IRISH AMERICAN HERITAGE MONTH

Mayor William T. Shea

Born in Quincy, Massachusetts in 1857 to Irish immigrants, William Thomas Shea broke a barrier in 1908 being elected the first Irish Catholic Mayor of Quincy. His contributions and those of so many others of Irish descent who built our City and our nation is what we celebrate during Irish American Heritage Month.

Mayor Tom & Christine Koch